

All In Solutions Cherry Hill Emphasizes Life Skills Development Through Comprehensive Outpatient Treatment Programs

January 23, 2026

CHERRY HILL, NJ - January 23, 2026 -
AISOL CH LLC, operating as All In Solutions Cherry Hill - New Jersey Drug & Alcohol Rehab, highlights the critical role of life skills training in its addiction recovery programs, emphasizing that sustainable recovery extends beyond achieving sobriety to building practical capabilities for independent living.

The Joint Commission-accredited facility integrates comprehensive life skills development into its Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), and standard outpatient services. This approach addresses a fundamental aspect of recovery that research shows significantly impacts long-term success rates.

"When clients leave treatment with the ability to manage money, maintain routines, and communicate effectively, their recovery becomes sustainable. Sobriety is the foundation, but life skills are the walls that hold everything together," said Dana Lasond, Lead Therapist, LPC at the facility.

All In Solutions Cherry Hill in South Jersey incorporates practical training modules that cover essential areas including financial budgeting, effective communication strategies, relapse prevention planning, and job readiness preparation. These components work alongside traditional therapeutic interventions to create a holistic recovery experience that prepares individuals for the challenges they will face after completing formal treatment.

The integration of life skills training into addiction treatment represents an evolution in recovery methodology. Rather than focusing solely on abstinence from substances, modern treatment approaches recognize that individuals need concrete tools to navigate daily life without returning to substance use. This includes developing healthy coping mechanisms, establishing productive routines, and building the confidence necessary to pursue educational or career opportunities.

All In Solutions Cherry Hill's outpatient programs provide flexibility that allows participants to practice these newly acquired skills in real-world settings while maintaining therapeutic support. The PHP offers intensive treatment during the day while allowing clients to return home in the evenings, creating opportunities to immediately apply learned skills in their home environment. The IOP provides even greater flexibility, enabling individuals to maintain work or school commitments while receiving treatment.

"Recovery requires more than clinical intervention; it demands practical preparation for independent living," noted a spokesperson for the facility. "Our programs focus on building competencies that extend far beyond the treatment setting, ensuring clients develop the resilience and capabilities needed for lasting recovery."

The facility's approach addresses common challenges that individuals face during early recovery, including managing triggers in social situations, rebuilding damaged relationships, and establishing financial stability. By incorporating these elements directly into the treatment curriculum, clients develop confidence in their ability to handle life's complexities without substances.

All In Solutions as a whole organization operates addiction treatment centers across multiple states, offering a full continuum of care that includes detoxification, residential treatment, partial hospitalization, intensive outpatient, and standard outpatient services. The organization specializes in dual diagnosis treatment, addressing both substance use disorders and co-occurring mental health conditions. Additional therapeutic modalities include trauma-focused therapy, family therapy programs, medication-assisted treatment, and gender-specific programming. The facility near Philadelphia and Trenton serves individuals throughout New Jersey seeking evidence-based addiction treatment that prepares them for successful, independent living in recovery.

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AISOL CH LLC

All In Solutions Cherry Hill - New Jersey Drug & Alcohol Rehab is a drug and alcohol addiction treatment center located in Cherry Hill, New Jersey. JCAHO accredited, All In Solutions has maintained the highest standard of care for more than a decade.

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