



# **Dental Hygienist Pimlico Victoria London New Private Patients Consultations Announced at McKennell Dental Practice**

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McKennell Dental Practice has announced the availability of consultation appointments for new private patients interested in dental hygiene treatments. The update reflects the practice's provision of preventive dental care for individuals seeking to maintain healthy teeth and gums. Appointments have been opened for those wishing to arrange visits with the dental hygienist team in the Pimlico and Victoria area of London.

Dental hygiene appointments focus on the professional cleaning of teeth and the prevention of oral health problems such as gum disease and tooth decay. The treatment involves removing plaque and tartar buildup that cannot be eliminated through regular brushing and flossing at home. According to the announcement, dental hygienists use specialised tools to clean below the gum line and in areas that are difficult to reach with a standard toothbrush. These appointments form an important part of maintaining oral health and can help identify early signs of dental problems before they develop into more serious conditions.

The practice noted that plaque is a sticky film of bacteria that forms constantly on teeth. When plaque hardens, it becomes tartar, which can only be removed by a dental professional. Left untreated, tartar buildup can lead to gum inflammation, bleeding, and eventually periodontal disease. Regular hygiene appointments help keep these issues under control and support the overall health of teeth and gums. The frequency of visits varies depending on individual needs, with some patients requiring appointments every three to six months while others may need more frequent care.

McKennell Dental Practice has confirmed that dental hygiene appointments also include an air polishing treatment where appropriate. Air polishing uses a combination of water, compressed air, and fine powder particles to remove surface stains and plaque from teeth. The technique is particularly effective at cleaning hard-to-reach areas and can help restore the natural colour of teeth by removing staining caused by tea, coffee, red wine, and smoking. The practice noted that air polishing is gentler on tooth enamel compared to some traditional cleaning methods and provides a thorough clean that leaves teeth feeling smooth.

Further details about dental hygiene and air polisher appointments can be viewed at: <https://smile4u.co.uk/dentist-pimlico-london-victoria/general-dentistry/dental-hygiene/>.

Consultations at McKennell Dental Practice start with an assessment of the patient's current oral health. The dental hygienist examines the teeth and gums to identify areas of concern, such as plaque buildup, tartar deposits, or signs of gum inflammation. Patients discuss their brushing and flossing habits, as well as any difficulties they experience with their oral care routine. The hygienist provides tailored advice on techniques to improve cleaning at home and may recommend specific products that could help address particular issues.

During the appointment, patients have the opportunity to ask questions about their oral health and to understand what preventive measures they can take between visits. The hygienist explains the cleaning process and what to expect during treatment. For patients with sensitive teeth or anxiety about dental appointments, the team takes time to ensure they feel comfortable and can communicate any discomfort during the procedure. The practice has made clear that support is available for nervous patients who may feel apprehensive about visiting the hygienist.

The practice noted that dental hygiene appointments often include guidance on diet and lifestyle factors that affect oral health. The hygienist may discuss how sugar consumption, smoking, and certain beverages contribute to tooth decay and gum problems. Patients receive practical advice on making changes that can improve their dental health over time. The consultation also covers the importance of regular dental check-ups alongside hygiene appointments to maintain a comprehensive approach to oral care.

Additional information regarding the range of general dental treatments offered can be found at: <https://smile4u.co.uk/dentist-pimlico-london-victoria/general-dentistry/>.

The announcement comes as part of the practice's broader provision of dental care for patients in Pimlico, Victoria, and surrounding areas of central London. McKennell Dental Practice offers various treatments including routine examinations, fillings, root canal treatment, and cosmetic dentistry options. The practice operates privately, with treatment costs discussed clearly during consultations. Each patient receives a treatment plan tailored to their individual needs and circumstances.

The availability of dental hygiene consultations reflects the practice's focus on preventive care that helps patients avoid more complex dental problems. The clinic noted that many people underestimate the importance of professional cleaning and the role it plays in long-term oral health. Regular hygiene appointments can reduce the risk of cavities, gum disease, and tooth loss, making them a worthwhile investment in maintaining a healthy smile.

The practice accepts new private patients for both hygiene appointments and general dental care. The dental hygienist works closely with the wider dental team to ensure that any concerns identified during cleaning appointments are followed up appropriately. Patients requiring additional treatment are referred to the dentist for further assessment and care.

More information about the practice location route planning instructions can be accessed at: <https://gotothis.one/pimlico-victoria-dentist>.

McKennell Dental Practice has confirmed that appointments are being scheduled for patients interested in arranging a dental hygiene consultation. The practice continues to welcome new private patients across its range of preventive and general dental treatments.

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For more information about McKennell Dental Practice, contact the company here: McKennell Dental Practice Maryam Shahid +44-20-7834-8802 [info@dental21churton.com](mailto:info@dental21churton.com) McKennell Dental Practice, 21 Churton Street, Pimlico, London SW1V 2LY, United Kingdom

## **McKennell Dental Practice**

*Since 1930, McKennell Dental Practice has prioritised oral health. The practice delivers exceptional dental care in the heart of London. To schedule an appointment and take the first step toward a healthier, brighter smile, please contact us today.*

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