# Movassaghi Plastic Surgery & Ziba Medical Spa Expands Support Services for Traveling Patients

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EUGENE, OR - February 17, 2026 -
Movassaghi Plastic Surgery & Ziba Medical Spa have expanded their patient coordination services to address the specific needs of individuals traveling to Eugene, Oregon for specialized plastic surgery procedures. The practice reports a steady increase in patients seeking Dr. Kiya Movassaghi's surgical expertise from outside the immediate region, prompting the development of comprehensive support resources for those managing treatment logistics alongside travel arrangements.

"We've observed that patients traveling for surgery face unique challenges beyond the procedures themselves," said Dr. Movassaghi, a board-certified plastic surgeon. "Coordinating pre-operative requirements, arranging appropriate recovery accommodations, and managing follow-up care from a distance requires a different level of planning and support."

The practice has introduced a detailed out-of-town patient guide addressing common concerns about traveling for plastic surgery. The resource covers pre-operative preparation requirements, recovery-friendly accommodation options in Eugene, recommended length of stay for various procedures, and post-operative care protocols. The guide also includes practical information about local resources, transportation options,

and what patients should arrange before leaving home. The resource emerged from feedback from traveling patients about the information they needed most when planning their surgical journeys.

Dr. Movassaghi, who completed his training at Harvard and has practiced for over 20 years, specializes in advanced facial rejuvenation techniques including deep plane facelifts and brow lifts. His expertise in these procedures has drawn patients from throughout the Pacific Northwest and beyond. He served as President of The Aesthetic Society in 2024 and currently directs an Aesthetic Society-endorsed fellowship program training other surgeons in advanced aesthetic techniques.

The practice's surgery coordinator, who brings over 20 years of experience in plastic surgery and dermatology patient care, works directly with traveling patients to manage scheduling, coordinate any necessary pre-operative consultations, and help patients understand recovery timelines before making travel arrangements.

For select facial procedure consultations, the practice offers secure telehealth appointments through Nextech Telehealth technology, allowing patients to discuss their goals and evaluate candidacy before committing to travel. These consultations typically last 20 to 30 minutes and integrate with the practice's electronic medical records system.

Eugene's location in the Willamette Valley provides a recovery-friendly environment for surgical patients, with accessible accommodations and a temperate climate. The practice provides traveling patients with specific guidance on selecting recovery locations based on procedure type and expected recovery timeline.

Movassaghi Plastic Surgery & Ziba Medical Spa has served patients in Eugene and throughout the Pacific Northwest for over two decades. Dr. Movassaghi has been recognized as Eugene's "Favorite Cosmetic Surgeon" 14 times and has authored over 20 peer-reviewed scientific articles in plastic surgery journals. The practice maintains accreditation as an Allergan Diamond Practice and combines surgical expertise with comprehensive medical spa services.

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**Movassaghi Plastic Surgery & Ziba Medical Spa**

*Nationally-renowned, board-certified plastic surgeon Dr. Kiya Movassaghi is a graduate of Harvard Medical School with over 20 years of experience. He is an 11x winner of Eugene?s ?Favorite Cosmetic Surgeon? in the Register Guard?s Readers? Choice Awards.*

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