

Fixed Braces Hemel Hempstead Teeth Straightening Appointments Available for New Private Patients at Boxmoor House Dental Practice

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Boxmoor House Dental Practice has announced the availability of consultation appointments for new private patients interested in fixed braces treatments. The update reflects the practice's provision of orthodontic options for individuals seeking to address misaligned teeth or bite problems. Appointments have been opened for those wishing to explore whether fixed braces may be suitable for their needs.

Fixed braces are orthodontic appliances that remain attached to the teeth throughout the treatment period and cannot be removed by the patient. The system consists of brackets bonded to the front surface of each tooth, connected by a wire that applies gentle, continuous pressure to move teeth into their desired positions. According to the announcement, fixed braces can address a wide range of alignment issues including overcrowding, gaps between teeth, overbites, underbites, and crossbites. The treatment works by gradually shifting teeth over a period of months or years, depending on the complexity of the case.

The practice noted that fixed braces have been used for decades and remain one of the most reliable methods for correcting significant orthodontic problems. The brackets and wires are adjusted regularly during appointments to maintain the right amount of pressure on the teeth. As treatment progresses, teeth move incrementally until they reach the planned final position. The dental team monitors progress throughout to ensure teeth are moving as expected and to make any necessary adjustments to the treatment plan.

Boxmoor House Dental Practice has confirmed that ceramic braces offer an alternative to traditional metal braces for patients seeking a less noticeable option. Ceramic braces work in the same way as metal braces, using brackets and wires to move teeth gradually. The difference lies in the materials used for the brackets, which are made from tooth-coloured or clear ceramic rather than metal. This makes them blend more naturally with the teeth and appear less obvious, particularly from a distance.

The practice noted that ceramic braces appeal to adults and older teenagers who want effective orthodontic treatment without the visibility of metal braces. While the brackets themselves are less noticeable, the wire connecting them may still be visible depending on the type used. Some patients choose to have tooth-coloured wires fitted to further reduce visibility. Ceramic braces require the same level of care and maintenance as metal braces, including regular adjustment appointments and careful attention to oral hygiene throughout treatment.

Further details about ceramic braces can be viewed at: https://boxmoordental.co.uk/teeth-straightening/ceramic-dental-braces-hemel-hempstead/.

Lingual braces represent another fixed orthodontic option available at Boxmoor House Dental Practice. These braces are attached to the back surface of the teeth rather than the front, making them virtually invisible to others. The brackets and wires sit behind the teeth, facing the tongue, which means they cannot be seen when smiling or speaking. According to the announcement, lingual braces work using the same principles as traditional braces but offer complete discretion for patients who want their orthodontic treatment to remain private.

The practice has made clear that lingual braces require a high level of skill to fit and adjust properly. Because they are positioned on the inner surface of the teeth, the fitting process is more complex than with conventional braces. Patients may experience an adjustment period where speaking and eating feel different, as the tongue needs to adapt to the presence of the brackets. Most people become accustomed to lingual braces within a few weeks. The treatment duration is comparable to other types of fixed braces, though costs tend to be higher due to the specialised nature of the technique.

Additional information regarding lingual braces can be found at: https://boxmoordental.co.uk/teeth-straightening/lingual-braces-hemel-hempstead/.

Consultations at Boxmoor House Dental Practice begin with an examination of the teeth and jaw alignment. The dental team assesses the nature and extent of any misalignment and discusses what the patient hopes to achieve through orthodontic treatment. X-rays and photographs are typically taken to create a detailed record of the starting position. Digital scans or impressions of the teeth may also be needed to plan the treatment accurately.

The practice has indicated that not everyone is suitable for all types of fixed braces. Factors such as the severity of misalignment, the condition of teeth and gums, and the patient's age all influence which orthodontic approach is most appropriate. The consultation allows the dental team to assess individual circumstances and recommend the treatment most likely to achieve the desired outcome.

More information about the range of teeth straightening treatments available at Boxmoor House Dental Practice can be accessed at: https://boxmoordental.co.uk/teeth-straightening/.

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Boxmoor House Dental Practice

At Boxmoor House Dental Practice our dedicated team offers a comprehensive range of general and cosmetic dental treatment. The relationship with our patients is of paramount importance and based on trust, understanding and genuine care.

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