



## **MaxLiving Chiropractic Naples Celebrates 34 Years of Chiropractic Care in Collier County, FL**

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MaxLiving Chiropractic Naples marks 34 years of providing chiropractic care to families in the area. Since opening in 1992, the clinic has focused on advanced spinal corrective care to address the root causes of health issues. This milestone reflects the clinic's commitment to empowering individuals through education and personalized health plans.

The clinic, led by Drs. Greg and Maryella Loman, has accumulated over 60 years of collective clinical experience. Their approach emphasizes the body's ability to heal when free from interference. Patients receive customized care that includes chiropractic adjustments, nutritional consultations, testing, and massage therapy. This method aims to restore health across all ages, from newborns to grandparents. A study published in JAMA Network Open found that adding chiropractic care to usual medical treatment resulted in moderate short-term improvements in low back pain intensity and disability among active-duty military personnel. Additionally, research indicates that over 90% of patients report significant symptom improvement following a series of chiropractic treatments.

In addition to standard adjustments, MaxLiving Chiropractic Naples incorporates SoftWave Therapy, an

FDA-cleared (510(k), Class II device) non-invasive extracorporeal shock wave therapy that uses acoustic waves to promote tissue regeneration, increase blood circulation, and relieve minor muscle aches. Cleared for uses including treatment of chronic diabetic foot ulcers and second-degree burns, it has shown 65-91% success rates in pain relief in clinical studies, though results vary by individual. The therapy complements the clinic's corrective care programs, which focus on spinal alignment. Prenatal and pediatric services form key components of the family-oriented practice, supporting expectant mothers and children's development.

The clinic's philosophy centers on well-being rather than symptom management. By identifying disruptions in the body, the team develops tailored plans to help patients reclaim their lives. This process begins with a thorough assessment, including health history and diagnostic tools like X-rays, to pinpoint underlying issues. Ongoing support includes resources for maintaining health and making informed lifestyle choices.

Dr. Maryella Loman, chiropractor at MaxLiving Chiropractic Naples, noted the importance of community education in health decisions. "Empowering families to understand the true source of healing allows them to achieve lasting wellness," said Dr. Maryella Loman. "Over the past 34 years, witnessing patients regain vitality through these methods has reinforced the value of addressing root causes."

The milestone comes at a time when interest in chiropractic options continues to grow. According to the National Center for Complementary and Integrative Health (NCCIH) at the NIH, a 2017 review found that spinal manipulation improved function and pain in patients with acute low back pain. Patients often seek the clinic for its emphasis on prevention and long-term health strategies. The team encourages individuals to consider how spinal health impacts overall function, from daily activities to family interactions.

For those exploring options, the clinic offers resources such as a chiropractor near you, which guides potential patients toward local services. This tool assists in connecting with the clinic's offerings, including initial consultations to discuss personal health goals. The approach ensures that care plans align with individual needs, promoting sustainable changes.

Beyond treatments, MaxLiving Chiropractic Naples builds a sense of community among patients. Educational elements play a significant role, with information provided on nutrition and lifestyle adjustments. These aspects help families integrate healthier habits into their routines, supporting the clinic's mission of unlocking health potential.

Reflecting on the journey, Dr. Maryella Loman highlighted the evolution of patient care. "From our early days in 1992 to now, the core principle remains honoring the body's healing power," said Dr. Maryella Loman. "This milestone serves as a reminder of the progress made in helping families live free from health limitations."

The clinic's services extend to various aspects of wellness, including family care programs that cater to multiple generations. Nutritional testing provides insights into dietary needs, while massage therapy aids in relaxation and recovery.

As part of the broader MaxLiving network, the Naples location upholds standards of excellence in chiropractic practice. The organization's emphasis on education and empowerment resonates through local operations. Patients benefit from a supportive environment where health journeys are guided with expertise.

Over the decades, MaxLiving Chiropractic Naples has adapted to emerging health trends while staying true to foundational principles. The integration of therapies like SoftWave demonstrates a commitment to effective, non-invasive options. This adaptability has contributed to the clinic's longevity and reputation in the community.

Looking forward, the clinic continues to prioritize patient-centered care. Initiatives focus on expanding awareness of chiropractic methods and their role in preventive health. By fostering informed choices, MaxLiving Chiropractic Naples aims to support more families in achieving well-being.

The 34-year mark underscores the enduring impact of dedicated chiropractic practice. Through consistent delivery of personalized services, the clinic has helped numerous individuals address health challenges. This approach aligns with growing recognition of the body's self-healing capabilities.

MaxLiving Chiropractic Naples remains dedicated to its foundational goals. The team's experience enables nuanced care that considers each patient's unique circumstances. From initial assessments to long-term plans, the process emphasizes collaboration and education.

In summary, this anniversary highlights the clinic's role in promoting health solutions. Patients have access to a range of services designed to restore balance and vitality. The ongoing commitment to excellence ensures continued support for community health needs.

MaxLiving Chiropractic Naples operates as a wellness destination committed to chiropractic care. The clinic specializes in advanced spinal corrective techniques, nutritional guidance, and complementary therapies to facilitate healing. Founded in 1992 by Drs. Greg and Maryella Loman, it serves families seeking approaches to health and wellness.

Disclaimer: Chiropractic care should complement, not replace, medical supervision. Individuals are encouraged to consult their healthcare providers for comprehensive care.

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For more information about MaxLiving Chiropractic Naples, contact the company here: MaxLiving Chiropractic Naples Dr. Maryella Loman (239) 300-0885 info@maxlivingnaples.com 6308 Trail Blvd, Naples, FL 34108

## **MaxLiving Chiropractic Naples**

*Doctors Greg and Maryella Loman have been serving patients in Naples since 1992 and have over 60 years of collective clinical experience.*

Website: <https://www.maxliving.com/clinic/maxliving-chiropractic-naples>

Email: [info@maxlivingnaples.com](mailto:info@maxlivingnaples.com)

Phone: (239) 300-0885

