



New Life Chiropractic - Rocklin Highlights Role of Pediatric Chiropractic Care in Supporting Child Health and Development

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New Life Chiropractic - Rocklin provides specialized chiropractic services for children, emphasizing the role of the nervous system in health and function. The clinic offers adjustments designed for young patients, from infancy to adolescence, using techniques adapted to each child's age and size.

For newborns and infants, adjustments involve light pressure, similar to checking the ripeness of a tomato. For older children, care accounts for their developmental stage. The clinic maintains an environment with toys and a play area for young patients.

Subluxations, or spinal misalignments, can affect nervous system function. Correcting these misalignments aims to improve communication between the brain and body.

Research on pediatric chiropractic care shows varied findings. A systematic review indicated some effectiveness for conditions like lower back pain in children. Another study reported low rates of adverse events, with chiropractors noting three per 5,438 office visits involving 577 children. However, evidence for

non-musculoskeletal conditions remains limited and conflicting.

For infantile colic, one trial found spinal manipulation effective, while others showed mixed results. Studies on chiropractic care for attention deficit hyperactivity disorder in pediatric and adolescent populations have been reviewed, but definitive conclusions are lacking. Similarly, evidence for asthma and ear infections is inconclusive, with some reviews finding little scientific support.

Anecdotal reports mention potential associations with improvements in digestion, immune function, and focus, though these are not supported by robust clinical evidence. Chiropractic care is not a substitute for medical treatment, and parents should consult pediatricians for serious health concerns.

"Maintaining nervous system integrity supports growth and development in children," said Dr. Tim Smith, chiropractor at New Life Chiropractic - Rocklin. "Adjustments aim to address interferences without external interventions."

The clinic integrates pediatric services in a family setting, where adjustments occur for multiple family members. Staff engage with children during visits.

New Life Chiropractic - Rocklin states that chiropractic care for children, when administered by trained professionals, involves non-invasive methods. Parents receive information on the process.

The clinic incorporates a holistic approach, including attention to nutrition, exercise, mindset, and toxin reduction, alongside spinal corrections to support wellness.

Dr. Catherine Smith, chiropractor at New Life Chiropractic - Rocklin, stated, "Early support of the nervous system contributes to health foundations."

The clinic serves patients across age groups, with pediatric care as a key element. Initial examinations include X-rays when necessary, leading to personalized plans that evolve from correction to maintenance.

Additional services encompass a comprehensive range of treatments including pregnancy chiropractic care via the specialized Webster Technique, which is designed to ensure optimal positioning for both the mother and the baby. The practice also offers innovative shockwave therapy, which can help relieve pain and promote healing in soft tissues. Functional nutrition is provided to support patients in achieving their health goals through personalized dietary guidance.

New Life Chiropractic - Rocklin specializes in managing car accident injuries, ensuring that patients receive the necessary care to recover fully. The practice takes pride in serving families through chiropractic care that

addresses individual needs and concerns. Operating independently of insurance providers, New Life Chiropractic focuses on delivering care based entirely on patient needs, emphasizing a personalized approach to wellness. Various payment options are available to ensure accessibility and convenience for all patients.

Resources detail pediatric chiropractic care in Rocklin, CA. The approach focuses on optimizing nervous system function as an adjunct to traditional healthcare.

The clinic's philosophy centers on vitalism, emphasizing nervous system health to enhance life expression. Education forms part of patient care.

New Life Chiropractic - Rocklin offers corrective care addressing underlying issues in the community.

Founded to deliver holistic healthcare, New Life Chiropractic - Rocklin focuses on restoring spinal and nervous system function for all ages.

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For more information about New Life Chiropractic Rocklin, contact the company here: New Life Chiropractic Rocklin Dr. Tim Smith 916-259-2682 NewLifeChiropractic@gmail.com 4780 Rocklin Rd, Rocklin, CA 95677

New Life Chiropractic Rocklin

At New Life Chiropractic, we offer solution-based holistic care to help every family member, from newborns through seniors, create and maintain optimal health for life.

Website: <https://www.newlifechiropracticrocklin.com/>

Email: NewLifeChiropractic@gmail.com

Phone: 916-259-2682

