Restoration Health Chiropractic Unveils Softwave Therapy as Key Option for Chronic Pain Relief

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LITTLE ROCK, AR - January 08, 2026 -
Restoration Health Chiropractic has introduced Softwave Therapy as part of its services for addressing chronic pain and supporting tissue regeneration. This treatment employs acoustic shock waves to activate the body's natural healing processes, targeting areas of discomfort and inflammation. With chronic pain affecting 24.3 percent of U.S. adults in 2023, this addition aligns with the center's focus on non-invasive care options for patients in Little Rock, AR.

Reports indicate that chronic pain prevalence has increased from 20.9 percent in 2021 to 24.3 percent in 2023, impacting approximately 60 million Americans. Additionally, about 20 percent of adults experience pain on most days or every day. Restoration Health Chiropractic incorporates softwave therapy in Little Rock, AR, to offer patients a method that stimulates cellular repair and improves circulation. The therapy delivers acoustic waves to affected tissues, prompting biological responses that aid in healing without invasive procedures.

Softwave Therapy functions by using a patented applicator that spreads energy over a broad area, penetrating both superficial and deep tissues. This approach solicits responses such as increased blood

supply and modulation of inflammation. It also activates and recruits resident stem cells, contributing to tissue repair and regeneration. Peer-reviewed studies on extracorporeal shock wave therapy, of which Softwave is a form, have shown efficacy in treating musculoskeletal pain and promoting wound healing. The treatment has been associated with reductions in pain and improvements in function in various clinical trials.

The therapy holds FDA 510(k) clearance for indications including the activation of connective tissue, improved blood supply, and temporary relief of minor aches and pains. It is also cleared for treating chronic diabetic foot ulcers and acute second-degree burns. This regulatory status supports its use in clinical settings for specific conditions. Restoration Health Chiropractic applies the therapy in conjunction with its neurologically-based corrective chiropractic care, focusing on underlying causes of pain rather than symptoms alone.

Patients receive individualized treatment plans that may include Softwave Therapy alongside chiropractic adjustments. The method has shown utility in addressing conditions such as back pain, knee issues, shoulder discomfort, and plantar fasciitis. It also applies to overuse injuries, stress fractures, and scar tissue management. The non-invasive nature of the treatment allows for short sessions with minimal disruption to daily activities.

Research indicates that shock wave therapy can induce antibacterial effects and accelerate wound healing, expanding its potential applications. Studies have explored its role in stem cell therapies, particularly in fields like urology and erectile dysfunction, demonstrating combined effects with stem cells. These findings contribute to understanding how such therapies support regenerative processes.

Dr. Michael Butler, DC, Founder of Restoration Health Chiropractic, described the therapy's integration. "Softwave Therapy provides a non-invasive option that activates natural healing mechanisms, including stem cell recruitment, to assist in pain management and tissue repair," said Dr. Butler. "It complements our corrective care approach by targeting cellular-level responses."

The center's facility supports the administration of these treatments in a controlled environment, emphasizing patient education on health management. Softwave Therapy's versatility extends to conditions like elbow pain, hamstring issues, and Achilles tendinopathy. It also addresses foot-related concerns such as Morton's neuroma and hallux rigidus.

Beyond musculoskeletal issues, the therapy aligns with the center's holistic services, which include care for headaches, digestive problems, sleep disturbances, and stress. For women's health, it supports the management of menstrual irregularities, pregnancy discomfort, and menopause symptoms. Men's health concerns, including fatigue, receive attention through integrated plans.

Pediatric services at the center cover colic, constipation, and breastfeeding challenges, promoting early health interventions. Athletes may benefit from enhanced recovery and injury prevention strategies. Those with allergies, asthma, or immune concerns find supportive care options.

Molly Butler, Co-founder of Restoration Health Chiropractic, commented on the patient-centered aspect. "Softwave Therapy enhances our ability to offer comprehensive care that supports long-term health improvements," said Butler. "It fits within our mission to empower families through natural, evidence-informed methods."

Restoration Health Chiropractic encourages exploration of softwave therapy as part of its service offerings. The therapy's focus on regeneration and pain relief integrates with the center's emphasis on nervous system function and overall wellness.

Founded with a commitment to community service through faith-based principles, Restoration Health Chiropractic provides neurologically-based chiropractic care. The practice aims to reduce reliance on medications by addressing root causes and promoting proactive health choices for families in Little Rock.
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Restoration Health Chiropractic

Our passion at Restoration Health is helping you achieve your health goals through chiropractic care, wellness-focused treatments, and cutting-edge therapies.

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