



BackFit Health + Spine in Desert Ridge, Phoenix Attains 4.9-Star Rating from 288 Google Reviews

January 13, 2026

Phoenix, Arizona - January 13, 2026 - PRESSADVANTAGE -

BackFit Health + Spine has accumulated 288 reviews on its Google Business Profile for the Desert Ridge location in Phoenix, achieving an aggregate rating of 4.9 stars. This accumulation of patient feedback reflects experiences with the clinic's integrated services for various health conditions. The rating, publicly available on the Google Business Profile platform, aligns with high standards in the chiropractic field, where optimal ratings typically range from 4.2 to 4.5 stars according to a study by PowerReviews and Northwestern University.

Patient reviews on platforms like Google offer insights into healthcare delivery, serving as indicators of service experiences. Data from health organizations indicate that consumers rely on such feedback when choosing providers, especially for chronic care. Clinics respond by incorporating multidisciplinary methods to handle musculoskeletal concerns, using review data to guide operational adjustments.

The Desert Ridge clinic provides physical medicine, therapeutic procedures, pain management, chiropractic care, massage therapy, sports medicine, allergy testing, and weight loss programs. Conditions addressed include back pain, neck pain, knee pain, muscle spasms, chronic pain, arthritis, sciatica, migraines, sports

injuries, whiplash, neuropathy, tendonitis, and post-surgical rehabilitation.

Treatment approaches encompass chiropractic adjustments to restore joint mobility, soft tissue mobilization, exercise therapy for strength and flexibility, acupuncture for pain relief, joint injections, and patient education on ergonomics and self-care. These modalities support inflammation reduction, nervous system health, and overall mobility enhancement.

Dr. Zak Goodman, DC, chiropractor at BackFit Health + Spine, holds a Doctor of Chiropractic from Life University. With background in athletic training and exercise science, Goodman focuses on root-cause care through collaborative methods. "Collaborative approaches in chiropractic and physiotherapy consider overall wellness factors to address sports injuries effectively," Goodman said.

The clinic's team collaborates on patient plans, incorporating assessments to identify underlying issues. For knee pain, treatments aim to reduce inflammation and restore mobility without surgery when appropriate. Allergy programs involve testing and customized strategies to manage reactions, while weight loss initiatives combine nutrition, exercise, and medical support.

Dr. Michael Bohrsen, sports chiropractor at BackFit Health + Spine, serves as a provider for athletic teams and holds a Diplomate of the American Chiropractic Board of Sports Physicians. "Soft tissue therapy and functional rehabilitation contribute to the prevention and treatment of sports-related injuries," Bohrsen said.

Annette Raddatz, acupuncturist at the clinic, holds a Master of Science in Oriental Medicine and addresses conditions through acupuncture. Dr. Yan Suleymanov, physician assistant at BackFit Health + Spine, specializes in musculoskeletal care and functional medicine with a degree from University of the St. Francis.

The gathering of 288 reviews with a 4.9-star rating provides perspectives on the clinic's operations. Feedback frequently covers elements of treatment coordination and outcomes, forming the basis for the overall score.

National patterns show growing adoption of combined therapies for pain-related issues, with research highlighting their utility in chronic management. Reviews in medical literature indicate that spinal manipulative therapy yields outcomes similar to other methods for reducing low back pain and enhancing function. In Arizona, comparable trends exist, with individuals seeking unified chiropractic and medical options for routine health matters.

The focus on pain management & chiropractor care in Desert Ridge, Phoenix, corresponds to local requirements for non-invasive alternatives. As a chiropractor in Desert Ridge, Phoenix, the clinic extends these services via its integrated structure.

Patient instruction constitutes an element of the methodology, encompassing nutrition and lifestyle factors to bolster sustained health. This integrates with therapeutic measures to consider physical and mental components.

BackFit Health + Spine functions as an integrative medical clinic, merging chiropractic, medical, physical therapy, and wellness elements. Founded in 2002, the organization operates multiple sites in Arizona to aid individuals in pain handling and health improvement through qualified professionals and practices rooted in physiology and exercise science.

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For more information about BackFit Health + Spine, contact the company here: BackFit Health + Spine - Phoenix, AZ (Desert Ridge) Dr. Radman ?Radi? Rahiminejad & Dr. Yasmin Rahimi 877-222-5348 backfithealth@gmail.com 21001 N Tatum Blvd SUITE 78 1640, Phoenix, AZ 85050

BackFit Health + Spine

At BackFit Health + Spine, your total wellness is our priority. With a unique integrative approach to care, we combine chiropractic, medical, physical therapy, and wellness services under one roof to help you feel your best.

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