

Medical Interview Preparation Launches Resources for International Medical Graduates

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Havant, England - January 22, 2026 -
Medical Interview Preparation has announced the expansion of its specialty training interview coaching services in response to the Medical Training (Prioritisation) Bill introduced to Parliament on January 13, 2026, which fundamentally alters how international medical graduates access NHS specialty training positions.

The new legislation establishes a formal prioritisation system for UK medical graduates when applying for specialty training posts, while international medical graduates who do not meet specific criteria will be considered only after prioritised candidates. With over 47,000 applications already submitted for the 2026 training cycle, competing for approximately 12,833 positions, the interview stage has become increasingly critical for all candidates.

"The changing recruitment landscape means that international medical graduates who reach the interview stage will compete directly with other shortlisted candidates regardless of their prioritisation status," said Nalin Wickramasuriya, Director of Medical Interview Preparation. "We have developed targeted resources that address the unique challenges these doctors face when demonstrating their suitability for specialty training positions."

Under the new rules, international medical graduates receive prioritisation only if they have completed foundation or core training in the United Kingdom, hold indefinite leave to remain, possess EU settled status, maintain British dual citizenship, or graduated from medical schools in specific European nations, including the Republic of Ireland, Norway, Iceland, Switzerland, and Liechtenstein. All other international medical graduates remain eligible to apply but will not receive prioritisation during the offer stage.

The legislation affects thousands of overseas-trained doctors currently working in or seeking to join the British healthcare system. Government data indicates that 25,257 overseas-trained doctors competed for specialty training posts in 2025, compared to 15,723 UK-trained doctors. The British Medical Association and Doctors Association UK have both expressed concerns about the impact on international medical graduates who have already invested substantial resources in PLAB examinations, GMC registration, and visa applications.

Medical Interview Preparation offers comprehensive support through one-on-one consulting, group programs, and digital products designed specifically for medical professionals preparing for specialty training interviews. The company's services include mock interviews, feedback on responses, and guidance on professional presentation techniques tailored to the NHS recruitment process.

The Royal College of GPs has noted that international medical graduates currently comprise more than fifty percent of GP registrars and make vital contributions to the NHS. This demographic shift, combined with the new prioritisation rules, has created unprecedented demand for specialized interview preparation services that understand both the technical requirements and cultural nuances of NHS specialty training applications.

"Success at the interview stage requires more than clinical knowledge," added Wickramasuriya. "Candidates must effectively communicate their understanding of NHS values, demonstrate their commitment to British healthcare standards, and articulate how their international experience enhances patient care within the UK system."

Medical Interview Preparation provides personalized guidance through individual consulting sessions where specialists work closely with doctors to identify their specific challenges and develop tailored strategies. The company also offers group programs featuring role-play exercises and shared learning experiences, alongside digital resources including video tutorials and online courses that allow flexible, self-paced preparation.

Medical Interview Preparation specializes in preparing doctors for NHS specialty training interviews through personalized consulting, group programs, and digital learning resources. The company serves both UK

graduates and international medical graduates seeking to advance their careers within the British healthcare system.

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Medical Interview Preparation

We coach doctors, mainly based in the UK, to improve their interview technique when aiming to progress their careers by getting into a specialist training program, or onto a fellowship or to obtain a consultant position in an NHS hospital.

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