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Rapid Weight Gain Linked to Increased Risk For Elevated Blood Pressure in Children

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East Sussex, United Kingdom - The Toronto Sun has a website that highlights a variety of stories including news, sports, entertainment, life, technology, money and travel. The website recently posted an article about a study which focused on the correlation between weight gain in infants and high blood pressure. The Amazon vendor Just-Brill noted that it was therefore important to utilize their blood pressure monitor to assess the readings of preschoolers to minimize subsequent health risks.

The study assessed by the article tracked changes in weight and height for 957 babies up to age four and found the children who gained excessive weight for their height, as reflected by higher body mass index (BMI), tended to have higher blood pressure than peers at ages 6 to 10 years.

According to the research, each additional increment of BMI gained as an infant or toddler was linked to an increase of about 1 to 1.5 mmHg (millimeters of mercury) in systolic blood pressure. This means that the systolic blood pressure of an infant whose BMI increased by one point also showed a rise by 1 to 1.5 mmHg.

It was noted that ?kids in the study who experienced unusually large surges in BMI before 6 months of age or between ages 2 and 3 years had higher systolic blood pressure in mid-childhood than their peers who experienced steadier growth throughout those periods.?

According to the report from TorontoSun.com, it was harder to detect high blood pressure in children than in adults since there was no single cut-off point. It was found in general that, ?children with blood pressure higher than 95 percent of children of the same gender, age and height can be diagnosed with high blood pressure.?

A representative from Just-Brill announced, ?on reviewing the article from TorontoSun.com we find the study relevant for learning how to take care of infants and preschoolers. We know that high blood pressure can affect the body negatively. Using our blood pressure monitor is a good way to assess if children with rapidly increasing BMI are adversely affecting their health.?

The DigiPulse Blood Pressure Monitor from Just-Brill is sold exclusively on the giant online portal, Amazon. It is an accurate and fast method of acquiring blood pressure and heart beat readings for children and adults. The blood pressure monitor is sold with a lifetime guarantee and offer for refund or replacement should anything go wrong with the initial purchase.

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For more information about Just-Brill LTD, contact the company here:Just-Brill LTDJust-Brill LTDPress@just-brill.com Just-Brill LTD 5a The Broadway Brighton, East Sussex United Kingdom BN2 5NF

Just-Brill LTD

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Email: Press@just-brill.com

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