

BRUNCH AND LEARN

Clearing the Confusion: Navigating Support, Care, and Living Options After 55 With Confidence

An "Ask The Experts" Panel Event





Lantern Crest
Luxury Senior Living

&



At Lantern Crest
Luxury Senior Living

You are warmly invited!

Join us at **Santee City Hall** for this informative event featuring an expert panel discussion, designed to clear up common misconceptions about living, care, and support options available to adults 55 and older.

Enjoy a complimentary light brunch while learning from our specialists in assisted living, independent living, memory care, in-home care, home health, hospice and palliative care, skilled nursing and rehabilitation, pharmacy and medical. Our panel will answer your questions and help you understand the full spectrum of choices available for each chapter of your life as a senior.

Whether you're planning for yourself or a loved one, this event will empower you with the knowledge to make informed decisions about future needs and preferences.

Limited Seating - Rsvp Required!

DRE #02254365 Ridge RCTE License #374603253

When: Wednesday, February 18th
10am to Noon

Where: Santee City Hall
10601 Magnolia Ave.
Santee, CA 92071

Rsvp: Organizer: 760-681-1047
Lantern Crest: 619-258-8886
or
Santee City Hall: 619-258-4100 Ext. 209

OR..

RSVP HERE!



Lantern Crest Senior Living to Host "Clearing the Confusion: Navigating Support, Care, and Living Options After 55 With Confidence"

February 12, 2026

Santee, California - February 12, 2026 - PRESSADVANTAGE -

Free "Brunch and Learn" event at Santee City Hall aims to empower families with knowledge for informed decision-making.

Lantern Crest Senior Living invites the community to "Clearing the Confusion: Navigating Support, Care, and Living Options After 55 With Confidence," a complimentary "Brunch and Learn" event on Wednesday, February 18th at Santee City Hall. This informative expert panel discussion is designed to clear up common misconceptions about care and support options available to adults 55 and older.

"There are so many myths and misconceptions when it comes to what is available. Many seniors and their families face difficult decisions about healthcare or living options without having access to accurate, comprehensive information. And for many, the ?nursing home? is what they automatically picture, which is quite an antiquated line of thought," said Bobi Thomas, Public Relations Consultant with Lantern Crest. "We

want to show them all the amazing options they now have. This panel brings together experts from every aspect of senior health and living to help you understand the full spectrum of choices available for each chapter of your life as a senior."

The panel features specialists in assisted living, independent living, memory care, in-home care, home health, hospice and palliative care, and skilled nursing and rehabilitation, along with physician and pharmacy specialists. Following the expert panel presentation, attendees will have the opportunity to visit with the panelists to learn more about their specific services and other resources available in the community. Whether planning for yourself or a loved one, this even will empower you with knowledge to make informed decisions about your future needs and preferences.

Event Details:

Date: Wednesday, February 18, 2026

Time: 10:00 am to 12:00 pm

Location: Santee City Hall, 10601 Magnolia Ave, Santee, CA 92071

Cost: Free and open to the public

RSVP Required to any of the following:

Organizer: 760-681-1047

Lantern Crest: 619-258-8886

Santee City Hall: 619-258-4100 Ext. 209

A light brunch will be provided to attendees, prepared by Lantern Crest's Executive Chef: Reggie Velasco and his culinary team.

For more information about the "Brunch and Learn" event or to RSVP, please contact Bobi Thomas, Santee City Hall, or Lantern Crest Senior Living at the phone numbers provided above. RSVPs are required as seating is limited.

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For more information about Lantern Crest Senior Living, contact the company here: Lantern Crest Senior Living Bobi Thomas 760-681-1047 Bobi.Thomas@LanternCrest.com 800 Lantern Crest Way, Santee, CA 92071

Lantern Crest Senior Living

Lantern Crest is a Premier Senior Living Community in East San Diego County dedicated to ensuring the Happiness.

Website: <https://lanterncrestseniorlivingsantee.com/>

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