



Root Canal Treatment East Dulwich General Dentistry Private Patients Consultations Available at The Gardens Dental Centre (Smile 4 U)

January 31, 2026

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The Gardens Dental Centre (Smile 4 U) has announced the availability of consultation appointments for patients requiring root canal treatment. The update reflects the practice's provision of restorative dental care for individuals experiencing problems with infected or damaged tooth pulp. Appointments have been opened for those needing assessment for root canal procedures in the East Dulwich area.

Root canal treatment is a dental procedure used to save a tooth that has become infected or badly damaged. The treatment involves removing the infected or inflamed pulp from inside the tooth, cleaning and disinfecting the root canals, then filling and sealing the space to prevent further infection. According to the announcement, root canal treatment can prevent the need for tooth extraction and allows patients to keep their natural tooth. The pulp is the soft tissue inside the tooth that contains nerves, blood vessels, and connective tissue. When this becomes infected due to deep decay, repeated dental procedures on the tooth, or a crack or chip, it can cause severe pain and lead to abscess formation if left untreated.

The practice noted that root canal treatment is often required when tooth decay reaches the inner pulp, when a tooth suffers trauma, or when infection develops. Symptoms that may indicate the need for root canal treatment include persistent toothache, prolonged sensitivity to hot or cold, discolouration of the tooth, swelling and tenderness in nearby gums, or a recurring pimple on the gums.

Further details about root canal treatment can be viewed at: <https://smile4u.co.uk/dentist-east-dulwich-london/general-dentistry/root-canal-treatment/>.

The Gardens Dental Centre (Smile 4 U) has confirmed that the consultation process begins with a thorough examination of the affected tooth. The dental team takes X-rays to assess the extent of infection and to view the shape of the root canals. Consultations include a discussion about what root canal treatment involves and what patients can expect during the procedure. The dental team explains that the treatment is typically carried out under local anaesthetic, so patients should not feel pain during the procedure.

Most root canal treatments can be completed in one or two appointments, depending on the complexity of the case. During the procedure, the dentist creates an opening in the tooth to access the pulp chamber, removes the infected or damaged pulp, cleans and shapes the root canals, then fills them with a rubber-like material. A temporary filling is placed to close the opening, and a permanent crown or filling is usually fitted at a subsequent appointment to protect the tooth.

Additional information regarding the range of general dental treatments offered can be found at: <https://smile4u.co.uk/dentist-east-dulwich-london/general-dentistry/>.

The announcement comes as part of the practice's broader provision of dental care for patients in East Dulwich and surrounding areas. The Gardens Dental Centre (Smile 4 U) offers various treatments including routine examinations, fillings, tooth extractions, dental hygiene appointments, and cosmetic dentistry options. The practice operates privately, with treatment costs discussed clearly during consultations. Each patient receives a treatment plan tailored to their individual needs and circumstances. According to the release, the availability of root canal treatment consultations reflects the practice's commitment to helping patients preserve their natural teeth wherever possible.

The clinic noted that root canal treatment has a high success rate and can allow a tooth to function normally for many years following the procedure. The practice has indicated that following root canal treatment, the tooth may feel sensitive for a few days as the surrounding tissues heal. Patients receive advice on managing any discomfort and are informed about signs of complications that would require further attention. The consultation covers aftercare instructions and the importance of maintaining good oral hygiene to protect the treated tooth.

More information about the practice and its approach to dental care in East Dulwich can be accessed at:
<https://smile4u.co.uk/dentist-east-dulwich-london/>.

The Gardens Dental Centre (Smile 4 U) has confirmed that appointments are being scheduled for patients requiring root canal treatment assessment. The practice continues to welcome private patients across its range of general and cosmetic dental treatments.

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For more information about The Gardens Dental Centre (Smile 4 U), contact the company here: The Gardens Dental Centre (Smile 4 U) Maryam Shahid +44-20-8693-4001 info@thegardensdentalcentre.co.uk The Gardens Dental Centre (Smile 4 U), 44B The Gardens, London SE22 9QQ, United Kingdom

The Gardens Dental Centre (Smile 4 U)

The Gardens Dental Centre (Smile 4 U) is a private & NHS dental practice offering tailored care in a welcoming setting. Our skilled team provides treatments such as Invisalign®, composite bonding, and dental implants, helping you achieve a healthy smile.

Website: <https://smile4u.co.uk/dentist-east-dulwich-london/>

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THE GARDENS DENTAL CENTRE