

# **New Life Chiropractic - Rocklin Announces Donation to The Forgotten Soldier Program During Patient Appreciation Week**

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New Life Chiropractic - Rocklin has announced a donation initiative tied to Patient Appreciation Week, scheduled for February 16-20. During this period, the clinic will contribute a portion of its proceeds to The Forgotten Soldier Program, an organization dedicated to supporting veterans and first responders through integrative health services.

The Forgotten Soldier Program, established in 2005, focuses on addressing the physical, mental, emotional, and spiritual needs of those who have served. Based in Auburn, California, the program offers complementary integrative health care, including treatments for emotional trauma and preventive care. Its extension, Placer Reset, specifically aids first responders with workshops on suicide prevention and whole-body health. Over the years, the program has assisted more than 24,000 veterans and their families at no cost to participants.

This donation aligns with New Life Chiropractic - Rocklin's commitment to community support and holistic wellness. Founded in 2012 by Dr. Tim Smith and Dr. Catherine Smith, the clinic provides family-oriented chiropractic care that emphasizes restoring nervous system function and promoting long-term health. Services include adjustments for all ages, from newborns to seniors, as well as specialized treatments for pregnancy, pediatrics, and auto accident injuries. The clinic incorporates the "5 Essentials" approach, which covers core chiropractic, nutrition, mindset, oxygen and exercise, and minimizing toxins.

Patient Appreciation Week serves as an opportunity for the clinic to express gratitude to its patients while contributing to a cause that honors veterans and first responders. The initiative highlights the shared values of healing and purpose between the clinic and The Forgotten Soldier Program. Both entities prioritize comprehensive care that goes beyond symptom management to foster overall well-being.

Dr. Tim Smith, clinic owner, stated, "Supporting organizations like The Forgotten Soldier Program allows communities to recognize the sacrifices made by veterans and first responders. This donation reflects a collective effort to provide resources that promote healing on multiple levels."

Dr. Catherine Smith, clinic owner, added, "Integrative approaches to health can make a significant difference for those facing trauma. Contributions during events like Patient Appreciation Week help ensure access to such vital services."

The clinic's team includes experienced professionals who bring diverse expertise to patient care. Dr. Angelo Gassoumis, a chiropractor with a background in sports medicine and athletic training, contributes to the clinic's focus on physical rehabilitation. Dr. Thor Clemens, an associate chiropractor, emphasizes community outreach and natural health solutions, drawing from his experience in hormone and gut health testing.

New Life Chiropractic - Rocklin tailors its services to address underlying health issues, often after patients have explored other options without success. The clinic offers additional therapies such as spinal decompression, functional medicine, cold laser therapy, custom orthotics, shockwave therapy, and weight loss programs. This multifaceted approach supports patients in achieving optimal spinal and nervous system health, leading to improved movement, cognition, and daily functioning.

The donation to The Forgotten Soldier Program underscores the importance of community partnerships in health care. Veterans and first responders often deal with unique challenges, including post-traumatic stress and physical injuries from service. Programs like this provide essential support, combining modalities to restore balance in mind, body, and spirit.

As part of its ongoing mission, New Life Chiropractic - Rocklin educates patients on lifestyle changes that sustain health benefits. This includes guidance on nutrition, exercise, and toxin reduction, aligning with the program's holistic ethos.

The clinic's founders, both graduates of prestigious chiropractic institutions, have built a practice centered on empowerment. Dr. Tim Smith, a magna cum laude graduate of Life Chiropractic College West, specializes in spinal correction, neurology, and nutrition. He has authored a book on holistic wellness and speaks on health topics. Dr. Catherine Smith, a distinguished graduate of Palmer West Chiropractic College, holds a degree in kinesiology and certifications in pregnancy and pediatric care.

This initiative during Patient Appreciation Week invites patients to participate in a meaningful cause while receiving care. The clinic continues to serve the Rocklin area by offering solution-based treatments that target root causes rather than temporary relief.

New Life Chiropractic - Rocklin operates as a family chiropractic clinic in Rocklin, California, dedicated to holistic health care. The practice assists patients across all life stages with personalized plans that incorporate chiropractic adjustments and complementary therapies to enhance overall wellness.

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For more information about New Life Chiropractic Rocklin, contact the company here: New Life Chiropractic Rocklin Dr. Tim Smith 916-259-2682 NewLifeChiropractic@gmail.com 4780 Rocklin Rd, Rocklin, CA 95677

## **New Life Chiropractic Rocklin**

*At New Life Chiropractic, we offer solution-based holistic care to help every family member, from newborns through seniors, create and maintain optimal health for life.*

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