BackFit Health + Spine Achieves 4.8-Star Rating from 189 Google Reviews for Its South Chandler Chiropractic Office

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CHANDLER, AZ - February 09, 2026 -
BackFit Health + Spine has garnered 189 reviews on its Google Business Profile for the South Chandler location, resulting in an aggregate rating of 4.8 stars. This collection of patient feedback offers perspectives on the clinic's integrated healthcare services, aligning with national discussions on the role of online reviews in evaluating medical providers.

Studies from healthcare organizations indicate that patient ratings influence provider selection, with aggregate scores serving as measures of service experiences. Data show that consumers consult such feedback for chronic care decisions, prompting facilities to maintain multidisciplinary approaches for musculoskeletal conditions. Clinics adapt by using review insights to inform practices, consistent with trends in healthcare accountability.

The South Chandler facility provides physical medicine, therapeutic procedures, pain management, allergy treatment, weight loss programs, and chiropractic care. Conditions addressed include chronic pain, back pain, muscle spasms, knee pain, bulging discs, headaches, migraines, osteoarthritis, degenerative disc

disease, carpal tunnel syndrome, scoliosis, and sports injuries. Treatment methods encompass chiropractic adjustments using activator method, chiropractic biophysics, diversified technique, gonstead technique, instrument-assisted soft tissue mobilization, sacro-occipital technique, spinal decompression, thompson technique, toggle recoil, and webster technique. Additional modalities involve diagnostic X-rays, functional medicine, manipulation under anesthesia, acupuncture, trigger point injections, natural hyaluronic acid injections, topical analgesics, vitamin injections, and prescription weight loss medication.

Nathan Grinder, DC, chiropractor at BackFit Health + Spine, holds a Bachelor?s degree in Biology from Central Washington University and a Doctorate of Chiropractic from Life Chiropractic College West. Licensed by the Arizona Board of Chiropractic Examiners and certified in manipulation under anesthesia, Grinder specializes in accident and injury care, sports rehabilitation, functional nutrition, and corrective care. "Integrated treatments combining chiropractic techniques with functional medicine support targeted relief for conditions like spinal misalignments and sports injuries," Grinder said.

The clinic's team collaborates to create personalized plans, incorporating assessments to identify underlying issues. For knee pain, approaches include chiropractic adjustments to related areas, customized support braces, and non-surgical injections to reduce inflammation and improve mobility. Allergy services feature testing for environmental and food triggers with tailored management strategies, while weight loss programs integrate micronutrient testing, lifestyle modifications, and medical support.

Doug Beaudette, DC, chiropractor at BackFit Health + Spine, earned a Bachelor of Science in Exercise Science from Brigham Young University, a Doctor of Chiropractic, and a Master?s in Sport Health Science from Life University. Licensed as a medical acupuncturist, Beaudette focuses on natural wellness strategies for persistent conditions. "Acupuncture and chiropractic interventions aid in addressing inflammation and recovery for patients with ongoing pain," Beaudette said.

Additional staff at the location include Parker Hildebrand, PA-C, certified physician assistant specializing in sports medicine and patient care; Greg Vogel, principal overseeing multiple locations with a Bachelor?s in Physiology from University of Arizona and Doctorate of Chiropractic from Life University, providing accident care, pain management, and trigger point injections; and Bridgit Danner, LAc, FDN-P, licensed acupuncturist with a Master of Oriental Medicine, addressing pain, fertility, women?s health, thyroid dysfunction, and IBS through acupuncture and holistic nutrition.

The 189 reviews with a 4.8-star aggregate rating provide data on patient interactions at the clinic. One recent review from a patient describes experiences following an auto collision, noting care from staff members including Chloe Tyler, Julian, Parker, Dr. Grinder, Dr. Doug, Sonja, and Eduardo. The review mentions treatment for back, neck, and oblique issues, emphasizing the environment and results.

National patterns demonstrate increasing use of online platforms for healthcare evaluations, with aggregate ratings contributing to discussions on service quality. Systematic reviews in medical literature find spinal manipulative therapy comparable to other interventions for chronic low back pain management and functional improvement. In Arizona, similar developments occur, with residents accessing combined chiropractic and medical services for daily health concerns.

The clinic's emphasis on chiropractic care in Chandler, AZ, corresponds to community needs for non-invasive options. As a chiropractor in Chandler, AZ, the facility offers these modalities through its team-based model.

Patient education forms part of the process, covering nutrition and habits to support long-term health. This method combines with clinical interventions to consider physical and mental aspects.

BackFit Health + Spine operates as an integrative medical clinic, combining chiropractic, medical, physical therapy, and wellness services. Established in 2002, the organization maintains locations across Arizona to assist individuals with pain management and health enhancement through licensed professionals and physiology-based practices.

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For more information about BackFit Health + Spine, contact the company here:BackFit Health + Spine - Chandler, AZ (Ocotillo Road)Dr. Radman ?Radi? Rahiminejad & Dr. Yasmin Rahimi877-222-5348backfithealth@gmail.com2815 E Ocotillo Rd STE 4, Chandler, AZ 85249

BackFit Health + Spine

At BackFit Health + Spine, your total wellness is our priority. With a unique integrative approach to care, we combine chiropractic, medical, physical therapy, and wellness services under one roof to help you feel your best.

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