



BackFit Health + Spine in Gilbert, AZ Highlights

Background of Dr. Noah Morganti

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BackFit Health + Spine recognizes the professional background of Dr. Noah Morganti, chiropractor at its Gilbert location, who developed an interest in chiropractic through personal sports experiences. This recognition emphasizes individual practitioner histories in healthcare settings amid examinations of training influences in pain management disciplines.

Data from health studies indicate that personal experiences shape practitioner approaches, with analyses showing links between early exposures and treatment strategies. Aspects such as athletic participation and injury encounters inform viewpoints, prompting clinics to present staff backgrounds that illustrate engagement with patient health. Facilities have incorporated these narratives to provide context for their integrated models, consistent with developments in medical openness.

Dr. Noah Morganti, DC, a native of Dallas, Texas, grew up active in sports, particularly baseball, which fostered his interest in optimal health. After experiencing sports injuries, he received care from his older

cousin, a chiropractor, leading to significant improvement and confirming his pursuit of chiropractic by high school completion. Morganti completed undergraduate studies at Collin College, then attended Parker University in Dallas, Texas, obtaining a Bachelor of Science in Anatomy, Bachelor of Science in Health and Wellness, and Doctorate of Chiropractic in 2013. At BackFit Health + Spine, he treats patients within a multidisciplinary framework that combines specialties for overall health enhancement. Outside practice, Morganti spends time with his wife Marissa hiking in Arizona.

The Gilbert clinic provides physical medicine and therapeutic procedures, pain management, allergy treatment, weight loss programs, and chiropractic care centered on spine, joint, and musculoskeletal alignment through adjustments, soft tissue mobilization, and corrective exercises. Conditions addressed include back spasms, bulging discs, headaches, migraines, fatigue, low back pain, neck pain, sciatica, spinal stenosis, other joint pain, chronic pain, arthritis, muscle spasms, complex regional pain syndrome, degenerative disc disease, postherpetic neuralgia, sports injuries, meniscus tears, bursitis, patellar tendonitis, patella fractures, and cruciate ligament injuries.

"Collaborative care from multiple providers with different specialties enables achievement of highest overall health for patients," Morganti said.

The facility's model involves chiropractors, medical providers, and therapists coordinating to create tailored plans. For knee pain management, non-surgical interventions target root causes, reduce inflammation, and improve mobility. Allergy services include advanced diagnostics for testing to identify triggers, followed by customized plans. Weight loss initiatives encompass whole-body analysis, nutrition, exercise, lifestyle modifications, physical medicine, vitamin injections, prescription medication, and micronutrient testing.

Dr. Greg Vogel, principal at BackFit Health + Spine, earned a Bachelor of Science in Physiology from University of Arizona and a Doctorate of Chiropractic from Life University in 2001. Influenced by his father's recovery from a motorcycle accident through chiropractic, Vogel oversees multiple locations and provides accident and injury care, chiropractic adjustments, diagnostic X-rays, manipulation under anesthesia, pain management, spinal decompression, sports injuries, and trigger point injections. He participated in a chiropractic mission trip to Cuzco, Peru. "Functional rehabilitation and cutting-edge chiropractic care support patient recovery from musculoskeletal issues," Vogel said.

Additional team members at the Gilbert location include Dr. Brandon Krainik, DC, with expertise in orthopedic and sports-related injuries, certified in whiplash injury, biomechanics, and auto accident reconstruction; Dr. Jason Warren, board-certified nurse practitioner specializing in emergency and family medicine, with focus on pain management and regenerative therapies; and Dr. Edward Smith, MD, practicing internal medicine for over 30 years, serving as assistant clinical professor at University of Arizona College of Medicine.

The clinic incorporates evidence-based rehabilitation for injury or surgery recovery, addressing sports injuries, post-surgical conditions, arthritis, back and neck pain, and joint pain. This promotes nervous system health and overall well-being without surgical interventions when possible.

National health surveys point to increasing adoption of chiropractic care for pain management, with systematic reviews finding spinal manipulative therapy comparable to other therapies for chronic low back pain reduction and functional enhancement. In Arizona, similar patterns appear, with residents seeking multidisciplinary options for everyday health concerns.

The clinic's provision of chiropractic care corresponds to local needs for holistic methods. As a chiropractor, Morganti applies his background in patient treatments.

Patient care at BackFit Health + Spine involves a team approach to wellness, integrating disciplines to address comprehensive health aspects. This has facilitated outcomes for individuals with chronic conditions, enabling improved functionality through specific measures.

The focus on Morganti's background aligns with explorations of practitioner origins in healthcare, where personal journeys provide insights into service delivery. His progression from sports experiences to professional practice exemplifies elements observed in established facilities.

BackFit Health + Spine, established in 2002 as a family-founded integrative medical clinic, combines chiropractic, medical, physical therapy, and wellness services. With locations across Arizona, the organization assists individuals in managing pain and enhancing health through licensed professionals and practices based on physiology and exercise science.

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For more information about BackFit Health + Spine, contact the company here: BackFit Health + Spine - Gilbert, AZ Dr. Radman Radi? Rahiminejad & Dr. Yasmin Rahimi 877-222-5348 backfithealth@gmail.com 754 S Val Vista Dr #105, Gilbert, AZ 85296

BackFit Health + Spine

At BackFit Health + Spine, your total wellness is our priority. With a unique integrative approach to care, we combine chiropractic, medical, physical therapy, and wellness services under one roof to help you feel your best.

Website: <https://backfithealth.com/>

Email: backfithealth@gmail.com

Phone: 877-222-5348



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