Dentistry First Announces Expanded Dental Fillings Service in Mooloolaba

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Mooloolaba, QLD - February 10, 2026 -
Dentistry First has introduced an expanded dental fillings service at its Mooloolaba clinic, offering restorative care for patients across the Sunshine Coast. The development provides access to modern techniques designed to preserve natural tooth structure and promote long-term oral health.

The new service includes composite and ceramic filling options that match the colour of natural teeth and integrate with existing dental surfaces. These materials restore teeth affected by decay, fractures, or wear while maintaining normal function and appearance. The clinic reports a growing demand for restorations that deliver both strength and aesthetic quality, utilizing conservative treatment approaches.

Dental fillings remain a key element of restorative dentistry, preventing minor decay from advancing into more serious complications that may require extensive procedures. Treatment typically involves removing damaged material, cleaning and shaping the affected area, and applying a suitable filling material that is bonded and polished for comfort and durability. Each restoration is tailored to the patient?s dental structure to ensure a balanced bite and natural finish.

Dr Jason Phan, lead clinician and prosthodontist at Dentistry First, noted that advances in dental materials have improved both the longevity and visual outcome of modern fillings. ?Dental fillings have evolved significantly over the past two decades,? said Dr Jason Phan. ?Advances in bonding technology and composite materials allow us to restore teeth more effectively and with less invasive procedures, providing strong and natural results.?

The adoption of these methods supports Dentistry First?s broader goal of preventive care and early intervention. Through diagnostic imaging and regular examinations, the clinic focuses on detecting decay in its earliest stages to reduce the risk of pain, infection, or tooth loss. Early treatment, combined with ongoing maintenance, contributes to improved oral health outcomes and helps patients retain their natural teeth for a

longer period.

In addition to restorative work, the filling service includes education on cavity prevention and oral hygiene maintenance. Individuals are encouraged to maintain regular check-ups and effective brushing routines to protect both restored and natural teeth. The clinic has observed that patients who follow these recommendations experience fewer recurring dental issues, supporting the importance of consistent care.

The introduction of this service complements Dentistry First?s wider clinical offering, which includes preventive, restorative, and prosthodontic treatments. Treatment plans are developed individually, ensuring that each approach aligns with the patient?s needs and current clinical standards. Transparency and patient understanding remain central to the process, with all treatment options explained before any procedure begins.

The clinic has also implemented updated protocols for material safety and sustainability. All restorative work is now amalgam-free, and the clinic maintains compliance with Australian Dental Association guidelines for infection control and materials management. These measures support both environmental responsibility and patient safety in every procedure.

Dentistry First is located at 1/45 First Avenue in Mooloolaba and continues to serve residents across the Sunshine Coast, including nearby communities such as Caloundra, Buderim, and Kawana. The team consists of qualified dental professionals who participate in ongoing training and professional development to ensure that patient care remains aligned with current research and regulatory standards.

Dr Jason Phan added that comfort and communication are key to successful outcomes in restorative dentistry. ?Many patients feel anxious about dental treatment,? he said. ?We focus on ensuring every visit is clear, calm, and respectful. By combining careful technique with the latest materials, we can restore both comfort and confidence in a predictable way.?

The expansion of the fillings service forms part of Dentistry First?s ongoing effort to strengthen preventive dental care across the region. Through evidence-based practice and early intervention, the clinic continues to support long-term oral health within the Sunshine Coast community.

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For more information about Dentistry First, contact the company here:Dentistry FirstJason Phan07 5444 4058smile@dentistryfirst.com.au1/45 First Ave, Mooloolaba QLD 4557

Dentistry First

Led by Dr. Jason Phan, who holds a Master of Clinical Dentistry in Prosthodontics from King?s College London, the clinic provides services such as dental check-ups, periodontal treatment, fillings, dentures, implants, and cosmetic dentistry.

Website: https://www.dentistryfirst.com.au/

Email: smile@dentistryfirst.com.au

Phone: 07 5444 4058