

Coventry Invisible Braces Treatments Suggested by Dr Chetan Mathias at Light Lane Dental Practice

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COVENTRY, UK - February 11, 2026 -
Light Lane Dental Practice has announced the availability of consultation appointments for patients interested in invisible braces treatments. Dr Chetan Mathias has highlighted the practice's provision of clear aligner options, including Invisalign and Angel Aligner systems for individuals seeking discreet teeth straightening solutions. Appointments have been opened for those wishing to explore whether invisible braces may be suitable for their needs. Interested people can book the first consultation without any charges.

Invisible braces use clear, removable aligners to gradually move teeth into desired positions. Both Invisalign and Angel Aligner systems work by applying controlled pressure to teeth through a series of custom-made trays. Each aligner is worn for a specified period before being replaced with the next in the sequence, shifting teeth incrementally over time. According to the announcement, these systems can address various alignment concerns, including crowding, spacing issues, and certain bite irregularities. The clear material makes the aligners less noticeable than traditional metal braces, appealing to patients who prefer a more discreet approach to orthodontic treatment.

The practice maintains that both the Invisalign and Angel Aligner systems are based on the same principles, but they may differ in design features and treatment planning. Patients can take out the aligners to eat, drink, and clean their teeth because they are removable. This means that there are no dietary restrictions during the treatment, but patients must wear aligners for the recommended number of hours each day to get the desired results. The practice commented that the choice between systems is made on a case-by-case basis, with suggestions based on each person's smile goals and alignment needs.

Further details about clear aligner treatments can be viewed at: https://lightlanedental.co.uk/teeth-straightening/invisalign-angel-aligner-coventry/.

Dr Chetan Mathias spoke about the role clear aligners play in orthodontic treatment. "Clear aligner technology has developed over the past decade, and the range of cases we can treat has expanded. The treatment planning software allows us to map out tooth movement before starting, which helps set realistic expectations. Patients can see a digital projection of where their teeth should end up. The removable aspect means oral hygiene doesn't need to change during treatment. Success depends on the patient wearing the aligners for the required hours each day and attending monitoring appointments as scheduled."

Light Lane Dental Practice has confirmed that consultations begin with a thorough assessment of the patient's teeth and jaw alignment. The dental team examines each case to determine which clear aligner system may be most appropriate. Not all alignment issues can be addressed with invisible braces, and some patients may require alternative orthodontic approaches. Consultations include a discussion about what the patient hopes to achieve through treatment, with digital scans or impressions taken to create a treatment plan showing how teeth are expected to move throughout the process.

Patients have the opportunity to ask questions about treatment duration, the number of aligners required, and any other aspects of the procedure. The consultation also covers practical considerations such as how often aligners need to be changed and what to expect during regular monitoring appointments. Treatment duration varies depending on the complexity of each case, with some patients completing treatment in several months while others may require a longer timeframe.

Additional information regarding the range of teeth straightening treatments offered can be found at: https://lightlanedental.co.uk/teeth-straightening/.

The announcement comes as part of the practice's broader provision of orthodontic care for patients in Coventry and surrounding areas. Light Lane Dental Practice offers various teeth straightening treatments, including fixed braces and other orthodontic options, alongside invisible braces systems. The practice also provides general dentistry, cosmetic treatments, and restorative procedures. Treatment plans are discussed

on an individual basis, with costs outlined clearly during the consultation stage.

Light Lane Dental Practice has been serving the local community with family dentistry, both private and NHS, for more than 40 years. The practice accepts patients of all ages and provides care tailored to individual circumstances. According to the release, the availability of invisible braces consultations reflects patient demand for teeth straightening options that fit around daily routines.

The practice works with patients to understand their specific circumstances and treatment preferences before making recommendations. The practice operates with both private and NHS provision, allowing patients to choose the option that suits their needs for various treatments.

More information about the practice and its approach to dental care can be accessed at: https://lightlanedental.co.uk/.

Light Lane Dental Practice has confirmed that appointments are being scheduled for patients interested in arranging an invisible braces consultation. The practice continues to accept patients for orthodontic and other dental treatments.

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Light Lane Dental Practice

Looking for a friendly, professional and caring dental practice that will treat your whole family? Look no further than the Light Lane Dental Practice. We offer NHS general dental treatment as well as private dental procedures for young and old.

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