RestoPros of Tulsa Emphasizes Hidden Health Risks from Untreated Mold Growth

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RestoPros of Tulsa, a certified restoration company serving the greater Tulsa area, is highlighting the critical importance of early mold detection and remediation to protect residents from serious health complications that can develop from prolonged exposure to indoor mold.

The restoration specialists are raising awareness about how mold growth, often hidden behind walls or under flooring, can release harmful spores and volatile organic compounds into indoor air. While many homeowners recognize visible mold as a problem, the company emphasizes that unseen mold growth poses equal or greater health risks, particularly when exposure becomes chronic.

"Many people don't realize that mold can begin growing within 24 to 48 hours after water exposure, and the long term effects of breathing in mold can be devastating to respiratory health," said Paul Dougherty, Operations Director at RestoPros of Tulsa. "We see cases where families have been experiencing unexplained health issues for months, only to discover extensive mold growth hidden in their walls or crawl spaces."

Mold spores exist naturally in both outdoor and indoor environments but become problematic when they encounter excessive moisture and begin multiplying. Common causes of indoor mold growth include water damage from flooding or leaks, high humidity levels in basements and bathrooms, poor ventilation, condensation on surfaces, and roof or foundation moisture problems.

Certain populations face elevated risk from mold exposure, including young children with developing immune systems, older adults with age-related health conditions, individuals with existing allergies or asthma, those with compromised immune systems, and people with chronic lung disease. For these vulnerable groups, even short-term exposure can trigger significant health responses.

Beyond immediate symptoms like runny nose or itchy eyes, chronic mold exposure can lead to persistent respiratory problems, weakened immune function, and worsening of existing health conditions. The restoration company notes that prolonged exposure may contribute to the development of more serious conditions, including chronic sinusitis, persistent coughing, and increased susceptibility to respiratory infections.

"The challenge with mold is that it often grows in places homeowners can't see or easily access," added Dougherty. "By the time visible signs appear, the contamination may have already spread significantly, which is why professional assessment is so important after any water damage event."

The company follows Institute of Inspection, Cleaning and Restoration Certification (IICRC) guidelines in their remediation processes, which include comprehensive moisture detection, complete mold removal, addressing underlying moisture sources, and air quality restoration. Their team emphasizes that effective mold remediation requires not just removing visible growth but also addressing the conditions that allowed it to develop.

RestoPros of Tulsa provides water damage restoration, fire and smoke damage restoration, mold remediation, storm damage restoration, and rebuild services to residential and commercial clients throughout Tulsa, Broken Arrow, Bixby, Jenks, Owasso, Sapulpa, and surrounding communities. The company maintains 24/7 emergency response capabilities and offers free inspections to assess potential mold issues. With over 30 years of combined industry experience, their certified technicians focus on complete restoration solutions that address both immediate damage and prevention of future problems.

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RestoPros of Tulsa

RestoPros of Tulsa is locally owned and backed by a trusted corporate team. We specialize in water, fire, smoke, and mold damage restoration. Available 24/7/365 for fast response. Proudly serving our community, contact us today for a free inspection!

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