

**melt.**  
aesthetics & liposuction



*Contact us*  
**480-613-2010**

## **Melt Aesthetics and Liposuction Arizona Enhances Body Contouring Services with Advanced Awake Procedures**

*February 23, 2026*

February 23, 2026 - PRESSADVANTAGE -

Melt Aesthetics and Liposuction Arizona, a specialized body contouring clinic in Scottsdale, has expanded its focus on awake liposuction techniques that allow patients to remain conscious during their procedures while experiencing minimal discomfort. The clinic's enhanced approach combines advanced medical technology with artistic precision to deliver customized body contouring results.

The clinic's awake liposuction methodology represents a significant advancement in aesthetic medicine, offering patients an alternative to traditional liposuction that requires general anesthesia. The procedure begins with the injection of a tumescent solution containing local anesthetic and vasoconstrictors, which numbs the treatment area and minimizes bleeding. This approach reduces recovery time and eliminates risks associated with general anesthesia.

"Awake liposuction has transformed how we approach body contouring by allowing patients to communicate

with us during the procedure and position themselves for optimal results," said Dr. Nima Azarbehi, DO, from Melt Aesthetics. "This technique provides immediate visual feedback and enables us to achieve more precise sculpting while maintaining the highest safety standards."

The clinic offers comprehensive body contouring services beyond awake liposuction, including Renuvion skin tightening, fat transfer procedures, BodyTite radiofrequency-assisted lipolysis, and Aveli cellulite treatment. Non-surgical options include Morpheus8 radiofrequency microneedling, PDO thread lifts, and various injectable treatments. The facility also provides laser hair removal, IPL treatments, spider vein laser therapy, and platelet-rich plasma injections.

Melt Aesthetics and Liposuction Arizona modern liposuction techniques incorporate the latest technological advances in the field. The clinic's approach emphasizes personalized treatment planning, with each procedure tailored to the patient's unique anatomy and aesthetic goals. The tumescent technique used in awake procedures has been refined to maximize patient comfort while achieving superior contouring results.

"Patient safety and satisfaction drive every decision we make in our practice," explained Dr. Azarbehi. "By offering awake liposuction alongside our comprehensive suite of aesthetic services, we provide patients with options that align with their comfort levels and desired outcomes. The ability to remain conscious during the procedure gives many patients peace of mind and a sense of control over their transformation."

The clinic has established partnerships with financing providers Cherry and CareCredit to make procedures more accessible to patients seeking body contouring solutions. Additionally, Melt Aesthetics has collaborated with Bella Beauty Bar & Spa to provide comprehensive post-operative care services, ensuring patients receive continued support throughout their recovery process.

The growing demand for minimally invasive body contouring procedures has positioned awake liposuction as an increasingly popular choice among patients seeking aesthetic improvements without the extended downtime associated with traditional surgical methods. The technique's safety profile and reduced recovery period make it particularly appealing to individuals with busy lifestyles.

Melt Aesthetics and Liposuction Arizona continue to offer complimentary consultations for patients interested in learning about awake liposuction and other body contouring options. The clinic's team of medical professionals provides detailed assessments and develops customized treatment plans based on individual patient needs and aesthetic objectives.

###

For more information about Melt Aesthetics and Liposuction Arizona, contact the company here:[Melt](#)

Aesthetics and Liposuction ArizonaDR. NIMA AZARBEHI, DO(480) 613-2010info@meltlipoaz.comMelt  
Aesthetics and Liposuction Arizona10210 N 92nd St # 103Scottsdale, AZ 85258, United States

## **Melt Aesthetics and Liposuction Arizona**

*Melt is a modern medical aesthetics and liposuction practice where our board certified doctor Nima Azarbehi, DO and Jessica Moody, RN can create the best customized plan during a free consultation to get you to the look of your dreams.*

Website: <https://meltlipoaz.com/>

Email: [info@meltlipoaz.com](mailto:info@meltlipoaz.com)

Phone: (480) 613-2010



*Powered by PressAdvantage.com*