Dr. Jacob Haiavy of Inland Cosmetic Surgery Advances Patient Safety Through Research Publications

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RANCHO CUCAMONGA, CA - June 02, 2026 -
Inland Cosmetic Surgery announces that cosmetic surgeon Dr. Jacob Haiavy has contributed three studies to a peer-reviewed medical journal and two chapters to a medical textbook over the past two years, addressing critical challenges in patient safety and surgical outcomes. The research publications span multiple areas, including opioid reduction strategies, artificial intelligence applications in medicine, wound healing innovations, and advanced surgical techniques.

The most significant study, titled ?The Utility of preoperative Acetaminophen in reducing postoperative pain and narcotic use in patients undergoing cosmetic breast augmentations during a national opiate crisis,? addresses the ongoing opioid crisis by demonstrating how preoperative acetaminophen administration can substantially reduce narcotic requirements in breast augmentation patients. This finding offers a practical solution for surgeons nationwide seeking to minimize opioid exposure while maintaining effective pain management for their patients.

Beyond the opioid reduction research, the publications explore diverse aspects of modern cosmetic surgery practice. The studies include investigations into artificial intelligence applications for patient education and

innovative wound healing protocols that enhance patient outcomes. Additionally, the surgeon has authored two chapters in a recently published Springer medical textbook, contributing to the education of future surgeons.

"These research contributions reflect our commitment to advancing the field of cosmetic surgery through evidence-based practices," stated Dr. Haiavy, who is a diplomate of the American Board of Cosmetic Surgery and former president of both the American Board of Cosmetic Surgery and the California Academy of Cosmetic Surgery. "The opioid reduction study particularly demonstrates how simple interventions can have profound impacts on patient safety and public health."

The breadth of research topics underscores a comprehensive approach to improving patient care. The artificial intelligence study explores how emerging technologies can assist patients in preoperative education regarding facelifts, while the wound healing case study provides a new pathway for further research into handling a difficult complication after thigh lifts and achieving minimal scarring long-term. These contributions benefit not only patients at the Rancho Cucamonga facility but also contribute to ongoing research and conversations around best practices for cosmetic surgeons across the country.

The timing of the opioid reduction research proves particularly relevant as healthcare providers nationwide seek alternatives to traditional pain management approaches. By demonstrating measurable reductions in narcotic requirements through preoperative interventions, the study provides actionable strategies that other surgical practices can implement immediately, as well as avenues for further research.

The research publications appear in the peer-reviewed journal The American Journal of Cosmetic Surgery, which undergoes rigorous scientific evaluation so that the findings meet the highest standards of medical research. Dr. Haiavy?s textbooks chapters, which were titled ?Breast Augmentation: Inframammary Approach? and ?Capsular Contracture: Etiology and Treatment Options,? appear in Manual of Cosmetic Medicine and Surgery. The level of scrutiny and rigor behind these publications supports the clinical significance of the work and its potential impact on surgical practice standards.

Inland Cosmetic Surgery has served the Southern California region for over three decades, with its surgical team having performed more than 30,000 procedures. The practice specializes in various cosmetic surgery procedures including breast augmentation, body contouring, and facial rejuvenation. The facility maintains accreditation from the Joint Commission and houses a fellowship program that trains two surgeons annually in advanced cosmetic surgery techniques.

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For more information about Inland Cosmetic Surgery - Rancho Cucamonga, contact the company here:Inland

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Inland Cosmetic Surgery - Rancho Cucamonga

At Inland Cosmetic Surgery, Dr. Jacob Haiavy and Dr. Emma Ryan provide cosmetic surgery for the face, breast, and body with world-class safety, care, and attention to detail. The practice also houses a medspa for top-notch minimally invasive solutions.

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