Wave Chiropractic Highlights Benefits of Pediatric Chiropractic Care in Bradenton, FL for Child Development

February 17, 2026

BRADENTON, FL - February 17, 2026 -
Wave Chiropractic provides chiropractic services focused on spinal health for children, addressing misalignments through gentle adjustments. The practice offers care for infants, toddlers, and adolescents to support development during growth periods. This includes treatments for conditions that may arise from birth processes or early childhood activities.

Chiropractic care for children involves non-invasive techniques to align the spine and promote nervous system function. Regular examinations are conducted to identify potential issues, even without visible symptoms. The approach aims to facilitate natural healing processes in young patients.

As a pediatric chiropractor in Bradenton, FL, Wave Chiropractic treats conditions such as chronic ear infections, bedwetting, allergies, asthma, attention deficit hyperactivity disorder, scoliosis, colic, reflux, earaches, excessive crying, difficulties feeding, irritability, and fussiness. These issues can stem from spinal misalignments occurring during pregnancy, delivery, or from factors like extended time in car seats.

Research supports certain aspects of pediatric chiropractic care. A 2019 review of 50 studies on manual therapy, including chiropractic, found some evidence of effectiveness for lower back pain in children. Another study from a practice-based research network surveyed chiropractors and parents, reporting perceived improvements in various conditions with low incidence of adverse effects. Systematic reviews indicate that serious adverse events are rare, with mild side effects occurring in about 0.53 to 1 percent of cases.

However, evidence varies by condition. A clinical trial published in JAMA Pediatrics found no significant benefits from chiropractic care for pediatric asthma patients. Recent analyses note that while some studies show limited positive outcomes, the overall quality of evidence remains low for many applications. This highlights the need for ongoing research in the field.

The practice incorporates methods adapted for young patients, ensuring adjustments are gentle and age-appropriate. Services extend to preventative measures, with recommendations for routine check-ups to monitor spinal development. This aligns with broader chiropractic principles of addressing root causes rather than symptoms.

Dr. John Carleton, chiropractor at Wave Chiropractic, commented on the approach to pediatric care. "Chiropractic adjustments for children focus on supporting spinal alignment to aid natural development," said Dr. John Carleton. "Evidence from reviews suggests potential benefits in musculoskeletal issues, though results can vary."

In addition to pediatric services, Wave Chiropractic offers prenatal care, sports injury treatment, auto injury recovery, and general wellness programs. Techniques include x-rays, spinal decompression, arthrostim adjusting, Webster technique, intersegmental traction therapy, flexion-distraction, and electrotherapy. These are selected based on individual assessments.

Dr. Mary Carleton, chiropractor at Wave Chiropractic, provided further insight. "Regular chiropractic care may contribute to overall child wellness by addressing nervous system function," said Dr. Mary Carleton. "Studies indicate low risks, making it a consideration for families exploring non-invasive options."

The practice serves families seeking alternatives to traditional medical interventions for common childhood ailments. Conditions like torticollis, constipation, sleep disturbances, sensory processing issues, and developmental delays are managed through spinal care. Emphasis is placed on education about incorporating wellness practices into daily routines.

Peer-reviewed literature underscores the importance of safety in pediatric manual therapy. A systematic review and meta-analysis examined indications, techniques, and outcomes for spinal manipulation in children and adolescents. Findings support its use for certain musculoskeletal complaints, with calls for more

high-quality trials.

Wave Chiropractic operates on a philosophy of holistic health, using non-invasive methods to improve quality of life. The facility provides care for various symptoms including back pain, neck discomfort, headaches, sciatica, and joint issues across all ages.

Founded to support community health, Wave Chiropractic specializes in family-oriented treatments. The team delivers personalized plans to address specific needs at different life stages.

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Wave Chiropractic

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