Teeth Whitening Northwich Private Dentist Dr Nikhil Oberai Recommends Treatments at Brunner Court Dental & Implant Practice

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Brunner Court Dental & Implant Practice has opened consultation slots for private patients interested in teeth whitening treatments. Dr Nikhil Oberai, Principal Dentist at the practice, pointed to the availability of cosmetic dentistry options for anyone seeking to address tooth discolouration or staining. Appointments are now bookable for those considering whether professional teeth whitening might work for them.

Teeth whitening is a cosmetic dental procedure that lightens the natural colour of teeth and reduces the visibility of stains. The treatment involves applying a whitening agent to the tooth surface, which breaks down discolouration and restores a brighter appearance. Professional teeth whitening differs from shop-bought products because the concentration of active ingredients is higher and the process takes place under dental supervision. The procedure can address various types of staining caused by factors such as diet, lifestyle habits, and natural ageing.

Discolouration often develops gradually through regular consumption of tea, coffee, red wine, and foods with strong pigments. Smoking also contributes to the yellowing or darkening of tooth enamel over time. The practice noted that teeth whitening treatments target these surface stains, though the extent of improvement varies depending on the cause and depth of discolouration. Some patients see noticeable results after a single treatment session, while others may require multiple applications to reach their desired shade.

Brunner Court Dental & Implant Practice has confirmed that teeth whitening is typically offered through two methods: in-practice treatments and home whitening kits supervised by the dental team. In-practice whitening involves applying a concentrated gel to the teeth, sometimes combined with a special light to accelerate the process. Home whitening kits include custom-made trays that fit over the teeth, along with a milder whitening gel that patients use over several days or weeks.

More about teeth whitening treatments can be seen at: https://www.brunnercourtdentalpractice.co.uk/treatments/more-about-teeth-whitening/.

Dr Nikhil Oberai spoke about teeth whitening and patient expectations. "Professional teeth whitening works well on natural tooth enamel, but it's important patients understand what it can and can't do. Surface staining from food, drink, and lifestyle responds well to whitening, but deeper discolouration from certain medications or internal tooth changes won't shift in the same way. The results also depend on the starting shade of the teeth and how consistent patients are with any home treatment element. Proper assessment before whitening helps ensure realistic outcomes."

Brunner Court Dental & Implant offers consultations. Before any cosmetic work can be done, the first step is to look at the teeth and gums to see if there are any problems that need to be fixed. If patients have cavities, gum disease, or worn enamel, they may need to get them treated first. This is because teeth whitening agents can cause sensitivity to compromised teeth. The dental team reviews the patient's dental history and talks about any worries they have about sensitivity or past reactions to dental products. Patients can ask questions about teeth whitening and what kind of results they can expect during the appointment.

The dental team explains that teeth whitening only works on natural tooth enamel and won't change the colour of crowns, veneers, or fillings. Patients with existing dental work may need to consider whether these restorations will match their newly whitened teeth. This aspect gets covered during the consultation so there are no surprises later. The practice has made clear that not everyone is a suitable candidate for teeth whitening. Staining caused by certain medications or damage inside the tooth often doesn't respond well to standard whitening treatments.

Additional information about the practice and its approach to dental care can be accessed at: https://www.brunnercourtdentalpractice.co.uk/.

The announcement is part of the practice's larger effort to provide dental care to people in Northwich and the surrounding areas. Brunner Court Dental & Implant Practice offers a wide range of treatments, such as routine checkups, dental hygiene appointments, fillings, root canal treatment, dental implants, orthodontic treatments and cosmetic dentistry. The practice is private, and the costs of treatment are made clear during consultations. Every patient gets a treatment plan that is based on their specific needs and situation.

According to the release, the availability of teeth whitening consultations reflects ongoing interest from patients who want cosmetic improvements that fit around their daily routines. Consultations give the dental team a chance to understand what patients hope to achieve and to provide realistic information about what's possible. Treatment plans are tailored to individual circumstances, taking into account the condition of teeth,

the patient's budget, and their expectations. Aftercare advice is provided following any cosmetic procedure to help maintain results over time.

Those interested in learning about the practice location and route planning instructions can visit: https://gotothis.one/private-dentist-northwich.

Brunner Court Dental & Implant Practice confirmed that appointments are being scheduled for patients interested in arranging a teeth whitening consultation with Dr Nikhil Oberai. The practice continues to accept private patients for cosmetic and general dental treatments.

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For more information about Brunner Court Dental & Implant Practice, contact the company here:Brunner Court Dental & Implant PracticeDr Nikhil Oberai+44-1606-44394dentist@brunnercourt.co.ukBrunner Court Dental & Implant Practice, 95 Witton Street, Northwich CW9 5DR

Brunner Court Dental & Implant Practice

Our dental practice is renowned for providing top-notch dental care. Utilising state-of-the-art technology and extensive clinical expertise, our dental team offers a range from general dentistry to advanced implants and cosmetic treatments.

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