

Corporate First Aid and CPR Training Helps Reduce Risk and Control Costs

March 23, 2026

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Cardinal Compliance Consultants announced an upcoming Adult First Aid, CPR, and AED Certification Course scheduled for March 17, 2026. The course is designed to assist employers that need to add new certifications or renew expiring credentials for employees while strengthening workplace emergency preparedness and risk management strategies.

Many organizations include certified first aid and CPR personnel as part of broader safety and compliance programs. When a medical emergency occurs in the workplace, immediate response can influence outcomes, reduce operational disruption, and support internal reporting and risk control processes. Maintaining current certifications is a practical step for companies seeking to reinforce emergency action plans and maintain workforce readiness. For industries such as construction, manufacturing, and general industry, having trained personnel on-site is not only good practice but may be required under applicable OSHA standards, including 29 CFR 1910.151 for general industry and 29 CFR 1926.50 for construction.

Registration and event details for the March 17 session are available through the local first aid, CPR, and AED certification course listing. The instructor-led program prepares participants to recognize and respond to adult cardiac, breathing, and other medical emergencies. Individuals who successfully complete the course receive a digital certification valid for two years.

The course announcement follows a recent organizational milestone involving Michaela MacRitchie, CSP, CHMM, Vice President of EHS Services, who earned her Certified Hazardous Materials Manager credential through the Institute of Hazardous Materials Management. The CHMM designation recognizes expertise in hazardous materials management, environmental compliance, and regulatory oversight. MacRitchie joined the firm in 2017 and advanced through progressive leadership roles after earning a Bachelor of Science degree in Occupational Safety, obtaining her Certified Safety Professional designation, and becoming a Certified First Aid/CPR/AED Instructor.

In her current role, MacRitchie oversees consulting operations and leads a team of environmental, health, and safety professionals providing services nationwide. She recently directed a large-scale safety inspection initiative for the General Services Administration that involved surveys at 65 federal facilities across multiple Midwestern states. According to the company, the project was completed ahead of schedule and contributed to additional inspection awards in other regions. Richard Barcum, CEO and President of Cardinal Compliance Consultants, stated that MacRitchie demonstrates leadership and technical expertise that support both the organization and its clients.

Cardinal Compliance Consultants provide first aid and CPR training through scheduled classroom sessions, onsite employer programs, and blended learning formats that combine online coursework with in-person skills evaluation. For employers, onsite instruction allows multiple team members to complete certification simultaneously while incorporating workplace-specific emergency considerations into the training process. This flexibility makes it easier for organizations with shift-based operations or multi-location facilities to coordinate training without disrupting daily productivity.

From a financial perspective, organizations frequently evaluate emergency response training as part of overall risk management planning. Workplace incidents can result in lost productivity, overtime coverage, workers' compensation exposure, and administrative follow-up. While training cannot eliminate all risk, documented preparation and certified personnel may contribute to improved internal response procedures and support broader compliance initiatives. Employers seeking workforce-based delivery models may review available corporate first aid and CPR training options designed to align with operational schedules.

Employers interested in scheduling onsite training for their teams or registering employees for the March 17 open enrollment session are encouraged to contact Cardinal Compliance Consultants directly. The company works with organizations of all sizes to coordinate scheduling, identify the appropriate number of participants,

and tailor the training experience to the specific environment and industry in which employees work.

Additional information about training programs is available at Cardinal Compliance Consultants provide first aid and CPR training.

About Cardinal Compliance Consultants

Cardinal Compliance Consultants is an Environmental, Health, and Safety consulting firm providing regulatory compliance support, onsite safety staffing, industrial hygiene services, training programs, and safety program development to organizations across the United States. The company works with employers across multiple industries to support workplace preparedness, regulatory alignment, and structured safety management systems.

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For more information about Cardinal Compliance Consultants, contact the company here:Cardinal Compliance ConsultantsNadia Tueros(419) 882-9224info@cardinalhs.net5353 Secor RdToledo, Ohio 43623United States

Cardinal Compliance Consultants

With 150+ years of combined experience, our team delivers tailored, comprehensive health and safety solutions for workplaces. We prioritize quality and sustainability, offering diverse expertise beyond a single specialty.

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