Teeth Whitening Wilmslow Private Dentist Dr Natasja Kashyap Recommends Treatments at The Croft Dental & Implant Practice

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The Croft Dental & Implant Practice has opened appointment slots for private patients interested in teeth whitening treatments. Dr Natasja Kashyap, Principal Dentist and practice Co-Owner, highlighted the provision of cosmetic dentistry options for individuals looking to address tooth discolouration or staining. Appointments are now available for those considering whether professional teeth whitening might suit their needs.

Teeth whitening is a cosmetic dental procedure that works to lighten the natural shade of teeth and reduce visible stains. The treatment uses a whitening agent applied to the tooth surface, breaking down discolouration to create a brighter appearance. Professional teeth whitening stands apart from over-the-counter products due to higher concentrations of active ingredients and supervision by the dental team. The procedure tackles various staining types caused by dietary choices, lifestyle factors, and the natural ageing process.

Staining typically builds up over time through regular intake of tea, coffee, red wine, and strongly pigmented foods. Tobacco use also leads to yellowing or darkening of tooth enamel. The practice noted that teeth whitening treatments work on these surface stains, though how much improvement occurs depends on what caused the discolouration and how deep it sits. Some people notice clear results following one treatment session, whilst others need several applications before reaching their target shade.

The Croft Dental & Implant Practice confirmed that teeth whitening is offered via two main routes: treatments carried out at the practice and at-home teeth whitening kits supervised by dental professionals. In-practice teeth whitening uses a concentrated gel applied to teeth, occasionally paired with a specialised light to speed up the process. Home whitening kits feature custom-fitted trays that sit over the teeth, accompanied by a gentler whitening gel that patients apply themselves across multiple days or weeks.

More about teeth whitening treatments can be seen at: https://www.croftdental.co.uk/dental-treatments/teeth-whitening/.

Dr Natasja Kashyap discussed teeth whitening and what patients should expect. "Professional teeth whitening delivers good results on natural tooth enamel, but patients need to grasp what's achievable and what isn't. Surface staining from food, beverages, and lifestyle choices responds well to teeth whitening, whilst deeper discolouration stemming from certain medications or changes inside the tooth won't shift as effectively. Results also hinge on the initial shade of teeth and how diligently patients follow any home treatment protocols. Thorough assessment before whitening helps set realistic expectations."

The Croft Dental & Implant Practice begins consultations by examining teeth and gums for any issues requiring attention before cosmetic work proceeds. Patients with cavities, gum disease, or enamel wear may need these conditions treated first, as whitening agents can trigger sensitivity in compromised teeth. The dental team reviews each patient's dental history and addresses concerns about sensitivity or previous reactions to dental products. During appointments, patients can raise questions about teeth whitening procedures and likely outcomes.

The dental team clarifies that teeth whitening affects only natural tooth enamel and leaves crowns, veneers, or fillings unchanged. Patients with existing dental work should think about whether these restorations will match their whitened teeth. Consultations cover this point to avoid unexpected results. The practice emphasised that teeth whitening doesn't suit everyone. Staining from particular medications or internal tooth damage frequently resists standard whitening treatments.

Readers curious about the range of dental treatments available at the practice can visit: https://www.croftdental.co.uk/.

The announcement forms part of the practice's wider dental care provision for patients in Wilmslow and neighbouring areas. The Croft Dental & Implant Practice delivers various treatments including routine examinations, dental hygiene appointments, fillings, root canal treatment, dental implants, orthodontic treatments, and cosmetic dentistry options. The practice operates privately, with treatment costs explained clearly during consultations. Each patient receives a treatment plan shaped by their particular needs and circumstances.

The release noted that teeth whitening consultation availability reflects continued patient interest in cosmetic improvements that accommodate daily schedules. Consultations enable the dental team to grasp patient goals and supply realistic information about achievable outcomes. Treatment plans get tailored to individual situations, factoring in tooth condition, patient budget, and expectations. Aftercare guidance follows any

cosmetic procedure to support lasting results.

The practice location details and route planning instructions are available at: https://gotothis.one/private-dentist-wilmslow.

The Croft Dental & Implant Practice confirmed that appointments are being scheduled for patients wanting to arrange a teeth whitening consultation with Dr Natasja Kashyap. The practice continues accepting private patients for cosmetic and general dental treatments.

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For more information about The Croft Dental & Implant Practice, contact the company here:The Croft Dental & Implant PracticeDr Nikhil Oberai+44-1625-523524dentist@croftdental.co.ukThe Croft Dental & Implant Practice, 64 Manchester Road, Wilmslow SK9 2JY

The Croft Dental & Implant Practice

Our dental practice boasts a reputation for exceptional dental care. Employing cutting-edge technology and drawing upon extensive clinical experience, our dental team provides from general dentistry to advanced implant and cosmetic procedures.

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