



## **Invisible Braces Pimlico Victoria London Teeth Straightening Dentist Dr Mori Shahid Suggests Invisalign at McKennell Dental Practice**

*March 05, 2026*

LONDON, UK - March 05, 2026 - PRESSADVANTAGE -

McKennell Dental Practice in Pimlico has confirmed the availability of consultations for patients considering invisible braces such as Invisalign, with teeth straightening dentist Dr Mori Shahid advising individuals in Victoria and the surrounding areas to seek professional assessment before beginning orthodontic treatment. The announcement reflects continued interest in discreet options for correcting alignment concerns among adult and younger patients.

Invisalign clear aligners are designed to gradually reposition teeth using a sequence of removable transparent trays. Each aligner is worn for a specified period before progressing to the next in the series, applying controlled pressure to guide teeth into improved alignment.

Details about Invisalign invisible braces at the Pimlico practice can be found at: <https://smile4u.co.uk/dentist-pimlico-london-victoria/teeth-straightening/invisalign-invisible-braces/>.

The consultation process begins with a clinical examination to determine whether clear aligners are suitable. The dentist assesses the position of the teeth, the bite relationship and overall oral health. Digital scans or impressions may be taken to assist with planning. During this stage, patients are informed about the expected duration of treatment and the level of commitment required, including the need to wear aligners for most of the day.

Dr Mori Shahid explained that clear aligners can offer a practical option for patients seeking a less noticeable approach to orthodontics. She stated: "For appropriately selected cases, clear aligners like Invisalign provide a controlled and efficient method of correcting mild to moderate alignment concerns. Because treatment is digitally planned from the outset, movements can be mapped with a high degree of accuracy. The effectiveness, however, relies on careful assessment and patient compliance, which is why consultation remains a crucial first step."

McKennell Dental Practice provides various teeth-straightening procedures, such as fixed braces when clinically necessary, in addition to invisible braces. When there are more complicated alignment or bite problems, fixed appliances might be advised.

Readers can find a summary of the teeth straightening procedures the practice offers at: <https://smile4u.co.uk/dentist-pimlico-london-victoria/teeth-straightening/>.

Fixed braces work by attaching brackets to the teeth and connecting them with wires that are adjusted over time. Unlike removable aligners, they remain in place throughout treatment. The dentist explains the differences between these options during consultation, outlining the advantages and limitations of each approach. Factors such as treatment time, maintenance and visibility are considered before a decision is made.

Consultations for orthodontic treatment generally include a discussion of the patient's concerns and desired outcomes. Some patients may be focused on crowding or spacing, while others are concerned about bite alignment. After reviewing clinical findings, the dentist sets out possible treatment routes and estimated timescales. Where appropriate, staged planning is discussed so that patients understand each step before proceeding.

The practice commented that early assessment can prevent minor alignment concerns from becoming more complicated over time. A structured consultation allows patients to weigh up their options with clear information rather than relying on general advice. The emphasis, she added, is on ensuring that any recommended treatment aligns with both oral health requirements and realistic expectations.

McKennell Dental Practice serves patients in Pimlico, Victoria and surrounding areas of London, providing general and preventative care alongside orthodontic treatment. The practice environment is arranged to allow time for discussion, and patients returning after a gap in attendance are encouraged to attend for review without concern.

Those curious about learning about the practice and its overarching approach to dentistry can visit: <https://smile4u.co.uk/dentist-pimlico-london-victoria/>.

The announcement confirms that consultations for Invisalign clear aligner treatment and other orthodontic options remain available. By combining clinical assessment with transparent explanation, McKennell Dental Practice aims to ensure that patients considering invisible braces receive guidance tailored to their individual circumstances, supporting informed decisions about teeth straightening in a structured and professional setting.

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## **McKennell Dental Practice**

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