

# Tamarind Gardens Homestay Expands Authentic Digana Homestay Experiences As Regenerative Tourism Grows

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Tamarind Gardens Homestay announces expanded programming for authentic cultural immersion experiences as regenerative tourism emerges as one of the fastest-growing segments in global travel, with the sustainable tourism sector projected to reach 11.39 trillion dollars by 2034.

The Digana Homestay, located in Sri Lanka's Central Province, has enhanced its Live Like a Local program to meet increasing demand from travelers seeking experiences that directly benefit local communities. The expansion comes as Sri Lanka recorded 2.36 million visitor arrivals in 2025, surpassing its previous record while gaining international recognition as a top destination from both Wanderlust readers and Lonely Planet.

Regenerative tourism represents a fundamental shift from traditional sustainability models, moving beyond minimizing environmental impact toward actively restoring ecosystems and strengthening local economies. Market research indicates the ecotourism subsector shows particularly strong momentum, with projections

indicating growth from 244.2 billion dollars in 2024 to 1.12 trillion dollars by 2035.

"Our guests participate in village life, learn traditional cooking methods from local families, and understand how their visit supports artisans and farming communities in the surrounding area," said Ayesha Perera, founder of Tamarind Gardens Homestay. "This creates experiences that visitors describe as transformative rather than transactional."

The family-run farmstay in Sri Lanka offers guests opportunities to engage with traditional dairy farming practices, participate in cheese-making processes, and learn about sustainable agricultural methods. The property's cozy chalets blend comfort with nature, providing accommodation that encourages disconnection from technology while fostering genuine connections with local culture.

Through partnerships with the Liya Diriya Women's Society and local artisans, Tamarind Gardens facilitates hands-on craft workshops where guests learn traditional Sri Lankan crafting skills. The homestay's commitment to social responsibility extends to supporting community events that serve hundreds of local villagers, demonstrating how tourism can create tangible positive outcomes for host communities.

The United Nations World Tourism Organisation has emphasized the role of regenerative tourism in meeting sustainable development goals, particularly those relating to decent work, reduced inequalities, and responsible consumption. This approach encompasses supporting sustainable farming practices, participating in environmental restoration efforts, and contributing directly to community welfare through accommodation choices.

Industry analysts note that millennial and Generation Z travelers are driving demand for community-based farmstay experiences in Sri Lanka, prioritizing social and environmental responsibility when selecting travel providers. Research indicates authentic local experiences have become a primary consideration for destination selection, with visitors increasingly drawn to off-the-beaten-path locations and community-run accommodation.

Tamarind Gardens Homestay operates in the heart of Digana, providing access to nearby destinations including Kandy and Nuwara Eliya while maintaining focus on local community engagement. The property's dairy farm produces milk, cheese, and cream used in home-cooked meals served to guests, exemplifying the farm-to-table approach that characterizes authentic homestay experiences.

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# Tamarind Gardens Homestay

*Authentic Sri Lankan farm-stay in Digana with Victoria Reservoir views. Cultural immersion experiences, farm-to-table dining, dairy farming, traditional crafts. Cozy chalets, village hospitality.*

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