



Lake Detox Announces New Lake Charles Location, Expanding Access to Addiction Treatment in Lake Charles

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Lake Detox has announced the opening of its new Lake Charles facility, expanding access to addiction treatment in Lake Charles and surrounding Southwest Louisiana communities. The new location increases the availability of confidential, evidence-based care for individuals seeking support for alcohol addiction, prescription drug misuse, and other substance use disorders.

"We are incredibly proud to bring addiction treatment to the Lake Charles community," said Eric Erchull, Director of Admissions & Marketing at Lake Detox. "This region deserves accessible, evidence-based care delivered with compassion and clinical integrity. Opening this location allows us to meet individuals closer to home and provide the support they need at a critical moment in their recovery journey."

Access to addiction treatment in Lake Charles allows many individuals to remain connected to their families, workplaces, and local support systems while receiving professional care. Proximity can play a significant role

in treatment engagement and long-term recovery outcomes. Receiving services locally may reduce barriers such as travel time, cost, and disruption to daily responsibilities. For some patients, remaining in a familiar environment strengthens accountability and continuity of care, while others may require different levels of support based on clinical assessment. The Lake Detox intake team evaluates each individual to determine the most appropriate treatment plan and setting.

Medical stabilization, commonly referred to as medical detox, is one of the core services offered at the Lake Charles facility. Withdrawal from alcohol, opioids, benzodiazepines, and other substances can be uncomfortable and, in some cases, medically dangerous without supervision. At Lake Detox Lake Charles, medical stabilization is conducted by licensed physicians, nurses, and addiction specialists. Each patient undergoes a comprehensive medical and clinical assessment that reviews substance use history, physical health, and any co-occurring mental health conditions. Based on this evaluation, a personalized stabilization plan is developed. Patients receive continuous monitoring of vital signs and symptoms, and FDA-approved medications may be used when clinically appropriate to manage discomfort and reduce risks. The length of detox varies depending on individual needs, but typically lasts several days.

In addition to medical stabilization, the Lake Charles location offers an intensive outpatient program (IOP) designed to provide structured, ongoing care. IOP is appropriate for individuals beginning addiction treatment or for those transitioning from higher levels of care. The program combines group therapy, individual counseling, and clinical oversight. Medication-assisted treatment may be incorporated when clinically indicated. Patients typically participate in 12 hours of therapy per week over a period of two to six months. The program is structured to provide accountability and therapeutic support while allowing participants to maintain work, school, or family commitments. Treatment plans are individualized to reflect each patient's clinical needs and long-term recovery goals.

The Lake Charles opening strengthens Lake Detox's presence across South Louisiana. In addition to Lake Charles, Lake Addiction Treatment operates facilities in Lafayette, Boutte, and Metairie. Leadership based in Lafayette brings decades of combined experience in healthcare and addiction treatment.

Lake Detox approaches addiction as a chronic brain disease that can be managed and kept in remission with appropriate medical and clinical care. Programs are designed to address the physical, emotional, and mental health components of substance use disorders, with treatment plans tailored to each individual.

Lake Detox Lake Charles is located at 2800 1st Ave, Suite D, Lake Charles, LA 70601, and can be reached at (866) 913-6547.

About Lake Detox:

Lake Detox provides confidential, evidence-based addiction treatment across South Louisiana. With locations in Lafayette, Metairie, Boutte, and Lake Charles, the organization offers medical stabilization and outpatient services designed to help individuals safely begin recovery and maintain long-term sobriety. Staffed by licensed physicians, nurses, and addiction professionals, Lake Detox delivers personalized treatment plans that address the clinical and medical components of substance use disorders.

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Lake Detox & Wellness Center

Lake Wellness Center operates multiple innovative facilities throughout South Louisiana. Members of Lake Wellness Center's clinical staff have years of experience in working with patients battling addiction.

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