



Complete Family Healthcare Recognizes 20 Years of Service from Founder and Chiropractor Dr. JJ Anthonijs in Alpharetta, GA

March 11, 2026

ALPHARETTA, GA - March 11, 2026 - PRESSADVANTAGE -

Complete Family Healthcare recognizes 20 years of chiropractic and wellness care from founder Dr. JJ Anthonijs in Alpharetta, GA. The practice, established on January 1, 2006, continues to draw from his training and experience in delivering chiropractic care to patients in the area.

Dr. JJ Anthonijs completed his undergraduate studies at the University of Wisconsin Stevens Point, earning a Bachelor of Science degree in 2000. He then enrolled at Palmer College of Chiropractic, graduating with a Doctorate of Chiropractic in January 2004. His training at Palmer included traditional hands-on methods, with particular emphasis on the Gonstead technique and extremity adjusting.

Following his graduation, Dr. Anthonijs owned and managed clinics in Wisconsin and Illinois. This experience in the Midwest allowed him to refine his approach to patient care across varied settings. In 2006, he relocated to Georgia and established Complete Family Healthcare in Alpharetta. Since that time, the practice has

maintained a focus on chiropractic solutions for conditions such as back pain, neck pain, headaches, muscular tightness, and spinal issues.

As a chiropractor in Alpharetta, GA, Dr. Anthonijs developed a blended technique involving full spine and extremity adjustments. This method accommodates patients of all ages and backgrounds. He is Webster certified and has applied this certification in care for women during pregnancy and their families. The combined experience of Dr. Anthonijs and associate Dr. Jarrod Wise exceeds 25 years.

The practice follows an ethical and logical approach to the clinical management of various health conditions. This method supports treatment without reliance on medications or surgical procedures. Patients receive care aligned with their specific conditions and wellness goals. A full evaluation occurs during the initial visit to determine the appropriate chiropractic plan.

Complete Family Healthcare offers resources to support ongoing patient education. A bi-weekly newsletter delivers articles on health topics, including stress reduction, disc conditions, the role of regular adjustments, impacts of auto accidents, combined therapies, guidance for selecting care providers, stretching methods, headache management, and signs that adjustments may be beneficial. These materials are available to subscribers, including those who are not current patients. Online forms enable patients to complete documentation prior to visits.

The practice received the 2015 Chiropractic Alpharetta Patients' Choice Award, verified by Opencare.com. This recognition reflects the selection process based on patient feedback within the local area.

Dr. Jarrod Wise serves as associate chiropractor at Complete Family Healthcare. His contributions emphasize natural health care and education. He holds the view that balance with nature and greater self-awareness contribute to overall well-being. The collaboration between Dr. Anthonijs and Dr. Wise supports consistent service delivery.

"Striving to achieve the most ethical and logical approach to clinical management of many different health care conditions that can be successfully treated without the use of medications and surgeries remains central to the work," said Dr. JJ Anthonijs, owner and chiropractor at Complete Family Healthcare.

"Natural health care combined with education helps patients address their conditions through informed choices," said Dr. Jarrod Wise, associate chiropractor at Complete Family Healthcare.

The initial consultation at Complete Family Healthcare includes an explanation of chiropractic principles along with a comprehensive assessment. Based on the evaluation, care plans address recovery from accidents or injuries, chronic spinal conditions, and general wellness objectives. The approach incorporates spinal

manipulation and adjustments to support function and pain relief.

Patient resources extend to a member wellness section that features animated exercise videos and additional articles once subscription is active. Referral opportunities allow individuals to share information with family members or acquaintances. The practice structure accommodates varied schedules through flexible appointment processes.

Over the years since its start in 2006, Complete Family Healthcare has applied Dr. Anthonijs's foundational training to community needs. His early career in the Midwest provided practical insights that informed the establishment of the Georgia location. The Webster certification has supported specialized care applications for prenatal and family health.

The blended adjustment technique draws directly from Gonstead principles and extremity methods learned at Palmer College. This integration enables targeted interventions for diverse demographics. The philosophy prioritizes non-invasive options for conditions that respond to spinal and extremity care.

Educational content in the newsletter covers a range of subjects drawn from clinical observations. Articles on disc conditions explain common issues and management strategies. Pieces on auto accident impacts outline typical effects on the spine and recommended responses. Headache relief discussions focus on potential chiropractic contributions. Stretching guidance provides practical techniques for daily use. Selection criteria for care providers highlight qualifications and experience factors.

The 2015 award verification through Opencare.com underscores external review of patient perspectives from that period. Such third-party processes rely on aggregated feedback within the chiropractic field in Alpharetta. The practice maintains its commitment to the standards that led to the recognition.

Dr. Anthonijs's path from undergraduate completion in 2000 through doctoral training and Midwest practice ownership illustrates a progression in hands-on chiropractic methods. Relocation in 2006 marked the beginning of service in Georgia under the Complete Family Healthcare name. Associate involvement with Dr. Wise has extended the total expertise available.

Complete Family Healthcare operates as a chiropractic facility dedicated to addressing back pain, neck pain, headaches, muscular tightness, spinal conditions, and wellness goals. The practice provides customized evaluations and adjustment-based care for individuals seeking non-medication and non-surgical options. Services focus on recovery, pain management, and functional improvement through established chiropractic techniques.

###

For more information about Complete Family Healthcare, contact the company here: Complete Family Healthcare Dr. JJ Anthonijs +17707723500 completefamilyhealthcare@gmail.com 11525 Haynes Bridge Rd #120 Alpharetta, GA 30009

Complete Family Healthcare

Dr. JJ Anthonijs and Dr. Jarrod Wise bring 25+ years of combined experience and are in network with most health and auto insurance plans in Georgia. They help patients reach their health goals with or without filing insurance claims.

Website: <https://completefamily.net>

Email: completefamilyhealthcare@gmail.com

Phone: +17707723500



Powered by PressAdvantage.com