



Berks Plastic Surgery Offers Advanced Preservé Breast Augmentation Technique for Enhanced Patient Outcomes

July 13, 2026

July 13, 2026 -

Berks Plastic Surgery has expanded its surgical offerings to include the Preservé breast augmentation technique, an advanced minimally invasive approach that represents a significant evolution in cosmetic breast surgery. The specialized technique, developed by Motiva, utilizes precision instruments and smaller incisions to achieve natural-looking results while preserving more of the patient's natural breast tissue and sensation. Preservé is particularly well suited to patients seeking modestly-sized implants and a subtle, proportionate enhancement, an approach sometimes referred to as a "ballerina breast augmentation."

The Preservé method focuses on minimizing tissue disruption during surgery, which helps maintain the breast's natural structure and sensation while creating space for implant placement. This approach allows surgeons to work with precision, protecting important anatomical structures, including chest muscles and nerve pathways that contribute to natural breast function and feeling.

Dr. Brian K. Reedy, a board-certified plastic surgeon at Berks Plastic Surgery in Wyomissing, Pennsylvania, was selected as one of fewer than 100 surgeons nationwide to receive specialized training in this innovative

surgical method. The technique marks a departure from traditional breast augmentation approaches by employing incisions typically under three centimeters; lengthier incisions are typically required in conventional breast augmentation procedures.

“The introduction of the Preservé technique represents a meaningful advancement in how we approach breast augmentation surgery,” stated Dr. Brian K. Reedy. “By utilizing smaller incisions and specialized instruments, we can achieve excellent aesthetic outcomes while significantly reducing the impact on surrounding tissues. This translates to faster recovery times and better preservation of natural breast sensation for our patients.”

The technique is specifically designed to work with Motiva's SmoothSilk Ergonomix breast implants, which feature proprietary technologies aimed at improving biocompatibility and reducing potential complications. These advanced implants, combined with the Preservé surgical approach, offer patients enhanced safety monitoring capabilities and natural movement characteristics that closely mimic natural breast tissue.

Patients undergoing breast augmentation with the Preservé technique typically experience reduced post-operative discomfort and shorter recovery periods compared to traditional methods. The less invasive nature of the procedure leads to reduced trauma to the body, allowing many patients to return to their normal activities more quickly while achieving their desired aesthetic goals.

The adoption of this technique at Berks Plastic Surgery reflects broader trends in plastic surgery toward less invasive procedures that prioritize patient experience and natural-looking results. As surgical techniques continue to evolve, the focus has shifted toward methods that can deliver excellent outcomes while minimizing recovery time and impact.

Dr. Reedy brings over 25 years of experience in advanced cosmetic breast procedures to his practice of the Preservé technique. His expertise in breast surgery has earned recognition from Newsweek magazine, which named him one of America's Best Plastic Surgeons for breast augmentation.

Berks Plastic Surgery, established in the Reading, Pennsylvania area, provides comprehensive cosmetic plastic surgery services. The practice, led by the award-winning plastic surgeon, offers both surgical and non-surgical aesthetic treatments as well as dermatology care, maintaining a commitment to incorporating advanced techniques and technologies that enhance patient care and surgical outcomes.

###

For more information about Berks Plastic Surgery, contact the company here: [Berks Plastic Surgery](mailto:brianna@berksplasticsurgery.com) Dr. Brian K. Reedy (610) 320-0200 brianna@berksplasticsurgery.com 50 Commerce Dr., Wyomissing, PA, 19610

Berks Plastic Surgery

At Berks Plastic Surgery, board-certified plastic surgeons Dr. Brian K. Reedy and Dr. Scott C. Lindsay provide plastic surgery, cosmetic treatments, and dermatology services to the Allentown, Reading, Harrisburg, and Philadelphia areas of Pennsylvania.

Website: <https://www.berksplasticsurgery.com/>

Email: brianna@berksplasticsurgery.com

Phone: (610) 320-0200

