McClellan Family Chiropractic Engages Community Through Health and Wellness Events Throughout Etowah County, AL

March 16, 2026

RAINBOW CITY, AL - March 16, 2026 -
McClellan Family Chiropractic has expanded its community outreach by participating in local health and wellness events across Etowah County, AL. The practice, directed by Drs. Mike and Leslie McClellan, conducts spinal screenings and massage sessions at various venues, including markets and ranches, to promote health awareness among residents.

One such event occurred at the Spring Vendor Market at The Venue at Coosa Landing in Gadsden, where the clinic provided spinal screenings to attendees. This activity allowed individuals to receive assessments of their spinal alignment in a public setting within Etowah County.

Another initiative took place at Big Oak Boys Ranch outside Gadsden, offering massage events for staff members. The session focused on relaxation techniques and demonstrated the role of therapeutic massage in daily wellness routines.

The clinic also extended services to Smeltzer Education Center at 319 Padenreich Avenue in Gadsden, conducting a massage event for educators. This effort supported staff health in an educational environment located in Etowah County.

Further involvement included a similar massage event at Gadsden Regional Medical Center at 1007 Goodyear Avenue in Gadsden. The activity contributed to healthcare worker well-being within the county's medical community.

Participation in Peacefest at Tigers for Tomorrow in Attalla provided another platform for health education. The event, held in Etowah County, allowed the clinic to engage with attendees on wellness topics.

These activities complement the practice's health talks and postural screenings offered to workplaces, schools, and organizations throughout the area. Sessions address injury prevention and physical maintenance strategies.

A wellness workshop titled "7 Secrets to Living a Longer & Healthier Life ? Things Medicine Won't Tell You" was hosted in Rainbow City. The event drew community members interested in long-term health approaches.

The clinic organized a Ladies Night Event at its Rainbow City location, facilitating discussions on health services in a casual atmosphere.

These efforts reflect the philosophy of The 100 Year Lifestyle, which guides the practice in promoting sustained wellness. Community participation extends chiropractic principles to broader audiences in Etowah County.

Drs. Mike and Leslie McClellan lead these initiatives with their backgrounds in chiropractic care. Dr. Mike McClellan graduated with a Doctor of Chiropractic degree from Life University in 1986 and has focused on spinal biomechanics and injury treatments.

Dr. Leslie McClellan, who earned her Doctor of Chiropractic degree from Life University in 1995, joined the practice in 1996. Her expertise includes pediatric care and family wellness.

The supporting team features experienced chiropractors. Dr. Dan McClellan has treated patients for 32 years, covering diverse age groups. Dr. Joshua Taylor emphasizes pain management, while Dr. Clayton Koon and Dr. Alex Randolph contribute recent training insights.

Collaborations with the Etowah Chamber enhance these outreach efforts. The chamber's events provide additional opportunities for health promotion in the county.

Holiday communications from the clinic highlight health as a priority, shared via social media to reach residents in Gadsden and surrounding areas.

As a chiropractor in Etowah County, AL, the practice treats conditions such as back pain, neck pain, headaches, and sciatica using adjustments and decompression methods.

Educational content covers brain health stages, weight loss impacts, and backache causes, distributed to inform the local population.

Dr. Mike McClellan stated, "Events at locations like Big Oak Boys Ranch and Gadsden Regional Medical Center enable direct engagement with community members on spinal health matters."

Dr. Leslie McClellan added, "Screenings at venues such as the Spring Vendor Market in Gadsden and Peacefest in Attalla help demonstrate preventive care techniques to families."

The practice's foundation dates to 1986, with ongoing adaptations to meet community needs in Rainbow City and beyond.

Chiropractors undergo extensive training, including over 4,200 hours of study, to deliver informed care at these events.

Individualized approaches ensure that services at Smeltzer Education Center or other sites address specific participant needs.

These community activities align with preventive healthcare trends, contributing to lower injury occurrences in Etowah County.

Future plans include additional events responsive to local demands, maintaining the clinic's role in area wellness.

Social media updates detail these participations, encouraging further community involvement in Gadsden and Attalla.

McClellan Family Chiropractic is a chiropractic practice in Rainbow City, AL, established by Dr. Mike McClellan in 1986 and expanded with Dr. Leslie McClellan in 1996. It focuses on family and performance care through The 100 Year Lifestyle framework. The clinic address

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McClellan Family Chiropractic

McClellan Family Chiropractic provides quality chiropractic care in Rainbow City and the surrounding areas while teaching The 100 Year Lifestyle principles of optimum health, longevity, and wellness.

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