

Restoration Health Chiropractic Highlights Lead Doctor Dr. Keith Beachy's Professional Journey

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Restoration Health Chiropractic has highlighted the professional path of Lead Doctor Dr. Keith Beachy, tracing his shift from interests in orthopedic surgery to specialization in chiropractic and functional medicine. This examination details his background and contributions to the practice's care methods.

Dr. Keith Beachy holds the position of Lead Doctor at Restoration Health Chiropractic. He possesses board certification in chiropractic and functional medicine, along with certification in neuropathy. His education consists of a bachelor's degree in exercise science from the University of Arkansas and a doctor of chiropractic degree from Parker University in Dallas.

Raised in Fort Smith, Arkansas, as the son of a medical doctor, Dr. Beachy showed early interest in medicine. A high school football injury involving a shoulder dislocation and subsequent surgery directed his initial focus toward orthopedic surgery.

After earning his bachelor's degree, Dr. Beachy worked in an office integrating physical therapists, chiropractors, nurses, and doctors. This setting introduced him to holistic chiropractic practices. He noted cases where these methods supported natural healing, reducing reliance on surgery or medications.

These insights led Dr. Beachy to pursue chiropractic. He identified the field as matching his purpose, emphasizing identification of health issue origins over symptom management.

As a chiropractor in Little Rock, Dr. Beachy utilizes Chiropractic Biophysics at Restoration Health Chiropractic. This technique relies on studies in anatomy, physiology, neurology, physics, and geometry.

The practice conducts initial visits with consultations, spinal exams including palpation, range of motion checks, posture analysis, orthopedic and neurological tests, and motion X-rays. These inform treatment plans.

Restoration Health Chiropractic addresses conditions such as back pain, neck pain, headaches, and joint issues through its services. Approaches include full spine techniques and patient education.

Dr. Beachy's functional medicine certification involves lifestyle and nutrition for root causes. Neuropathy certification addresses nerve conditions. Research indicates functional medicine may help with chronic conditions through personalized plans.

In personal activities, Dr. Beachy engages in outdoors pursuits, exercise, cooking, and time with his wife Abby and dogs Sonny and Ziggy. He supports University of Arkansas sports.

Dr. Michael Butler, Owner and Chief Vision Officer at Restoration Health Chiropractic, said, "Dr. Keith Beachy's exercise science background and move to chiropractic inform the practice's holistic health methods."

The practice team includes doctors with varied skills. Dr. Sarah Gruver has kinesiology training and certifications in exercise and yoga. Dr. Riley Smith focuses on strength conditioning and sports. Dr. Josh Reeves handles upper cervical, pediatric, pregnancy, and biomechanics areas. Jerod Wheeler applies exercise science to healing.

Ownership comprises Dr. Michael Butler as Chief Vision Officer and Molly Butler as Chief Culture Officer. Staff manage operational roles.

Dr. Keith Beachy, Lead Doctor at Restoration Health Chiropractic, said, "Integrated office experiences demonstrated natural healing potential, shaping root cause focus in care."

Restoration Health Chiropractic provides neurologically-based corrective care, incorporating pediatric and maternal specialties.

This highlight aligns with integrative health developments. American Chiropractic Association data shows chiropractors treat over 35 million Americans yearly.

Restoration Health Chiropractic supports community health via chiropractic. Emphasis rests on natural wellness. They also share health and wellness resources on their website's blog.

Dr. Beachy's exercise science foundation influences techniques. His career change reflects healing capacity recognition.

The practice environment aids patient care. Team efforts maintain health focus.

This feature demonstrates staff development. Dr. Beachy's credentials support protocols.

Restoration Health Chiropractic offers diagnostic and intervention services.
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Restoration Health Chiropractic

Our passion at Restoration Health is helping you achieve your health goals through chiropractic care, wellness-focused treatments, and cutting-edge therapies.

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