Kalos Medical Spa Welcomes Ashley Tinley as Aesthetic and Wellness Specialist

July 28, 2026

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Kalos Medical Spa at Kirby Plastic Surgery has announced the addition of Ashley Tinley, PA-C, to its clinical team as an Aesthetic Medicine and Laser Specialist. Tinley brings extensive experience in advanced aesthetic services to the Fort Worth-based practice under the medical supervision of board-certified plastic surgeon Dr. Emily J. Kirby.

Tinley, a physician assistant with specialized training in aesthetic medicine, joins the practice after successfully establishing and leading her own aesthetic and skincare practice in Fort Worth for many years. Her transition to a physician-integrated medical spa model represents a strategic professional evolution that enhances the comprehensive care available to patients seeking non-surgical aesthetic treatments. It also gives her patients access to coordinated surgical consultation through Dr. Kirby's practice, allowing for a more seamless transition should their goals extend beyond non-surgical care.

"Adding Ashley Tinley to our clinical team strengthens our ability to deliver comprehensive aesthetic care

within a physician-supervised environment," said Dr. Kirby. "Her established expertise combined with our integrated medical model creates an elevated standard of care that benefits patients seeking both safety and exceptional results in their aesthetic treatments."

The experienced practitioner brings proficiency in multiple treatment modalities including injectables, laser treatments, skin rejuvenation procedures, hair restoration, and chemical peels. Her dermatology background also includes skin care services such as acne management and routine skin cancer screenings, giving her a well-rounded clinical perspective on both the health and appearance of skin. Her clinical background spans both traditional medical settings and specialized aesthetic practices, having completed her education at Clemson University and the Medical College of Georgia.

The integrated physician approach at Kalos Medical Spa allows for expanded treatment protocols and enhanced patient safety measures, while maintaining the personalized care and service that patients expect from aesthetic institutions.

Tinley's addition to the team comes at a time when demand for both skin health services and non-surgical aesthetic care continues to grow across North Texas. Her dual background positions the practice to serve patients seeking routine skin health management as well as those pursuing advanced rejuvenation, with a clear path to surgical consultation available when appropriate.

The scope of services Tinley will provide includes advanced injection techniques for neuromodulators and dermal fillers, high-intensity focused electromagnetic energy and radiofrequency treatments, a full range of laser skin treatments, including ablative laser resurfacing, radiofrequency microneedling, routine skin health surveillance, and customized skin rejuvenation protocols. Her expertise enhances the practice's capabilities in addressing complex aesthetic concerns that benefit from a multi-modal approach.

Patients following Tinley from her previous practice will now have access to the expanded resources and treatment options available through the physician-led medical spa environment, including combination therapies that integrate both surgical and non-surgical approaches when appropriate.

Kalos Medical Spa operates as the non-surgical division of Kirby Plastic Surgery, offering aesthetic and skin services ranging from preventative skincare to advanced rejuvenation procedures. The practice provides treatments for face and skin concerns and body contouring. The medical spa maintains a focus on evidence-based treatments utilizing FDA-approved products and established techniques, with all procedures performed under physician supervision, all in one facility, for optimal safety and efficacy.

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For more information about Kalos Medical Spa, contact the company here:Kalos Medical SpaRandol Kirby817.292.4200info@kirbyplasticsurgery.com5075 Edwards Ranch Rd, Fort Worth, TX 76109

Kalos Medical Spa

Kalos Medical Spa?s aesthetic specialists offer non-surgical treatments, including Botox® and dermal filler, in a spa-like setting. Kalos is overseen by Board Certified Plastic Surgeon Dr. Emily Kirby and located within Kirby Plastic Surgery.

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