



Advanced Health & Education Announces New Management and Renewed Focus on Mental Health Services

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Advanced Health & Education, a Joint Commission-accredited mental health and dual diagnosis treatment center, announces its transition to new management with a strengthened commitment to comprehensive primary mental health services. The facility, which provides evidence-based treatment for adults struggling with serious mental health conditions and substance use disorders, has implemented an expanded clinical vision designed to address the growing need for specialized mental health care.

The new management team brings a renewed focus on treating mental health as a primary condition, recognizing that many individuals require dedicated support for conditions such as anxiety, depression, bipolar disorder, post-traumatic stress disorder, and other serious mental health challenges. This strategic shift enables the facility to serve a broader population of individuals seeking treatment for mental health conditions, whether or not they have co-occurring substance use concerns.

"Under new management, we are placing a stronger emphasis on comprehensive mental health care as a standalone need, not just as part of addiction treatment," says a representative from Advanced Health & Education. "Many individuals require focused support for conditions like anxiety, depression, and trauma, and our goal is to provide a setting where those needs are addressed with clinical depth and compassion. This direction allows us to better serve a broader range of individuals seeking meaningful, lasting change."

Advanced Health & Education's programs continue to offer both primary mental health treatment and dual diagnosis treatment options. The primary mental health treatment program specifically addresses individuals whose main challenges involve mental health and emotional functioning, while the dual diagnosis program simultaneously treats both mental health symptoms and substance use concerns. Each treatment plan is individually tailored to address the specific challenges that most significantly impact a client's quality of life.

The facility maintains its comprehensive approach to treatment through thirteen evidence-based therapeutic modalities, including cognitive behavioral therapy, dialectical behavior therapy, eye movement desensitization and reprocessing, family therapy, and mindfulness-based therapy. The clinical team, with decades of combined experience in psychiatric care and trauma-informed treatment, matches therapeutic approaches to each client's unique needs based on symptoms, preferences, readiness for change, and treatment history.

The transition to new management represents a significant development for mental health services in NJ, as the facility expands its capacity to address the complex mental health needs of the community. By strengthening its primary mental health services while maintaining its dual diagnosis expertise, Advanced Health & Education positions itself to meet the diverse treatment needs of adults throughout the region.

Advanced Health & Education in Eatontown, NJ, treats a wide range of conditions, including adjustment disorders, anxiety, autism spectrum disorder with co-occurring mental health conditions, bipolar disorder, borderline personality disorder, depression, obsessive-compulsive disorder, post-traumatic stress disorder, schizophrenia and schizoaffective disorder, and substance use disorders. The facility accepts most major insurance plans and offers both inpatient and outpatient options for a full continuum of care in a private, supportive setting.

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For more information about Advanced Health & Education, contact the company here: Advanced Health & Education Dennis Ryan (844) 302 - 8605 admissions@advhealth.com 3 Corbett Way, Eatontown, NJ 07724

Advanced Health & Education

Advanced Health and Education is a mental health and dual-diagnosis treatment center in Eatontown, NJ. We offer inpatient and outpatient care for adults across New Jersey, providing compassionate, evidence-based treatment in a private, supportive setting.

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