



Alamo Mobile Chiropractic Spotlights Founder Dr. Jonathan Todd, Serving San Antonio and Surrounding Counties

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Alamo Mobile Chiropractic offers mobile chiropractic services led by Dr. Jonathan Todd, a San Antonio native providing care throughout the region. The practice delivers treatment directly to patients' locations. Dr. Todd serves as a mobile chiropractor for Bexar, Comal, Guadalupe, and Wilson counties to enhance accessibility for individuals who prefer or require in-home or on-site care.

Dr. Jonathan Todd, founder of Alamo Mobile Chiropractic, graduated from Judson High School in San Antonio in the class of 2000. Before entering chiropractic, he worked as a martial arts instructor and spent nearly 10 years as a massage therapist. He completed his chiropractic education at Parker University in Dallas, Texas, and returned to San Antonio to establish the practice in October 2018. The founding focused on delivering chiropractic services in a convenient format. Dr. Jonathan Todd, founder of Alamo Mobile Chiropractic, said, "My goal was to make chiropractic more accessible by bringing natural, effective healthcare directly to patients."

The practice provides chiropractic adjustments as a core service. These manual techniques address spinal

misalignments to support overall body function. Treatment plans are customized for each patient, taking into account age, occupation, sports participation, and specific needs. Plans typically include elements such as light stretching, exercise recommendations, adjustments, and nutritional guidance. Services extend to general family care, accommodating individuals across different life stages.

Specialized options include care for expectant and new mothers through a conservative and gentle approach. This method addresses physical stresses associated with pregnancy without the use of medications. Dry needling is offered in compliance with state regulations, targeting muscle areas to manage pain and movement limitations. Soft tissue therapy forms part of the available techniques.

Shockwave therapy is included among the modalities. This non-invasive procedure applies acoustic waves to affected musculoskeletal areas. Research, including systematic reviews, has examined its application in conditions such as plantar fasciitis and calcific tendinitis, with evidence indicating potential benefits in select cases, though results vary by condition and dosage.

The practice manages a variety of musculoskeletal concerns. These encompass back pain, neck pain, shoulder pain, headaches, sports injuries to areas like the neck, back, shoulders, knees, and ankles, auto-related injuries, knee pain including osteoarthritis, sciatica with leg radiation, vertigo, and degenerative disc disease. Neuropathy symptoms such as tingling, burning, spasms, and mobility challenges are also addressed. The approach emphasizes early intervention to support function and prevent progression of issues.

Periodic adjustments are suggested based on individual factors, with frequency determined by lifestyle and goals. Complementary recommendations involve diet, activity levels, and preparation for physical efforts. The mobile model equips Dr. Todd to bring necessary tools to the patient's setting, maintaining a professional environment for consistent care. The spine's role in body mechanics receives emphasis, as misalignments may influence various areas.

Dr. Jonathan Todd explained, "The spine is an important and integral part of your body, and any misalignments in your backbone have the potential to affect many different parts of your body, sometimes areas that may seem completely unrelated."

Coverage includes San Antonio and Bexar County, along with surrounding communities such as Alamo Heights, Converse, Schertz, Cibolo, Floresville, Alamo Ranch, Adkins, Castle Hills, Bulverde, Fair Oaks Ranch, La Vernia, Helotes, and other nearby locations. This arrangement supports ongoing care for families and individuals by removing travel barriers.

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Alamo Mobile Chiropractic, established in 2018 by Dr. Jonathan Todd, operates as a mobile chiropractic practice committed to providing personalized care across the greater San Antonio area and adjacent counties.

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For more information about Alamo Mobile Chiropractic, contact the company here: Alamo Mobile Chiropractic Dr. Jonathan Todd (210) 624-7770 doctor.alamomobile@gmail.com

Alamo Mobile Chiropractic

In October of 2018 I opened Alamo Mobile Chiropractic with the goal in mind of making chiropractic more accessible by bringing natural, effective healthcare directly to my patients at a price that is affordable.

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