

Universal Wellness Roscoe Village Highlights Founder Dr. John Reuter?s Journey into Chiropractic Care in Chicago

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Universal Wellness Roscoe Village has spotlighted the personal journey of its founder Dr. John Reuter DC who established the clinic based on transformative experiences with chiropractic care during his adolescence.

Dr. Reuter a native of the Chicagoland area grew up facing severe allergies along with symptoms of ADD and ADHD. At age 13 he received allergy shots three times per week and took prescribed medication including Adderall. The introduction of consistent chiropractic care marked a turning point as his allergies substantially decreased his focus improved dramatically and he no longer required the shots or medication. This change prompted him to pursue a career in chiropractic with the aim of helping others achieve similar outcomes through natural methods.

Dr. Reuter completed his undergraduate studies in kinesiology and pre-chiropractic at the University of

Wisconsin-Eau Claire. He then earned his Doctor of Chiropractic degree from Life University in Georgia. After completing his education he returned to the Chicago area and founded Universal Wellness Roscoe Village in October 2021. The practice operates in the Roscoe Village neighborhood serving residents of Chicago and surrounding communities with a focus on family-oriented natural corrective care.

The clinic provides chiropractic adjustments that target spinal misalignments to relieve pain restore function and facilitate the body's natural healing processes. Services address conditions such as back pain neck pain headaches sciatica and sports injuries. Additional support includes posture correction immune system enhancement energy improvement and preventive wellness measures. SoftWave Therapy serves as a complementary modality in treatment plans.

As a chiropractor in Chicago, Dr. Reuter develops individualized plans for patients of all ages. The approach emphasizes education on spinal health and empowerment so individuals can make informed decisions about their well-being. Team members contribute to assessments treatment delivery and patient support creating a consistent environment for care.

Dr. John Reuter DC founder and chiropractor at Universal Wellness Roscoe Village reflected on the origins of his professional direction. "The transformation experienced as a teenager showed how addressing spinal alignment can lead to significant improvements in health and daily function" said Dr. Reuter. "This experience continues to guide the development of care strategies tailored to each patient's unique circumstances."

Jasmine Cervantes office manager at Universal Wellness Roscoe Village noted the influence of Dr. Reuter's background on clinic operations. "Dr. Reuter's personal history shapes the emphasis placed on building trust through clear communication and supportive interactions with patients" said Cervantes.

The team includes Bryan a SoftWave technician with a background in kinesiology and certifications in personal training and X-ray technology; Litzy Gomez a chiropractic assistant holding a degree in integrated health studies and pursuing further education in health information management; and Peggy an events assistant who coordinates community outreach. These roles support patient education accurate documentation and participation in local events focused on spinal health awareness.

Universal Wellness Roscoe Village maintains a commitment to non-invasive techniques that prioritize root causes over symptom management. Initial consultations involve thorough evaluations followed by customized recommendations aligned with patient goals. Progress receives ongoing monitoring with adjustments as needed.

Dr. Reuter's kinesiology training informs the clinic's attention to movement and posture. His doctoral education at Life University reinforced principles of holistic care that underpin the practice's protocols. As

founder he remains directly engaged in patient care and oversight to preserve the vision set at the clinic's inception.

The practice engages with the community through selected events where information on chiropractic principles and preventive health is shared. These activities provide opportunities for Chicago residents to explore options for managing musculoskeletal concerns naturally.

Universal Wellness Roscoe Village addresses the needs of individuals and families by integrating corrective chiropractic methods with supportive therapies. The clinic avoids medications and invasive interventions concentrating on spinal realignment and related approaches. Patient involvement occurs through education and active participation in wellness planning.

Founded on the principle that chiropractic care can foster lasting improvements Dr. Reuter's path from patient to practitioner defines the clinic's direction. Universal Wellness Roscoe Village serves as a resource for those pursuing non-invasive health management in response to contemporary lifestyle factors.

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Universal Wellness Roscoe Village

Whether you?re seeking relief from chronic pain, recovering from an injury, or simply looking to maintain a healthy lifestyle, our team at Universal Wellness Roscoe Village is here to help you every step of the way.

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