

Pediatric Eye Specialists Marks More Than a Decade of Pediatric Optometry Care by R. Trey Paschal, OD

September 08, 2026

Fort Worth, Texas - September 08, 2026 -

Pediatric Eye Specialists, a pediatric ophthalmology practice located in Fort Worth, Texas, is marking more than a decade of clinical service by pediatric optometrist R. Trey Paschal, OD, who joined the practice in 2012. Dr. Paschal is one of three therapeutic optometrists on a clinical team that also includes four fellowship-trained, board-certified pediatric ophthalmologists. His training, clinical focus, and the conditions he manages are documented in the practice's provider profile, "R. Trey Paschal | Pediatric Optometrist."

Dr. Paschal diagnoses and manages a range of pediatric vision conditions and ocular disease at the Fort Worth office, including amblyopia (lazy eye), high refractive errors, accommodative esotropia (a form of inwardly crossed eyes associated with focusing difficulty), staphylococcal marginal disease, allergic conjunctivitis, keratoconus (a progressive thinning of the cornea), dry eye, and contact lens related infections. He earned his Doctor of Optometry degree from the University of Houston College of Optometry in 2008 and has practiced in Texas since that year. He also holds a degree in biochemistry from the University of Tulsa. Dr. Paschal was born in Cambridge, England, where his family lived while his father completed an advanced degree, and spent most of his childhood in Texas.

Comprehensive pediatric eye exams, eyeglass prescriptions, and contact lens fittings are provided by the optometric team at the practice's offices in Fort Worth, Keller, Mansfield, and Prosper. A pediatric eye exam at the practice includes visual acuity testing using age-appropriate methods and an assessment of eye alignment. Conditions treated across the practice include strabismus (crossed eyes), congenital cataracts, retinopathy of prematurity, ptosis (droopy eyelid), nystagmus, and pediatric glaucoma. Under the practice's clinical model, routine and preventive care is handled by the therapeutic optometrists, and cases that call for medical or surgical treatment are referred to the pediatric ophthalmologists within the same practice. The other therapeutic optometrists on the team are Dr. Alicia Derry, OD, who has more than 20 years of experience and has taken part in clinical amblyopia research, and Dr. Emily Horn, OD, who serves as principal investigator for digital amblyopia treatment studies. Specialty contact lens fitting is among the services Dr. Paschal provides at the Fort Worth office. That work includes pediatric soft contact lenses for infants and advanced contact lens designs for patients with corneal disorders, including keratoconus, that

require lenses beyond standard options. The office also houses Special Eyes Optical, an in-house optical shop stocking more than 500 frames for children, for patients whose treatment plans call for eyeglasses. Patients travel to the practice from surrounding communities including Arlington, Benbrook, and Burleson.

Dr. Eric A. Packwood, MD, MBA, board-certified pediatric ophthalmologist and founding partner of Pediatric Eye Specialists, described the role optometry plays within the practice. "Trey has been part of our clinical team since 2012, and his work in specialty contact lens fitting covers pediatric cases that standard lens fittings do not address," said Dr. Packwood. "Having that experience in the same practice as our pediatric ophthalmologists means a child who needs a specialty lens fitting and a child who needs surgery are seen by clinicians who work alongside one another every day." Dr. Packwood completed a fellowship in pediatric ophthalmology at Washington University in St. Louis and serves as Administrative Director of Ophthalmology at Cook Children's Medical Center. The practice's pediatric ophthalmologists also include Dr. Alan A. Norman, MD, Medical Director of Ophthalmology at Cook Children's, who co-founded the practice with Dr. Packwood in 2002, and Dr. Michael G. Hunt, MD, Research and Education Director of Ophthalmology at Cook Children's.

Pediatric Eye Specialists is located at 321 S Henderson St, Fort Worth, TX 76104, near Cook Children's Medical Center, where the practice's surgical procedures are performed. The Fort Worth office is open Monday through Friday from 7:00 a.m. to 4:00 p.m. and can be reached at (817) 529-9949. Driving directions to the office are available through Google Maps. The practice also operates offices in Keller, Mansfield, and Prosper, with the Prosper office open on Friday mornings.

Pediatric Eye Specialists was founded in 2002 and provides pediatric eye care that includes comprehensive pediatric eye exams, amblyopia treatment, strabismus treatment, and specialty contact lens fitting at its Fort Worth, Texas office. All surgical procedures are performed at Cook Children's Medical Center, and the practice accepts Medicaid. The practice also partners with the Child Vision Center, a non-profit organization, and Dr. Packwood serves as its president. Additional information about Dr. Paschal and the practice's optometric and ophthalmologic services is available at www.pedieyes.com. Pediatric Eye Specialists intends to continue publishing provider profiles and patient education material covering its clinical team and the conditions treated at its offices.

###

For more information about Pediatric Eye Specialists, contact the company here:[Pediatric Eye SpecialistsDawn Lambinfo@pediatriceyespecialists.com](mailto:Dawn.Lambinfo@pediatriceyespecialists.com)
Pediatric Eye Specialists
321 S Henderson St.
Fort Worth, TX 76104

Pediatric Eye Specialists

Pediatric Eye Specialists is the most experienced and specialized pediatric practice in the region, offering elite eye care so your child sees their brightest future.

Website: <https://www.pedieyes.com/>

Email: info@pediatriceyespecialists.com