



# NEW DAWN TREATMENT CENTERS

## **Lathrop Residential Addiction Treatment Home Now Open to Serve Californians**

*March 30, 2026*

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New Dawn Treatment Centers has officially opened its new residential treatment home in Lathrop, expanding access to trauma-informed, luxury addiction care for adults across California's Central Valley and Bay Area. The program is designed for those living with alcohol or drug addiction, including opioids like fentanyl, who need a safe, private place to step away from day-to-day pressures and focus fully on recovery.

The opening comes at a time when an estimated 4.8 million Californians aged 12 and older are living with a substance use disorder each year. For many, that struggle includes cravings, withdrawal, hangovers, and growing feelings of shame, anxiety, or depression that can be hard to talk about at home or work. New Dawn's Lathrop residential program offers a structured, medically supported setting where those challenges can be addressed with dignity and compassion instead of secrecy and isolation.

Unlike large, hospital-like facilities, the Lathrop home is intentionally small and serene, with a relaxed, private, home-like atmosphere. Clients stay in luxury accommodations, including private rooms with ensuite bathrooms, so they can rest, reset, and participate fully in treatment without feeling exposed or overcrowded. Clients repeatedly highlight the caring staff and the variety of programming as core strengths, noting that the

environment makes it easier to be honest, to participate, and to find a path that feels realistic instead of one-size-fits-all.

The new Lathrop location offers a full residential level of care and onsite medical detox, allowing clients to begin withdrawal in a quiet, supportive setting rather than an emergency room. Full-time onsite nursing staff monitor symptoms, coordinate medications as needed, and work closely with medical providers to ensure detox is as safe and comfortable as possible. Once stabilized, clients transition smoothly into residential programming, so momentum is not lost between levels of care.

Clinical programming at New Dawn in Lathrop is built on the same foundation that has guided the organization for decades. Licensed and master's-level therapists lead groups that incorporate TJ Woodward's Conscious Recovery curriculum and Dr. Stephanie Covington's trauma-informed, gender-responsive work, alongside holistic and experiential therapies. The goal is to treat both the physical and psychological sides of addiction, helping clients understand the "why" beneath their use while they rebuild daily routines that support long-term abstinence.

From the beginning, aftercare is built into each treatment plan. Clients in Lathrop work with staff to create a clear relapse prevention plan before discharge, using the nationally recognized Living in Balance program to recognize triggers, interrupt old patterns, and develop both immediate coping strategies and long-term skills for healthier living. The team also helps coordinate step-down care, including outpatient therapy, sober living when appropriate, vocational and educational resources, and connections to local support groups so recovery does not end when someone leaves the house.

Graduates from the Lathrop home step into one of the largest alumni networks in California. Lifetime aftercare support at New Dawn includes regular check-ins, peer-led meetings, mentorship opportunities, alumni events, and access to an alumni app that makes it easier to stay in touch, ask for support, and offer encouragement to others. That ongoing connection is designed to give clients a community they can rely on long after their residential stay ends.

Financially, the new program is structured to reduce uncertainty at a time when families are already under strain. New Dawn is a preferred provider with many major commercial insurance plans and verifies benefits up front so clients know what is covered and how long, without surprise bills after treatment. Financing options and private pay are also available, with staff walking families through their choices before admission so the focus can stay on recovery rather than paperwork.

The Lathrop residential program is now open and accepting clients at 915 River Bend Dr, Lathrop, CA 95330. Adults and families interested in learning more about luxury residential treatment, medical detox, or aftercare options at New Dawn's Lathrop location can call (916) 741-5312 to speak with the admissions team about

programs, insurance coverage, and next steps in care.

New Dawn Treatment Centers: Be free.

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For more information about New Dawn Treatment Centers, contact the company here: New Dawn Treatment Centers - Lathrop Sarah Dughi (916) 723-1319 [Riverbend@newdawnTreatmentCenters.com](mailto:Riverbend@newdawnTreatmentCenters.com) 915 River Bend Dr Lathrop, CA, 95330

### **New Dawn Treatment Centers**

*New Dawn Treatment Centers? Lathrop facility is a luxury addiction treatment center specializing in medical detox and residential care. It offers a quiet, home-like setting designed to help clients safely stabilize and begin long-term recovery.*

Website: <https://www.newdawnTreatmentCenters.com/locations/lathrop/>

Email: [Riverbend@newdawnTreatmentCenters.com](mailto:Riverbend@newdawnTreatmentCenters.com)

Phone: (916) 723-1319

