



Alamo Mobile Chiropractic Provides Back Pain Treatment in Greater San Antonio

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Alamo Mobile Chiropractic delivers mobile chiropractic services, including a focus on back pain treatment throughout greater San Antonio. The practice, operated by Dr. Jonathan Todd, brings care directly to patients in their homes or workplaces across the region, eliminating the need for travel to a fixed clinic location.

Dr. Jonathan Todd serves as a San Antonio mobile chiropractor who grew up in the city. He graduated from Judson High School in the class of 2000. Before pursuing chiropractic, Dr. Todd worked as a martial arts instructor and spent nearly 10 years as a massage therapist. He attended Parker University in Dallas, Texas, for his chiropractic training and returned to San Antonio to found Alamo Mobile Chiropractic in October 2018. Dr. Jonathan Todd, founder of Alamo Mobile Chiropractic, said, "My goal was to make chiropractic more accessible by bringing natural, effective healthcare directly to patients."

The practice offers chiropractic adjustments as a primary method for addressing back pain. These manual techniques target spinal misalignments to support proper function of the spine and nervous system.

Treatment plans are developed individually, taking into account the patient's age, occupation, sports activities, and specific health considerations. Plans may incorporate light stretching, recommended exercises, adjustments, and guidance on nutrition and weight management to complement the care.

Back pain treatment in greater San Antonio through the mobile model allows for convenient access for residents dealing with various forms of discomfort. The approach includes attention to conditions often associated with back issues, such as sciatica that involves radiating sensations down the legs. Early intervention is part of the process to help manage symptoms and support long-term function. Periodic adjustments are scheduled based on the individual's lifestyle and objectives, with frequency ranging from one to several times per month as determined through ongoing assessment.

Additional techniques available include soft tissue therapy and dry needling, performed in accordance with state regulations. Dry needling involves the use of a needle to target specific muscle areas for the management of pain and movement impairments. Shockwave therapy is also offered as a non-invasive option. This modality applies acoustic sound waves to stimulate blood flow and address inflammation in musculoskeletal tissues, with applications noted in conditions including plantar fasciitis, tendinitis, and chronic back pain.

The mobile chiropractor Serving Bexar, Comal, Guadalupe, and Wilson counties extends services beyond central San Antonio. Coverage reaches communities including Alamo Heights, Converse, Schertz, Cibolo, Floresville, Alamo Ranch, Adkins, Castle Hills, Bulverde, Fair Oaks Ranch, La Vernia, Helotes, and additional nearby areas. This geographic reach supports families and individuals throughout the greater region by providing consistent care without logistical barriers.

Dr. Jonathan Todd explained, "The spine is an important and integral part of your body, and any misalignments in your backbone have the potential to affect many different parts of your body, sometimes areas that may seem completely unrelated." This perspective guides the practice's approach to back pain treatment in greater San Antonio, where spinal alignment is considered in relation to overall body mechanics.

General family care forms part of the offerings, allowing multiple household members to receive coordinated attention under the same mobile framework. For expectant and new mothers, a conservative and gentle method is applied to address physical stresses associated with pregnancy. This prenatal and postnatal care avoids medications and focuses on comfort and support during these stages.

The practice emphasizes a professional setting during visits, with Dr. Todd transporting the necessary chiropractic tools and equipment to each location. Patients receive information on maintaining activity levels, preparing the body for physical efforts through warm-ups, and other lifestyle factors that align with chiropractic principles. The goal remains the provision of reliable, ongoing care tailored to the realities of daily

life in the San Antonio area.

Alamo Mobile Chiropractic addresses a range of musculoskeletal concerns in addition to back pain. These include neck pain, shoulder pain, headaches and migraines, sports injuries involving the neck, back, shoulders, knees, and ankles, auto-related injuries such as ligament sprains, knee pain including osteoarthritis, neuropathy with symptoms like tingling and burning, vertigo, and degenerative disc disease. Each case receives evaluation to determine the most appropriate elements of care within the chiropractic scope.

By operating as a mobile service, Alamo Mobile Chiropractic maintains flexibility in scheduling to accommodate patient needs across varying work and family commitments. The model supports continuity of care, with adjustments and supportive therapies delivered in familiar environments. This structure has allowed the practice to serve the community since its establishment, focusing on accessibility for those seeking chiropractic options for back pain and related issues.

Alamo Mobile Chiropractic is a mobile chiropractic practice founded in 2018 by Dr. Jonathan Todd. The practice is dedicated to offering personalized chiropractic care to individuals and families in the greater San Antonio region and surrounding counties.

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For more information about Alamo Mobile Chiropractic, contact the company here: Alamo Mobile Chiropractic Dr. Jonathan Todd (210) 624-7770 doctor.alamomobile@gmail.com

Alamo Mobile Chiropractic

In October of 2018 I opened Alamo Mobile Chiropractic with the goal in mind of making chiropractic more accessible by bringing natural, effective healthcare directly to my patients at a price that is affordable.

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