



## **Backcountry Chiropractic in Frisco, CO, Will Host Ribbon Cutting and Open House Event**

*April 02, 2026*

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Backcountry Chiropractic, a chiropractic office in Frisco, CO, will host a ribbon cutting and open house on April 16 from 5:30 p.m. to 7:30 p.m. at 323 W. Main Street, Suite 202. The event marks the official opening of the practice to the local community. Attendees will have the opportunity to meet the team, tour the office space, and learn about the services offered. Light snacks and refreshments will be served.

The practice was founded by Dr. Danny Otis, DC, LCP, DPhCS, and Dr. Alex Paul, DC, PAK. It provides chiropractic services centered on assessment of the spine and its relation to overall function. Initial consultations include a review of health history and examination to develop individualized approaches based on patient goals.

Dr. Otis grew up in St. Paul, Minnesota. He completed an undergraduate degree at the University of Wisconsin?Eau Claire with double majors in Kinesiology: Movement Studies and Psychology: Human Behavior. He earned his Doctor of Chiropractic degree from Life Chiropractic College West, graduating with

Clinical Honors. He subsequently completed a three-year postgraduate program and holds the Diplomate in Philosophical Chiropractic Standards, a distinction achieved by approximately 300 chiropractors worldwide.

Dr. Paul is originally from New Jersey. She earned an undergraduate degree in Integrative Physiology and Neuroscience from the University of Colorado Boulder. She received her Doctor of Chiropractic degree from Life Chiropractic College West, graduating at the top of her class. She holds certification in Applied Kinesiology and has prior professional experience providing care to students, staff, and athletes in Wisconsin school districts, where she led a high school athletic program.

Services at Backcountry Chiropractic are available to individuals across different age groups. Care for adults addresses common concerns such as back pain, neck pain, headaches, and sciatica according to standard chiropractic practice. Approaches for teenagers take into account physical activity and growth patterns. Pediatric services follow principles related to developmental stages. For older adults, care supports general mobility and daily function in line with chiropractic methods. The practice does not process insurance claims directly, though patients may submit for reimbursement where eligible. Health savings accounts and flexible spending accounts are accepted.

The open house provides an occasion for community members to view the office environment and interact with the practitioners. Tours will cover the layout created for patient visits. The event is coordinated with the Summit Chamber of Commerce as part of its calendar for new business introductions in the area.

"Opening the doors in Frisco allows us to contribute to the local health resources available to residents and visitors," said Dr. Danny Otis, founder and chiropractor at Backcountry Chiropractic. "The ribbon cutting and open house create a setting for direct engagement with the community we serve."

"We wanted a space where patients feel comfortable discussing their health goals," said Dr. Alex Paul, founder and chiropractor at Backcountry Chiropractic. "We anticipate meeting many individuals and families during the event."

Both practitioners maintain active lifestyles consistent with the outdoor-oriented environment of Summit County. Dr. Otis participates in running, golfing, snowboarding, hockey, surfing, and hunting. Dr. Paul engages in skiing, hiking, surfing, and golfing. These activities inform their understanding of the physical demands placed on patients in the region.

Chiropractic care follows established principles regarding the role of spinal alignment in nervous system communication. The Diplomate qualification held by Dr. Otis involves advanced study in chiropractic philosophy and standards. This background supports the methodical approach applied in examinations and adjustments at the practice.

The location in Frisco serves a population that includes year-round residents and seasonal visitors engaged in recreational pursuits. Physical maintenance through chiropractic methods can relate to continued participation in such activities. The practice began regular operations in late March, with the April 16 event serving as the formal community introduction.

Community events of this type enable new businesses to establish connections with local organizations and residents. The Summit Chamber of Commerce facilitates these gatherings to support economic and social integration within Frisco and surrounding areas.

Backcountry Chiropractic delivers chiropractic services to people of all ages in Frisco, CO. Founded by Dr. Danny Otis and Dr. Alex Paul, the practice applies principles of spinal and nervous system assessment to support patient function according to individual circumstances.

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For more information about Backcountry Chiropractic, contact the company here: Backcountry Chiropractic Dr. Danny Otis, DC, LCP, DPhCS323 W Main St Suite 202, Frisco, CO 80443 office@backcountrychiroco.com 323 West Main St. Suite 202, Frisco, CO, United States, Colorado

## **Backcountry Chiropractic**

*Backcountry Chiropractic provides nervous system-based chiropractic care for all ages in Frisco, CO and beyond.*

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