



Clear Chiropractic in Chattanooga, TN, Reaches 101 Google Reviews with 4.9 Average Rating

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Clear Chiropractic, a chiropractic practice in Chattanooga, TN, has reached 101 Google reviews with an average rating of 4.9. This figure represents accumulated patient feedback submitted through the online platform since the practice opened its doors in November 2020.

Dr. Weston Clary founded the practice and continues to serve as its chiropractor. He grew up in Verdigris, Oklahoma, where early observations of family members managing chronic conditions through medication influenced his interest in health professions from a young age. He earned a bachelor's degree in medical molecular biology and became licensed as an emergency medical technician during his undergraduate studies. He also taught CPR courses at his college and held leadership positions in the American Medical Student Association. These experiences contributed to his understanding of anatomy, neurology, and physiology.

Dr. Clary initially considered pursuing a career as a medical doctor. He later enrolled at Sherman College of

Chiropractic in Spartanburg, South Carolina, where he completed his chiropractic training and earned advanced certification and proficiency in the torque release technique. He is one of only about a dozen practitioners in Tennessee with this certification. After graduation, he worked for three and a half years in one of the largest chiropractic practices in Charlotte, North Carolina. In November 2020, he relocated to Chattanooga and opened Clear Chiropractic.

The torque release technique employs a specific instrument to deliver precise, low-force spinal adjustments. A 2012 systematic review of the activator adjusting instrument and related manual therapies, published in the Journal of the Canadian Chiropractic Association, examined clinical effectiveness for musculoskeletal disorders. The review included analysis of instrument-assisted methods and noted reported benefits in certain trials while identifying limitations such as sample sizes and study durations. Broader research on spinal manipulation has continued to explore its application in clinical settings, with outcomes reported to vary among individuals.

The team at Clear Chiropractic includes Kathryn, who serves as chiropractic assistant. Originally from Atlanta, Georgia, she has lived in Tennessee since attending college. She graduated from Lee University with a degree in psychology and minors in music and deaf studies. Kathryn has received chiropractic care throughout her life. She began visiting Clear Chiropractic as a patient in March 2022 and joined the team as chiropractic assistant in October 2022. In her role, she supports daily office operations and participates in patient interactions. She has attended chiropractic conferences to expand her knowledge of practice protocols.

Cassandra works as a team member at the practice. Originally from Washington State, she moved to Tennessee in June 2022. She started at Clear Chiropractic in October 2023 and assists with various operational tasks.

Patient feedback submitted to Google includes individual accounts that reflect personal experiences. One reviewer named Crystal described her sessions at the practice. Such accounts represent anecdotal reports from patients and do not constitute guaranteed outcomes. Individual results from any chiropractic care may vary, and patients are encouraged to consult with qualified health professionals regarding their specific health situations.

"Reaching 101 Google reviews with a 4.9 average rating offers one indicator of community feedback received since the practice began operations in November 2020," said Dr. Weston Clary, founder and chiropractor at Clear Chiropractic. "This milestone aligns with the application of the torque release technique and the educational focus developed through my training and professional background."

"Supporting the team in daily operations while engaging with the range of patient feedback contributes to

understanding the practice's presence in the area," added Kathryn, chiropractic assistant at Clear Chiropractic.

Clear Chiropractic has maintained consistent operations since its establishment in November 2020. The practice structure includes Dr. Clary's specialized certification in the torque release technique along with the contributions of team members Kathryn and Cassandra. Dr. Clary's educational path, from medical molecular biology through chiropractic college and experience in a high-volume setting, provides the foundation for the methods applied at the facility.

The chiropractic practice in Chattanooga, TN, has accumulated its Google reviews over the course of its service to the local community. Online review platforms serve as one public channel for individuals to share their perspectives following care. The reported average rating of 4.9 with 101 submissions stands as a documented point in the practice's record without implying broader clinical validation.

Biographical elements of the team offer context for the office's daily functions. Dr. Clary's progression from early interest in health sciences to advanced chiropractic certification shapes the approach at Clear Chiropractic. Kathryn's academic background in psychology and her transition from patient to staff member in October 2022 support her contributions. Cassandra's addition to the team in October 2023 completes the current staffing configuration dedicated to operational support.

Research references, such as the 2012 systematic review on instrument-assisted adjusting methods, provide limited context for techniques like the torque release technique. The review highlighted findings from clinical trials on musculoskeletal conditions while emphasizing the need for further investigation with larger samples and extended follow-up. Spinal manipulation remains a subject of ongoing study in chiropractic and related fields, with clinical guidelines addressing its use for specific conditions.

Clear Chiropractic operates in Chattanooga with attention to the principles established at its founding. The milestone of 101 Google reviews with a 4.9 average rating documents one aspect of the practice's activity since November 2020. The chiropractic practice in Chattanooga, TN, continues under the leadership of Dr. Clary and the support of its team members.

The practice functions as a chiropractic office where the torque release technique is applied by its certified founder. Team members contribute through their assigned roles, drawing from their respective backgrounds within the established office environment. Patient-submitted reviews on Google form part of the public record of interactions with the practice over its years in the community.

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Clear Chiropractic

At Clear Chiropractic, we look to get to the root cause of people's health concern by focusing on how the body functions as a whole.

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