



Complete Family Healthcare in Alpharetta, GA Features Interactive 3D Spine Simulator as Patient Education Tool

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Complete Family Healthcare provides an interactive 3D spine simulator on its website as an educational resource for individuals interested in learning about spinal and neural connections. The tool presents information on the role of the neural network in coordinating body functions and allows users to explore relationships between different spinal regions and corresponding body areas.

The simulator states that all of the functions related to the amazing human body are controlled and coordinated by the extensive neural network. It notes that interference or stresses in any part of the nerve system may result in health problems in a variety of areas throughout our bodies. Users are invited to explore which areas of the body are influenced by the different areas of the spine. The resource illustrates the interrelation between the spine, the nerve system, and aspects of health and wellness expression.

This educational element supports the broader activities at Complete Family Healthcare. The practice, which

opened on January 1, 2006, provides chiropractic care through spinal manipulation and adjustments. Initial patient visits include a comprehensive evaluation and an explanation of chiropractic principles to determine the suitability of care for specific conditions.

Dr. JJ Anthonijs established the chiropractic practice in Alpharetta. He earned a Bachelor of Science degree from the University of Wisconsin Stevens Point in 2000 and a Doctorate of Chiropractic from Palmer College of Chiropractic in January 2004. His training included traditional hands-on techniques with emphasis on the Gonstead method and extremity adjusting. Prior to founding the practice, he owned and managed clinics in Wisconsin and Illinois. He holds Webster certification and has applied it in care for women during pregnancy and their families.

Dr. Jarrod Wise serves as associate chiropractor. The two doctors together contribute more than 25 years of combined experience. The practice addresses conditions that include back pain, neck pain, headaches, muscular tightness, tension, and issues related to accidents or injuries. Care plans are developed based on individual evaluations and focus on non-medication, non-surgical methods.

The 3D spine simulator functions strictly as an educational tool. It does not provide medical diagnoses, treatment recommendations, or substitute for professional clinical evaluation. Users interact with the interface by selecting and viewing spinal segments to observe illustrated connections to body regions. The resource is presented for informational purposes to increase awareness of anatomical relationships.

A note on the simulator page advises users not to submit any Protected Health Information. This guidance supports appropriate use of the online tool while maintaining standard privacy considerations for web-based educational content.

Additional educational materials at the practice include a bi-weekly newsletter available by subscription to both patients and non-patients. The newsletter covers topics such as stress reduction, disc conditions, regular adjustments, auto accident impacts, combined therapies, guidance on care provider selection, stretching techniques, headache management, and indicators for considering adjustments. Once subscribed, individuals gain access to a member wellness section with animated exercise videos and further articles.

The 2015 Chiropractic Alpharetta Patients' Choice Award, verified by Opencare.com, recognized the practice based on patient feedback from that period.

"Providing resources like the 3D spine simulator allows individuals to review basic spinal and neural relationships as part of general health information," said Dr. JJ Anthonijs, owner and chiropractor at Complete Family Healthcare.

"Educational materials complement clinical care by helping patients understand anatomical concepts prior to or between visits," said Dr. Jarrod Wise, associate chiropractor at Complete Family Healthcare.

The practice structure includes online forms that patients may complete in advance of appointments. This process supports efficient visit preparation. Over the years since its establishment in 2006, Complete Family Healthcare has incorporated educational components alongside its clinical services. The simulator remains accessible on the website for ongoing reference by anyone seeking introductory information on spine and nerve system topics.

The tool encourages exploration at the user's own pace without requiring personal health data. It presents visual representations of spinal influences on body areas as described in the accompanying text. This format aligns with the practice's inclusion of informational resources to support community awareness of chiropractic-related subjects.

Complete Family Healthcare delivers chiropractic evaluations and adjustment-based care for back pain, neck pain, headaches, muscular tightness, spinal conditions, and wellness objectives. The facility, operational since 2006, draws from the training and experience of its doctors in applying Gonstead principles, extremity methods, and other hands-on techniques. Services focus on recovery support following injuries and management of chronic conditions through established chiropractic approaches.

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Complete Family Healthcare

Dr. JJ Anthonijs and Dr. Jarrod Wise bring 25+ years of combined experience and are in network with most health and auto insurance plans in Georgia. They help patients reach their health goals with or without filing insurance claims.

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