McClellan Family Chiropractic Provides Massage Wellness Event for SERVPRO Team

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RAINBOW CITY, AL - April 09, 2026 -
McClellan Family Chiropractic recently conducted a relaxing massage event for the team at SERVPRO of Anniston, Gadsden and Marshall County in Rainbow City. The activity took place at the SERVPRO office and involved Dr. Joshua Taylor along with an assistant from the chiropractic practice. This event formed part of the clinic's established pattern of providing wellness services to local businesses and organizations.

SERVPRO of Anniston, Gadsden and Marshall County expressed appreciation for the visit, noting that the sessions offered much-needed relaxation to its staff. The company highlighted the positive experience and the opportunity to receive a sample of the care provided by the McClellan team. The collaboration reflects connections within the local business community, including ties supported by the Etowah Chamber.

McClellan Family Chiropractic has delivered family and performance chiropractic care from its base in Rainbow City for more than 35 years. The practice combines hands-on techniques with The 100 Year Lifestyle principles, which focus on optimum health, longevity, and wellness. This framework encourages individuals to make choices that support healing quickly and functioning at their highest level throughout all phases of life.

The clinic serves residents in Rainbow City, Gadsden, and surrounding areas. Its services address back pain, neck pain, headaches and migraines, shoulder pain, carpal tunnel syndrome, sciatica, and disc injuries. Wellness care forms another key element, helping patients maintain health even without immediate symptoms. Family-oriented approaches, including pediatric options, align with the practice's emphasis on natural, drug-free methods where appropriate.

Drs. Mike and Leslie McClellan lead the clinic. Dr. Mike McClellan established the practice in 1986 after earning his Doctor of Chiropractic degree from Life University. Dr. Leslie McClellan joined in 1996 following her graduation from the same institution. Their direction supports a team that includes Dr. Joshua Taylor, who

participated in the SERVPRO event, as well as Dr. Dan McClellan with 32 years of experience treating patients of all ages.

The practice regularly offers massage events, health talks, and postural screenings to companies, organizations, schools, and sports teams. These initiatives bring wellness principles into workplace settings and contribute to broader community health awareness. The recent SERVPRO visit in Rainbow City exemplifies this outreach, allowing a team that handles property restoration and emergency response work to experience therapeutic massage firsthand.

Additional community activities have included spinal screenings at the Spring Vendor Market at The Venue at Coosa Landing in Gadsden and massage events at Big Oak Boys Ranch outside Gadsden. Similar sessions have taken place at Smeltzer Education Center at 319 Padenreich Avenue in Gadsden and at Gadsden Regional Medical Center at 1007 Goodyear Avenue in Gadsden. A wellness workshop titled "7 Secrets to Living a Longer & Healthier Life ? Things Medicine Won't Tell You" was also hosted in Rainbow City, along with a Ladies Night Event at the clinic location.

These efforts align with the clinic's commitment to education on topics such as brain health stages, the effects of weight loss on the body, and the importance of addressing backaches. Resources shared through the practice help participants understand how consistent care supports long-term vitality.

Dr. Mike McClellan, co-director, stated, "Massage events at workplaces like the one for the SERVPRO team in Rainbow City provide practical ways to introduce wellness practices into daily routines for busy professionals."

Dr. Leslie McClellan, co-director, added, "By bringing The 100 Year Lifestyle principles directly to local teams, we support environments where employees can experience the benefits of relaxation and preventive care."

Chiropractic training requires extensive preparation, including undergraduate studies followed by four years at a chiropractic college and more than 4,200 hours of combined instruction and supervised clinical experience. This background equips the doctors to deliver informed care in both office and community settings.

The SERVPRO team works in a field that often involves demanding physical and time-sensitive tasks. Providing relaxation through massage events acknowledges the value of supporting those who assist others during property damage or disaster situations. The warm reception noted by both parties underscores the mutual appreciation within the local network.

McClellan Family Chiropractic adapts its wellness offerings to fit the needs and schedules of participating

groups. This flexibility has enabled engagements across various sectors in the area. The clinic's social media presence shares highlights from these events, reinforcing messages about community health without replacing in-person interactions.

The 100 Year Lifestyle philosophy, integrated throughout the practice, posits that everyone deserves to express full potential through every life stage. McClellan Family Chiropractic applies this by combining clinical expertise with educational outreach. The approach has remained consistent since the clinic's founding, evolving to meet changing community expectations while preserving core principles.

Educational sessions and special events occur both at the Rainbow City office and at external locations. These programs allow for tailored discussions on health maintenance and injury prevention. Participation from multiple doctors ensures diverse perspectives during larger gatherings.

As workplace wellness gains attention in various industries, activities like the SERVPRO massage event illustrate one method of implementation. The clinic continues to respond to invitations from organizations seeking similar support, maintaining its role in local health promotion.

The full team at McClellan Family Chiropractic contributes varied experience to these initiatives. Newer members bring updated training, while long-serving doctors offer depth from years of patient care. This combination strengthens the quality of services delivered during community events.

McClellan Family Chiropractic remains dedicated to its foundational mission of family and performance care. The practice emphasizes natural methods that align with individual lifestyles and goals. Through consistent community involvement, it extends these benefits beyond regular patients to broader groups in the area.

The recent event with SERVPRO of Anniston, Gadsden and Marshall County adds to the clinic's record of collaborative wellness activities. It demonstrates how targeted outreach can provide tangible support in professional environments while advancing overall health awareness.

McClellan Family Chiropractic is a chiropractic practice in Rainbow City dedicated to family and performance care. The clinic, established more than 35 years ago, incorporates The 100 Year Lifestyle principles to promote optimum health and longevity. Its team provides treatments for musculoskeletal conditions and engages with local businesses and organizations through wellness initiatives.

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McClellan Family Chiropractic provides quality chiropractic care in Rainbow City and the surrounding areas while teaching The 100 Year Lifestyle principles of optimum health, longevity, and wellness.

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