



## **Hamilton Heights Child Development Center Highlights Role of Play-Based Preschool Programs in Kindergarten Readiness at Papillion Location**

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Hamilton Heights Child Development Center emphasizes the importance of early childhood education in preparing children for successful transitions to kindergarten, with its preschool in Papillion, NE, serving as an example of how structured play-based environments support foundational skill development. Research and educational standards consistently show that high-quality preschool experiences contribute to kindergarten readiness by fostering social, emotional, and early academic competencies through intentional, child-centered activities. Centers that prioritize play-based and child-led approaches help young learners build the self-regulation, collaboration, and curiosity needed for elementary school settings.

In the field of early childhood education, kindergarten readiness encompasses more than basic academic knowledge. It includes the ability to follow routines, engage with peers, manage emotions, and approach learning with confidence. Play-based learning allows children to explore concepts naturally, while structured classroom environments provide the consistency and guidance that reinforce these skills. Programs designed around imaginative play, creative expression, and hands-on exploration enable children to develop language, problem-solving, and motor abilities in meaningful contexts. Such methods align with established early

learning guidelines that recognize play as a primary vehicle for growth in the preschool years.

At the Papillion location of Hamilton Heights Child Development Center, located at 71st & Terrace, the preschool and Pre-K programs reflect this approach. The center offers learning through imaginative play, creative arts, outdoor time, and themed centers for children ages 3 to 4 years, while the Pre-K program for ages 4 to 5 years focuses on kindergarten readiness through child-led learning and play that builds social, emotional, and academic skills. This unified philosophy across the organization's centers supports children in developing the competencies required for elementary school entry. The nurturing environments encourage children to feel safe, supported, and excited to grow, with classrooms built around play-based, child-led learning that inspires discovery, curiosity, and compassion.

Leadership at the Papillion center contributes to the continuity that benefits young learners. Consistent routines and familiar interactions help children develop trust and predictability, which are essential during periods of developmental transition. Wendy, Director of the Papillion location since 2023, observes the daily impact of this stability. "The structured yet flexible environment at our Papillion center allows children to engage deeply in play while receiving the guidance they need to build independence and social connections," Wendy said. "With steady leadership and team consistency, we maintain predictable routines that ease the progression toward more formal learning settings in elementary school."

The organization's broader commitment to play-based learning supports long-term developmental outcomes. Adrienne, Owner and Executive Director, highlights the intentional design behind the programs. "Our philosophy centers on the understanding that meaningful learning emerges from child-led exploration within a supportive framework," Adrienne said. "By emphasizing play that cultivates social, emotional, and academic foundations, we help prepare children not only for kindergarten but for ongoing success in their educational journey. This consistent approach across all locations ensures children receive coherent experiences that value their individual pace and interests."

Early childhood programs that integrate these elements respond to the growing recognition of preschool's role in narrowing readiness gaps before formal schooling begins. Educators note that children who participate in environments promoting both structure and play often demonstrate stronger self-regulation and engagement in kindergarten classrooms. The focus on stable staffing further enhances this preparation by minimizing disruptions and allowing relationships to deepen over time.

Hamilton Heights Child Development Center operates six thoughtfully designed centers serving families across Omaha, Papillion, and Lincoln, Nebraska. The organization provides high-quality child care focused on early childhood development for infants through school-age children, with programs that go beyond basic care to inspire discovery through play-based learning, curiosity, and compassion. Locations include centers in Omaha at 127th & Webster, 154th & Taylor, 132nd & Fort, and 86th & Cass; in Papillion

at 71st & Cornhusker; and in Lincoln at SouthPointe.

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### **Hamilton Heights Child Development Center - Papillion, NE**

*Looking for high-quality childcare in Papillion? Hamilton Heights Child Development Center in Papillion offers a safe, loving, and enriching environment where children can grow, learn, and thrive through every stage of development.*

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