Abundant Health Physical Medicine Spotlights Expertise of Sinan Gocmen D.C., Lead Chiropractor in Davenport, IA

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DAVENPORT, IA - April 13, 2026 -
Abundant Health Physical Medicine has developed its approach to care in Davenport through the leadership of Dr. Sinan Gocmen who has practiced since graduating from Palmer College of Chiropractic in 2013. The clinic focuses on individualized evaluations and a range of services centered on chiropractic principles and complementary modalities.

Dr. Sinan Gocmen entered the chiropractic field after a personal experience with the condition. While recovering from the flu and dealing with severe migraines, he received an adjustment from a friend who practiced chiropractic care. Following the adjustment, his symptoms improved within two weeks. This outcome prompted him to visit the friend's office in St. Charles, Illinois, where he observed families seeking nervous system assessments. Motivated by this, Dr. Gocmen relocated to Davenport, Iowa, to attend Palmer College of Chiropractic. He completed his Doctor of Chiropractic degree there in 2013.

During his studies at Palmer College, Dr. Gocmen maintained an interest in fitness and participated in the CrossFit Games. This athletic involvement has shaped his understanding of physical demands placed on the body. As the practice's lead chiropractor in Davenport, IA, he provides care that includes considerations for athletes at various levels, from weekend participants to professionals.

Dr. Gocmen maintains certifications in several areas. These include the Webster Technique for care related to pregnant women, the Torque Release Technique, advanced certification in extremity adjusting, and certification as a Functional Hyperbaric Clinician. The clinic incorporates these qualifications into patient evaluations that begin with a review of health history, physical examination of the spine and joints, assessment of range of motion, orthopedic and neurological testing, and palpation to locate areas of restricted mobility. On-site diagnostic tools consist of digital X-rays, ultrasound, and Fit3D scans.

Abundant Health Physical Medicine offers chiropractic care along with additional services such as neuropathy treatment, medical grade red light therapy, the Airenew Protocol for autoimmune conditions, knee and joint regenerative therapy, the Normatec Recovery System, mild hyperbaric oxygen therapy, and spinal and knee decompression therapy. The clinic also provides IV therapies and natural regenerative injections administered by a nurse practitioner. Many insurance plans, including Medicare, participate in the network at the facility.

The practice follows an individualized planning process described as the Renew Healing Framework. This involves developing care plans that consider the underlying factors associated with a patient's condition. The clinic maintains a reception area with refreshments and dedicated treatment rooms equipped with monitors for patient comfort during sessions.

Dr. Gocmen established Abundant Health Physical Medicine after identifying a need in the community for coordinated options in natural and alternative health care. The facility is situated at 2227 Jersey Ridge Rd in Davenport, Iowa.

"I was called to this profession to truly help people," said Dr. Sinan Gocmen, D.C., chiropractor at Abundant Health Physical Medicine.

Dr. Gocmen has described his approach in the following terms. "I want to provide people with the solutions, tools, and resources to help them make lasting changes."

Outside of clinical work, Dr. Gocmen is a husband and father to two children. He places significant value on family activities. His personal interests include exercise, spending time outdoors, yard maintenance, and service at Rock Church of the Quad Cities. These elements of his life align with his focus on supporting patients in resuming their roles within families and communities.

Patient evaluations at the clinic proceed through structured steps that include consultation with a concierge patient care coordinator. This initial discussion determines whether to advance to a full examination or consider alternative referrals. The process emphasizes documentation of findings to guide subsequent care decisions.

Chiropractic adjustments at the clinic address spinal and extremity areas based on examination results. Complementary services are integrated according to the individualized plan. For example, decompression therapy involves controlled stretching of the spine or knees. The Normatec Recovery System applies sequential compression. Mild hyperbaric oxygen therapy and red light therapy sessions occur in designated areas of the clinic.

Dr. Gocmen's transition into chiropractic practice originated from direct observation of its effects during his own recovery period. His subsequent education at Palmer College provided foundational training in the field. Participation in athletic competitions during that time added practical insight into musculoskeletal demands.

The clinic environment includes features intended to support patient visits. These range from the reception setup to the configuration of treatment spaces. Abundant Health Physical Medicine continues operations with an emphasis on coordinated services for residents in the Quad Cities region.

The background of Dr. Sinan Gocmen, D.C. forms the basis for the clinic's structure. His certifications and experience contribute to the range of options available through Abundant Health Physical Medicine. The practice maintains its focus on evaluation-based care within the local community setting.

Abundant Health Physical Medicine provides chiropractic and related services in Davenport, Iowa. The clinic was established by Dr. Sinan Gocmen following his graduation from Palmer College of Chiropractic. It operates with a commitment to structured patient assessments and individualized planning processes.
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For more information about Abundant Health Physical Medicine, contact the company here:Abundant Health Physical MedicineSinan Gocmen D.C.(563) 275-6332info@getabundanthealth.com2227 Jersey Ridge Rd, Davenport, IA 52803

Abundant Health Physical Medicine

At Abundant Health Physical Medicine, we offer a patient-centered approach to neuropathy treatment at our clinic in Davenport, Iowa

Website: https://www.getabundanthealth.com

Email: info@getabundanthealth.com

Phone: (563) 275-6332