PES Adult Strabismus Center in Fort Worth Clarifies the Difference Between Lazy Eye and Strabismus for Adult Patients

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PES Adult Strabismus Center, an ophthalmology practice in Fort Worth, Texas, is addressing one of the most persistent sources of confusion among adults who seek care for misaligned eyes: the clinical difference between "lazy eye" and strabismus. The majority of adults who contact the practice use "lazy eye" to describe an eye that visibly drifts or turns ? a presentation that, from a medical standpoint, is classified as strabismus rather than amblyopia. The practice has published a detailed resource, "Lazy Eye Surgery," that walks adults through this distinction, explains what strabismus surgery can and cannot address, and outlines the full range of treatment options available to patients in Fort Worth, Dallas, Arlington, and Keller.

The confusion between these two terms carries real clinical consequence. Strabismus refers to the physical misalignment of the eyes, in which one eye turns inward, outward, upward, or downward. Amblyopia is reduced vision in one eye caused by the brain's suppression of that eye during early childhood development. An eye affected by amblyopia may appear completely straight; the condition is a neurological adaptation rather than a structural one. Because strabismus is among the most common causes of amblyopia, the two conditions frequently coexist, and patients often arrive at PES Adult Strabismus Center believing they have

one when, in fact, they may have both. Strabismus surgery ? also called eye muscle surgery ? corrects the structural misalignment. It does not restore visual acuity in an eye where amblyopia has produced long-standing vision loss.

Adults throughout the Dallas-Fort Worth area who have deferred care based on the belief that strabismus can only be corrected in childhood have access to evaluation and treatment at PES Adult Strabismus Center. The practice performs strabismus surgery as an outpatient procedure under general anesthesia, typically completed in under one hour. In cases where greater precision is needed, adjustable sutures allow the surgeon to fine-tune alignment after the procedure while the patient is awake ? a technique well-suited to adult patients with complex or long-standing deviations. For select patients with small-angle deviations or specific nerve-related presentations, Botox injections into overactive eye muscles may offer improvement, though the effects are generally temporary and the approach is not appropriate for all cases. Prism glasses and fusional exercises are additional options considered during the practice's comprehensive strabismus evaluation, which measures alignment at multiple distances and tests binocular vision function. Patients in Fort Worth, Dallas, Arlington, and Keller seeking evaluation for double vision, eye misalignment, or a condition they have referred to as a lazy eye can schedule a consultation at any of the practice's four DFW locations.

"Many adults have spent years assuming treatment was no longer possible for them," said Dr. Eric A. Packwood, MD, MBA, board-certified ophthalmologist, fellowship-trained adult strabismus specialist, and founding partner of PES Adult Strabismus Center. "What surgery addresses is the structural misalignment of the eyes. Approximately 75-80 percent of adults achieve satisfactory alignment with a single procedure, and the benefits extend beyond visual function ? patients frequently describe meaningful changes in confidence, eye contact, and comfort in professional and social settings."

PES Adult Strabismus Center is located at 321 S Henderson St, Suite C, Fort Worth, TX 76104, with additional locations in Keller, Mansfield, and Prosper. Patients traveling from Dallas, Arlington, and across the DFW region can access driving directions to the Fort Worth office. The practice's four board-certified ophthalmologists are all fellowship-trained specifically in adult strabismus surgery, all hold membership in the Alpha Omega Alpha Honor Medical Society, and bring over 70 years of collective clinical experience to strabismus evaluation and treatment.

For more information about strabismus surgery, double vision treatment, and eye muscle surgery at PES Adult Strabismus Center in Fort Worth, Texas, visit the full article on lazy eye surgery at alignmyeyes.com or find the practice on Google Maps. PES Adult Strabismus Center serves patients throughout Fort Worth, Dallas, Arlington, Keller, and the broader Dallas-Fort Worth metropolitan area.

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For more information about PES Adult Strabismus Center, contact the company here:PES Adult Strabismus CenterDawn Lamb(817) 618-0511info@pediatriceyespecialists.com321 S Henderson St, suite c Fort Worth, TX 76104

PES Adult Strabismus Center

PES Adult Strabismus Center provides adults surgical treatment for strabismus, also known as lazy eye, crossed eye or misaligned eye. Strabismus surgery is more than a cosmetic surgery. It can also improve your vision.

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