

Bay Clinic of Chiropractic Expands Clinical Nutrition Program to Address Rising Chronic Health Conditions in Panama City, FL

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Bay Clinic of Chiropractic has expanded its integrated clinical nutrition program to meet growing demand from patients seeking drug-free solutions for chronic health conditions, including autoimmune disorders, hormonal imbalances, and persistent fatigue. The Panama City practice combines advanced functional lab testing with Nutrition Response Testing and chiropractic care to address root causes of illness at the cellular level.

The expanded program comes as national health statistics show increasing rates of chronic conditions affecting millions of Americans. The clinic's approach uses personalized, whole-food protocols designed to correct nutritional imbalances and support the body's natural healing processes without relying on pharmaceutical interventions.

Bay Clinic of Chiropractic clinical nutritionist services utilize comprehensive functional lab testing to identify specific nutrient deficiencies, inflammation markers, and gut imbalances that contribute to chronic health

issues. The clinic then develops customized food-based treatment plans tailored to each patient's unique biochemistry and health goals.

"Traditional medicine often focuses on managing symptoms rather than identifying and correcting underlying imbalances," said Dr. Tony Salamay (Antoine Salameh DC), Doctor of Chiropractic and clinical nutritionist with a Master's in Clinical Nutrition. "Our integrated approach combines functional medicine principles with targeted nutritional interventions to help patients resolve conditions that have been resistant to conventional treatment."

The science-based approach employed by the clinic focuses on using food as medicine to restore optimal body function. Rather than relying on synthetic supplements or medications, the program emphasizes high-quality, whole-food-based nutritional support from trusted sources. This methodology aligns with growing research demonstrating the powerful role of nutrition in managing and reversing chronic disease.

Patients seeking care at Bay Clinic of Chiropractic in Panama City, FL, have reported improvements in conditions including stubborn weight gain, thyroid dysfunction, joint inflammation, digestive disorders, and neurological challenges. The clinic's nutrition therapy protocols have also shown benefits for blood sugar regulation, cardiovascular health, and immune system function.

"We're seeing patients who have struggled for years with conditions like hormonal chaos, autoimmune flare-ups, and chronic fatigue finally experience lasting relief," noted Dr. Salamay. "By addressing nutritional deficiencies and imbalances at the cellular level while incorporating chiropractic care, we're able to support the body's innate healing capacity."

The expanded program includes enhanced testing capabilities for identifying hidden food sensitivities, gut microbiome imbalances, and metabolic dysfunction that often underlie chronic symptoms. Treatment plans incorporate dietary modifications, targeted supplementation when necessary, and lifestyle recommendations designed to optimize healing.

Bay Clinic of Chiropractic has served the Panama City, FL community since establishing its practice, offering comprehensive services including chiropractic care, functional medicine, chiropractic neurology, applied kinesiology, and sacro occipital technique alongside its clinical nutrition program. The clinic maintains a commitment to natural, drug-free healthcare solutions that address the root causes of illness rather than merely managing symptoms.

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Bay Clinic of Chiropractic

Dr. Tony Salamay of Bay Clinic of Chiropractic, located in Panama City, Florida, is focused on improving your health and physical well-being by laying stress on the brain-body connection.

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