Novus Mindful Life Institute Announces Office Relocation

April 20, 2026

GARDEN GROVE, CA - April 20, 2026 -
Novus Mindful Life Institute Family Counseling & Recovery has announced that it will relocate its primary office at the end of March as part of an operational transition. The organization will move from its current location at 6695 East Pacific Coast Hwy, Suite 135, Long Beach, CA 90803 to a new office at 12832 Valley View St, Ste 107, Garden Grove, CA 92845.

The relocation is intended to support continued service delivery and provide a centralized setting for clients seeking marriage counseling, relationship therapy, and structured recovery programs. The organization confirmed that client care will continue without interruption during the transition period.

According to Duane Osterlind, a representative of Novus Mindful Life Institute Family Counseling & Recovery, the move reflects the organization?s ongoing operational planning. ?This relocation allows us to continue serving individuals and couples with the same clinical focus while operating from a new facility that supports our team-based model of care,? Osterlind said. ?Our priority is maintaining continuity and ensuring

that clients experience a smooth transition.?

Novus Mindful Life Institute Family Counseling & Recovery has operated from its Long Beach office for several years and has provided counseling services related to relationship challenges, addiction recovery, and betrayal trauma. The organization stated that all existing appointments scheduled through the end of March will take place at the Long Beach address unless otherwise communicated. Beginning at the end of March, sessions will be conducted at the Garden Grove office.

The organization indicated that phone numbers, email contacts, and online scheduling systems will remain unchanged. Clients will continue to use the same website and communication channels during and after the move. Updated address information will be reflected on official materials and digital platforms once the transition is complete.

The new Garden Grove office will serve as the primary administrative and counseling location moving forward. Novus Mindful Life Institute Family Counseling & Recovery stated that the move is not associated with changes to its clinical programs, staffing structure, or service offerings. The organization will continue to provide structured therapy services and recovery-focused counseling through its established team approach.

The relocation follows a period of internal planning focused on operational efficiency and accessibility. Organization representatives noted that the transition timeline was selected to minimize scheduling disruption and allow for clear communication with current and prospective clients. Notifications regarding the address change will be distributed through official channels prior to the move date.

In preparation for the transition, administrative updates are being implemented to ensure records, appointment systems, and client communication platforms reflect the new Garden Grove address. The organization stated that no action is required from existing clients unless otherwise notified directly by staff.

Representatives further stated that the relocation is part of a broader strategy to maintain consistent operations while adapting to the evolving needs of the communities served. The new office space will accommodate clinical sessions, administrative functions, and coordinated team meetings under one location.

The organization confirmed that existing therapeutic programs, including structured group offerings and individual counseling services, will continue under the same clinical framework following the move. No modifications to program eligibility, intake procedures, or scheduling protocols are anticipated as a result of the transition.

Leadership indicated that the move also allows for continued coordination among clinicians within the

agency?s team-based model. Centralizing operations at the Garden Grove location is expected to support collaborative case consultation and structured treatment planning.

The organization stated that advance communication regarding the transition will be provided through official email notifications and digital updates. Prospective clients contacting the office after the relocation date will automatically be directed to the Garden Grove address for all in-person services.

In addition, the relocation supports long-term operational planning intended to ensure stability in service delivery. The organization stated that the new location was selected following evaluation of space requirements and administrative workflow considerations.

Staff members will transition to the Garden Grove office in phases during the final weeks of March to support continuity of scheduled sessions. Administrative coordination is being handled internally to prevent service interruptions during the move.

The organization also confirmed that all licensing, professional credentials, and regulatory requirements remain unchanged as part of the relocation. The transition represents a physical address change only and does not alter the organization?s clinical governance structure.

The organization noted that updated location details will also be reflected across public directories and digital listings following the completion of the move. Internal coordination efforts are underway to ensure consistency of contact information across all platforms as the transition to the Garden Grove office is finalized.

Novus Mindful Life Institute Family Counseling & Recovery was established in 2008 and has operated in Southern California since that time. The organization provides counseling services for individuals and couples and maintains a collaborative treatment framework involving multiple clinicians.

Further information regarding the relocation can be found by visiting https://novusmindfullife.com/.

For additional details about the transition, members of the public may contact the organization directly through its website.

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For more information about Novus Mindful Life, contact the company here:Novus Mindful LifeDuane Osterlind562-431-5100admin@novusmindfullife.com12832 Valley View St, Ste 107, Garden Grove, CA 92845

Novus Mindful Life

Novus Mindful Life Institute provides sex and pornography addiction therapy, betrayal trauma counseling, and relationship support in Garden Grove.

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NOVUS MINDFUL LIFE INSTITUTE

FAMILY COUNSELING AND RECOVERY