



NurseRegistry Highlights How Home Nurses Reduce Hospital Readmission Rates by 60 Percent

April 21, 2026

April 21, 2026 - PRESSADVANTAGE -

NurseRegistry, a leading provider of skilled nursing services in California, emphasizes the critical role that in-home nursing care plays in preventing hospital readmissions, citing research that shows professional nursing support at home can reduce 30-day readmission rates by as much as 60 percent.

The company points to mounting evidence demonstrating how nurses reduce hospital readmissions through comprehensive post-discharge care, addressing a healthcare crisis that costs the U.S. system an estimated \$41.3 billion annually in preventable rehospitalizations. Studies indicate that between 5 and 79 percent of hospital readmissions may be avoidable with proper intervention.

The 30 days following hospital discharge represent one of the most medically vulnerable periods for patients, yet most are sent home with only discharge paperwork and minimal guidance. This gap in care frequently leads to complications and readmissions that could have been prevented with professional nursing support.

"The transition from hospital to home is a critical juncture in patient recovery, and having a skilled nurse present during this period can make the difference between successful healing and rehospitalization," said Josh Pangan, CEO of NurseRegistry. "In-home nurses provide the clinical monitoring, medication management, and early complication detection that patients need during their most vulnerable time."

Licensed in-home nurses provide essential services that directly impact readmission rates, including vital signs monitoring, wound care and infection prevention, medication reconciliation, IV therapy and infusion management, chronic condition monitoring, and care coordination with physicians. These interventions are particularly beneficial for patients with congestive heart failure, COPD, post-surgical recovery needs, stroke recovery, and diabetes management.

Research demonstrates that in-home nursing significantly reduces both hospital readmissions and emergency department visits for patients with complex, chronic care needs. The comprehensive approach taken by skilled nurses addresses multiple risk factors simultaneously, from ensuring medication compliance to detecting early warning signs of complications before they require hospitalization.

For families navigating post-discharge care, selecting the right nursing support involves considering the nurse's experience with specific medical conditions, availability for the required schedule, and ability to coordinate with the patient's healthcare team. Private duty nursing services offer flexibility in scheduling, from short-term visits to round-the-clock support, adapting to each patient's unique recovery trajectory.

The company has published detailed information about recovery outcomes and the impact of in-home nursing care at <https://www.nurseregistry.com/blog/how-in-home-nurses-improve-recovery-outcomes/>, providing families and healthcare providers with data-driven insights into post-discharge care strategies.

NurseRegistry maintains a network of over 475 licensed nurses throughout California, having staffed more than half a million hours in nursing shifts. The organization specializes in matching patients with nurses experienced in specific medical specialties, ensuring appropriate care for each individual's needs. The company provides private nursing services, nurse staffing solutions for medical centers, and is available 24/7 to meet varying healthcare demands.

###

For more information about NurseRegistry - Palo Alto, contact the company here: NurseRegistry - Palo Alto
Katarina Livaskani (650) 462-1001 marketing@nurseregistry.com
125 University Ave Suite 260, Palo Alto, CA 94301

NurseRegistry - Palo Alto

NurseRegistry is a staffing agency that excels at connecting top nursing talent with a variety of clients, from medical facilities to individuals for private duty nursing. We've proudly connected thousands of families and facilities with private nurses.

Website: <https://www.nurseregistry.com/>

Email: marketing@nurseregistry.com

Phone: (650) 462-1001

