



High Point Chiropractic in Middlesex County, MA, Details Expertise of Andy and Kandyce Mutter D.C.

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High Point Chiropractic has provided chiropractic care in Burlington, Massachusetts, for more than 20 years. The practice centers on spinal alignment and non-invasive approaches to health concerns. High Point Chiropractic in Middlesex County has outlined the educational backgrounds and professional experiences of its lead chiropractors, Andy Mutter, D.C., and Kandyce Mutter, D.C.

Andy Mutter, D.C., decided on a career in chiropractic at the age of 12. He received relief from severe allergies through chiropractic adjustments at that time. He attended Logan College of Chiropractic in Missouri. There he earned a Bachelor of Science degree in Human Biology and a Doctorate in Chiropractic. Mutter has completed post-graduate training in Chiropractic BioPhysics. This technique addresses the restoration of normal spinal alignment and mechanical function. He holds certification as a provider of the Webster technique. This approach is applied in cases involving pregnancy to address pelvic balance and function. Mutter serves patients across age groups. He has experience working with athletes and with children. He maintains active membership in the International Chiropractic Pediatric Association and the Massachusetts Chiropractic Society.

Kandyce Mutter, D.C., earned a Bachelor of Science degree in Kinesiology from the University of New Brunswick in Canada. She completed post-graduate work at Dalhousie University in Nova Scotia before finishing her chiropractic education at Palmer College of Chiropractic. She specializes in Chiropractic BioPhysics, described in professional literature as one of the more researched techniques in the field. She incorporates various adjusting styles, including instrument-assisted methods, based on individual patient presentations. Like her colleague, she is certified in the Webster technique. She holds memberships in the International Chiropractic Pediatric Association, the Massachusetts Chiropractic Society, the Boston Association for Childbirth Education, the Massachusetts Breastfeeding Coalition, the Nursing Mothers Council, the National Healthy Mothers and Healthy Babies Coalition, and the League of Chiropractic Women. She works with adult patients and maintains a focus on care involving infants, children, and young mothers.

The practice conducts initial evaluations that include health history reviews, physical examinations of the spine and joints, and assessments of range of motion. Diagnostic tools such as X-rays, orthopedic testing, and neurological evaluation may be employed when indicated. Spinal palpation helps identify areas of restricted mobility. The overall process aims to identify structural factors that may contribute to symptoms such as neck pain, back pain, headaches, or muscle strain.

Andy Mutter, D.C., and Kandyce Mutter, D.C., have integrated their training into daily practice. Both chiropractors completed post-graduate work in Chiropractic BioPhysics. Studies on this technique have appeared in peer-reviewed publications, including systematic reviews examining its application to spinal curvature and related discomfort. The Webster technique has been the subject of surveys within the International Chiropractic Pediatric Association. One 2002 survey of members reported outcomes related to its use in late pregnancy for addressing certain musculoskeletal factors associated with fetal positioning.

The Mutters have two sons, Xavier and Oliver. Both children have received spinal evaluations and gentle adjustments beginning a few hours after birth. The family's personal experience with chiropractic care from infancy informs aspects of the practice's approach to pediatric patients. Adjustments for infants and children are performed with gentle methods. Families have sought care for a range of pediatric presentations, including issues such as colic or nursing difficulties, though individual responses vary and chiropractic care is positioned as one component of broader health management.

Andy Mutter, D.C., stated, "The structure of the spine supports normal function. Restoring alignment through targeted techniques can help reduce abnormal stresses on the body."

Kandyce Mutter, D.C., noted, "Our training and memberships in pediatric and women's health organizations support our work with families at different life stages."

High Point Chiropractic was established to offer non-invasive options for individuals seeking alternatives to pharmaceutical or surgical interventions for certain musculoskeletal concerns. The practice emphasizes evaluation from multiple perspectives, including lifestyle factors such as diet and physical activity. Care plans are developed according to each patient's history and examination findings.

Chiropractic BioPhysics involves specific protocols for spinal rehabilitative exercises and traction in addition to adjustments. Published case reports and reviews have documented structural changes in spinal curvature following application of these methods. Such changes have been associated with reported improvements in pain and function in some studies. The technique is applied in conjunction with standard chiropractic assessment.

The Webster technique focuses on sacral and pelvic alignment. It has been discussed in obstetric literature as a consideration for certain presentations in pregnancy. Professional organizations continue to examine its role alongside conventional prenatal care. Both Mutter chiropractors maintain certification in this method and apply it within the scope of their practice.

The practice serves the local community in Burlington and surrounding areas of Middlesex County. Patients include adults managing work-related postural strain, athletes seeking performance support through alignment, and families interested in pediatric spinal checks. The chiropractors draw on more than two decades of combined clinical experience. Their involvement in state and international professional societies keeps them connected to developments in the field.

High Point Chiropractic operates as a chiropractic facility dedicated to spinal health. The practice applies established techniques to address alignment and related musculoskeletal issues. Andy and Kandyce Mutter, D.C., lead the team with backgrounds in biology, kinesiology, and specialized chiropractic training. Their approach incorporates both general chiropractic methods and targeted protocols such as Chiropractic BioPhysics and the Webster technique.

The release of detailed practitioner information by High Point Chiropractic provides transparency regarding the qualifications of its providers. The backgrounds of Andy Mutter, D.C., and Kandyce Mutter, D.C., reflect formal education at accredited institutions and ongoing engagement with professional communities focused on pediatric and family care. This information contributes to public understanding of the credentials supporting chiropractic services in the region.

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For more information about High Point Chiropractic, contact the company here: [High Point Chiropractic](#) Andy

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High Point Chiropractic

Doctors Andy and Kandyce Mutter believe in assessing your health and quality of life from many angles, utilizing trusted chiropractic adjustments and spinal rehabilitative techniques.

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