



Fitlife Foods Receives Best Health Food Restaurant Rating in Atlanta Buckhead Market

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Fitlife Foods, the Tampa-based healthy meal preparation company, has been recognized as the number one Best Health Food Restaurant in Buckhead by BestRated.com, marking a significant milestone for the company's expansion in the Atlanta metropolitan area. The award reflects the company's commitment to providing fresh, chef-prepared meals to health-conscious consumers throughout Georgia.

The recognition comes as Fitlife Foods Atlanta continues to expand its presence in the market, offering over 55 meal options through its Buckhead location at 3655 Roswell Road NE. The company, which was founded in 2011, has steadily built its reputation by focusing on fresh, all-natural ingredients and perfectly portioned meals that cater to various dietary preferences, including low-carb, high-protein, dairy-free, and gluten-free options.

"This recognition from the Buckhead community validates our mission to make healthy eating accessible and convenient for busy Atlanta residents," said Penny Primus, VP of Marketing & Customer Experience at Fitlife Foods. "The award reflects not just the quality of our meals, but the dedication of our Atlanta team who work tirelessly to serve our customers with excellence every day."

The company's growing menu features four main categories: FitMeals, FitBreakfasts, FitSnacks, and FitSweets, each designed to meet different nutritional needs throughout the day. Popular items include Penne Alla Vodka, Flat Iron Steak Fajitas, Greek Chicken Kabobs, and various protein-rich breakfast options. All meals are prepared without artificial ingredients and are designed to support various wellness goals.

Beyond its retail location in Buckhead, Fitlife Foods serves the greater Atlanta area through eco-friendly home delivery services and corporate meal programs. The company has also introduced free wellness coaching services in Atlanta, providing customers with personalized meal planning, progress tracking, and regular check-ins with certified nutrition coaches.

"The Atlanta market has embraced our approach to healthy eating, and we're excited to continue growing our presence here," added Aubry Blount, Atlanta Market Leader. "This award motivates us to keep innovating and expanding our offerings to meet the evolving needs of our customers."

The Buckhead location operates seven days a week and offers same-day pickup for online orders. The company has also implemented a 100 percent FitPromise guarantee, replacing any meal that doesn't meet customer expectations. Additional customer benefits include a loyalty rewards program and special discounts for military personnel and law enforcement officers.

Fitlife Foods currently operates multiple locations across Florida and Georgia, including stores in Tampa, Orlando, Miami, Fort Lauderdale, Jacksonville, and other major cities. The company partners with Executive Chef Chris Austin to develop its recipes and maintains five core values: Winning, Ownership, Purpose, Curiosity, and Gratitude.

Founded in 2011 in Tampa, Florida, Fitlife Foods specializes in fresh, chef-prepared meals that are well-balanced and free from artificial ingredients. The company serves busy professionals, fitness enthusiasts, and families through retail locations and home delivery services while also providing corporate meal solutions as an employee benefit program.

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For more information about Fitlife Foods, contact the company here: Fitlife_Foods@eatfitlifefoods.com 813-540-4072
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Fitlife Foods

Fitlife Foods offers fresh, chef-crafted meals made from clean ingredients and balanced macros. Our made-from-scratch dishes deliver bold flavor and real nutrition, helping busy, high-performing people stay consistent without sacrificing taste or time.

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